



# INTRODUCTION

The Somerset County Office of Youth Services promotes positive change for youth, families, and communities through accessible, culturally sensitive prevention, intervention, and treatment services.

It is comprised of the Planning Unit and Family Crisis Intervention Unit.

Now in its 17th edition, this Service Directory provides an up-to-date listing of youth-serving programs in Somerset County. Organized alphabetically with a topical index, it is also available online under the Government tab on the Somerset County website, within the Human Services section on the Youth Services webpage, and can be accessed via the QR code below.



For additional copies, please complete the form on the following page.

**Seventeen Edition published 2026**

# **REQUEST FOR UPDATED INFORMATION OR COPIES**

To request additional copies or updates to this SERVICE DIRECTORY, including any changes or additions to your agency information, **please contact Youth Services:**

**Phone:** (908) 704-6333

**Email:** [youth@somersetcountynj.gov](mailto:youth@somersetcountynj.gov)

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# **HOTLINES**

## ***EMERGENCY SERVICES-24 HOURS***

AL-ANON/ALATEEN INFORMATION SERVICES	(973) 744-8686
ALCOHOL HOTLINE	(800) 245-1377
CHILD ABUSE	(877) NJABUSE (877) 652-2873
MOBILE RESPONSE & STABILIZATION SERVICES	(877) 652-7624
COCAINE HOTLINE	(800) 663-7847
EARLY INTERVENTION SYSTEM (NJEIS)	(888) NJE-INFO (888) 653-4463
FAMILY CRISIS INTERVENTION UNIT (FCIU)	(908) 704-6330
Monday – Thursday	8:30 a.m. – 8:00 p.m.
Friday	8:30 a.m. – 4:30 p.m.
After-hours	(908) 704-6330 Option #2
PERFORMCARE	(877) 652-7624
PSYCHIATRIC SCREENING SERVICE (PESS)	EMERGENCY (908) 526-4100

# **HOTLINES**

## **EMERGENCY SERVICES - 24 HOURS**

### **(CONTINUED)**

NATIONAL RUNAWAY SAFELINE	(800) 786-2929
MIDDLESEX COUNTY CENTER FOR EMPOWERMENT (Rape Hotline)	(877) 665-7273
NARCOTICS ANONYMOUS	(800) 992-0401
NATIONAL AIDS HOTLINE (Spanish) (Deaf)	(800) 342-2437 (800) 344-7432 (800) 243-7889
NATIONAL RUNAWAY	(800) RUNAWAY
NATIONAL STD HOTLINE	(800) 227-8922
PREGNANCY AID AND INFORMATION CENTER	(908) 526-8121
RESOURCE CENTER OF SOMERSET	(866) 685-1122
New Jersey (formerly known as Somerset Operation Shelter)	211
988 SUICIDE & CRISIS LINE	988

## **SOMERSET COUNTY HEALTH DEPARTMENTS**

Health Departments provide information and referral, health education, child health conferences, well baby clinics for immunizations, well check-ups, and family planning/counseling. They also provide comprehensive women's health clinics, adult health screening, and cholesterol screening for adults 18 years of age and older. Below is a list of health departments in Somerset County. Call your local department for further information on the specific services provided.

*Bernards Township Health Department is the contractual health agency serving: Basking Ridge/Bernards Township/Lyons/Liberty Corner/Peapack and Gladstone Borough and Bernardsville Borough in Somerset County.*

### ***Bedminster/Far Hills/Franklin/North Plainfield/Manville/Raritan/Somerville Health Department***

27 Warren Street, PO Box 3000 (908) 231-7155  
Somerville, NJ 08876 Fax (908) 704-8042

### ***Middle-Brook Regional Health Commission serving as South Bound Brook/Warren/Green Brook/Watchung Health Department***

111 Greenbrook Road (732) 968-5151  
Green Brook, NJ 08812 Fax (732) 968-5331

### ***Branchburg Township Health Department ext. 181***

1077 Route 202 North (908) 526-1300  
Branchburg, NJ 08876 Fax (908) 526-7027

### ***Bridgewater Township Health Department***

100 Commons Way (908) 725-5750  
Bridgewater, NJ 08807 Fax (908) 595-0825

### ***Hillsborough Township Health Department***

379 South Branch Road (908) 369-5652  
Hillsborough, NJ 08844 Fax (908) 369-8565

***Montgomery Township Health Department also serving  
Rocky Hill Borough***

2261 Route 206 North                      (908) 359-8211  
Belle Mead, NJ 08502                      Fax (908) 359-4308

**IN MORRIS COUNTY SERVING:**

***Chester Borough, Mendham Borough and Long Hill Township***

262 South Finley Avenue                      (908) 204-2520  
Basking Ridge, NJ 07920-1418                      Fax (908) 204-3075

## **SOMERSET COUNTY HOSPITALS**

### **Capital Health Systems**

#### **Medical Center**

446 Bellevue Avenue  
Trenton, NJ 08618  
(609) 394-4000

#### **Hunterdon Medical Center**

2100 Wescott Drive  
Flemington, NJ 08822  
(908) 788-6100

#### **The Matheny School & Hospital**

65 Highland Avenue  
P.O. Box 339  
Peapack, NJ 07977  
(908) 234-0011

#### **RWJ University Hospital**

One Robert Wood Johnson Place  
New Brunswick, NJ 08901  
(732) 828-3000

#### **St. Peter's University Hospital**

254 Easton Avenue  
New Brunswick, NJ 08901  
(732) 745-8600

#### **Carrier Clinic**

252 County Road 601  
Belle Meade, NJ 08502  
(800) 933-3579

#### **John F. Kennedy Medical Center**

65 James Street  
Edison, NJ 08818  
(732) 321-7000

#### **Morristown Memorial Hospital**

100 Madison Avenue  
PO Box 195  
Morristown, NJ 07962  
(973) 971-5000

#### **RWJ University Hospital Somerset**

110 Rehill Avenue  
Somerville, NJ 08876  
(908) 685-2200

#### **VA New Jersey Health Care System**

151 Knollcroft Road  
Lyons, NJ 07939  
(908) 647-0180

## SOMERSET COUNTY LIBRARY SYSTEM OF NEW JERSEY

**Email:** ask@sclibnj.org

**Website:** sclsnj.org

### BRIDGEWATER BRANCH

1 Vogt Drive

Bridgewater, NJ 08807

**Phone:** (908) 458-8415

**Hours:** 1:00 a.m. - 5:00 p.m. (Sunday)  
10:00 a.m. - 8:00 p.m. (Monday - Thursday)  
10:00 a.m. - 6:00 p.m. (Friday - Saturday)

### HILLSBOROUGH BRANCH

379 South Branch Road

Hillsborough, NJ 08844

**Phone:** (908) 458-8420

**Hours:** Same as Bridgewater

### MANVILLE BRANCH

100 South 10th Avenue

Manville, NJ 08835

**Phone:** (908) 458-8425

**Hours:** CLOSED (Sunday)  
10:00 a.m. - 8:00 p.m. (Monday - Thursday)  
10:00 a.m. - 6:00 p.m. (Friday - Saturday)

### MONTGOMERY BRANCH

100 Community Drive

Skillman, NJ 08558

**Phone:** (908) 458-8430

**Hours:** Same as Manville

### NORTH PLAINFIELD BRANCH

6 Rockview Avenue

North Plainfield, NJ 07060

**Phone:** (908) 458-8435

**Hours:** Same as Manville

## PEAPACK AND GLADSTONE BRANCH

Peapack & Gladstone Municipal Complex  
Peapack, NJ 07977

**Phone:** (908) 458-8440

**Hours:** CLOSED (Saturday & Sunday)  
10:00 a.m. - 8:00 p.m. (Monday - Friday)

## SOMERVILLE BRANCH

35 West End Avenue  
Somerville, NJ 08876

**Phone:** (908) 458-8445

**Hours:** Same as Manville

## WARREN TOWNSHIP BRANCH

42 Mountain Boulevard  
Warren, NJ 07059

**Phone:** (908) 458-8450

**Hours:** 1:00 a.m. - 5:00 p.m. (Sunday)  
10:00 a.m. - 8:00 p.m. (Monday - Thursday)  
10:00 a.m. - 6:00 p.m. (Friday - Saturday)

## WATCHUNG BRANCH

20 Stirling Road  
Warren, NJ 07059

**Phone:** (908) 458-8455

**Hours:** CLOSED (Sunday)  
10:00 a.m. - 8:00 p.m. (Monday - Friday)  
10:00 a.m. - 2:00 p.m. (Saturday)

## SOMERSET COUNTY POLICE DEPARTMENTS

<b>Bedminster PD</b>	<b>Bernards Township PD</b>
55 Miller Lane Bedminster, NJ 07931 (908) 234-0585	One Collyer Lane Basking Ridge, NJ 07920 (908) 766-1122
<b>Bernardsville PD</b>	<b>Bound Brook PD</b>
166 Mine Brook Road Bernardsville, NJ 07924 (908) 766-0037	226 Hamilton Street Bound Brook, NJ 08805-2017 (908) 356-0800
<b>Branchburg Township PD</b>	<b>Bridgewater Township PD</b>
590 Old York Road Branchburg, NJ 08876-3924 (908) 526-3830	100 Commons Way Bridgewater, NJ 08807-1701 (908) 722-4111
<b>Far Hills PD</b>	<b>Franklin Township PD</b>
6 Prospect Street P.O. Box 722 Far Hills, NJ 07931 (908) 234-1192	495 DeMott Lane Somerset, NJ 08873 (732) 873-5533
<b>Green Brook PD</b>	<b>Hillsborough Township PD</b>
109 Greenbrook Road Green Brook, NJ 08812 (732) 968-1188	379 South Branch Road Hillsborough, NJ 08844 (908) 369-4323
<b>Manville PD</b>	<b>Montgomery Township PD</b>
2 North Main Street Manville, NJ 08835 (908) 725-1900	2261 Van Horne Road Route 206 North Belle Mead, NJ 08502 (908) 359-3222

**POLICE DEPARTMENTS  
(CONTINUED)**

<b>North Plainfield PD</b>	<b>Peapack/Gladstone PD</b>
263 Somerset Street North Plainfield, NJ 07060 (908) 769-2937	1 School Street Peapack, NJ 07977 (908) 234-0626
<b>Raritan PD</b>	<b>Somerville PD</b>
20 First Street Raritan, NJ 08869 (908) 725-6700	85 N Gaston Ave Somerville, NJ 08876 (908) 725-0331
<b>South Bound Brook PD</b>	<b>Warren Township PD</b>
12 Main Street South Bound Brook, NJ 08880 (732) 356-0087	44 Mountain Boulevard Warren, NJ 07059 (908) 753-1000
<b>Watchung PD</b>	
840 Somerset Street Watchung, NJ 07069 (908) 756-3663	

## SOMERSET COUNTY RECREATION DEPARTMENTS

Recreation Departments provide leisure recreation activities for community residents of all ages such as instructional clubs, leagues, tournaments and open recreation in the areas of sports, crafts and cultural events, swimming instruction, playgrounds, tennis, open swim, outdoor education, gymnastics, after school recreation, play and learn workshops, wrestling, basketball, teen volunteer programs, outdoor adventure clubs, runner clubs, trips and classes, exercise and aerobics, volleyball, and discount theme park tickets. There are nominal fees for registration for most programs. Below is a listing of recreation departments in Somerset County. Call your local department for a current activities brochure and/or for further information.

<b>Bedminster Township Rec</b>	<b>Branchburg Township Rec</b>
One Miller Lane Bedminster, NJ 07931 (908) 212-7000 <a href="http://www.bedminster.us">www.bedminster.us</a>	Municipal Annex 34 Kenbury Road Branchburg, NJ 08876 (908) 526-1300 ext. 187 <a href="http://www.branchburg.nj.us">www.branchburg.nj.us</a>
<b>Bernards Township Rec</b>	<b>Bridgewater Township Rec</b>
One Collyer Lane P.O. Box 437 Basking Ridge, NJ 07920 (908) 204-3003 <a href="http://www.bernards.org">www.bernards.org</a>	700 Garretson Road P.O. Box 6300 Bridgewater, NJ 08807 (908) 725-6300 ext. 5305 <a href="http://www.bridgewater.nj.gov">www.bridgewater.nj.gov</a>
<b>Bernardsville Rec</b>	<b>Franklin Township Rec</b>
166 Mine Road P.O. Box 158 Bernardsville, NJ 07924 (908) 766-2546 ext. 112 <a href="http://www.bernardsvilleboro.org">www.bernardsvilleboro.org</a>	505 DeMott Lane Somerset, NJ 08873 (732) 873-2500 ext. 6266 <a href="http://www.franklintwpnj.org">www.franklintwpnj.org</a>

<b>Green Brook Rec</b>	<b>North Plainfield Rec</b>
111 Greenbrook Road Green Brook, NJ 08812 (732) 968- 1023 ext. 6507 www.greenbrookrec.org	263 Somerset Street North Plainfield, NJ 07060 (908) 756-0247 www.np-recreation.com
<b>Hillsborough Township Rec</b>	<b>Somerville Rec</b>
379 South Branch Road Hillsborough, NJ 08844 (908) 369-4832 www.Hillsborough-nj.org	25 West End Avenue Somerville, NJ 08876 (908) 704-6985 www.somervillenjrec.org
<b>Manville Rec</b>	<b>South Bound Brook Rec</b>
325 North Main Street Manville, NJ 08835 (908) 725-9478 ext 121 www.manvillerec.org	12 Main Street South Bound Brook, NJ 08880 (732) 356-0258 ext 37 www.sbbnj.com
<b>Montgomery Township Rec</b>	<b>Warren Township Rec Rec</b>
Otto Kaufman Community Ctr 356 Skillman Road Skillman, NJ 08558 (609) 466-3023 www.twp.montgomery.nj.us	46 Mountain Boulevard Warren, NJ 07059 (908) 753-8000 www.warrennj.org
<b>Watchung Rec</b>	
15 Mountain Boulevard Watchung, NJ 07069 (908) 756-0080 ext 210 www.watchungnj.com	

## SOMERSET COUNTY SCHOOL DISTRICTS AFTER SCHOOL PROGRAMS

Bedminster Township School District	(908) 234-0768
Bernards Township School District	(908) 204-2600 ext 103
Bound Brook Borough School District	(732) 356-7405
Branchburg Township School District	(908) 725-9497
Bridgewater-Raritan Regional School District	(908) 231-8661
Franklin Township School District	(908) 873-2400 ext 402/403
Green Brook Township School District	(732) 968-1051
Hillsborough Township School District	(908) 369-0030
Manville Borough School District	(908) 231-8545
Montgomery Township School District	(609) 466-7608
North Plainfield Borough School District	(908) 769-6060
Somerset Hills School District	(908) 204-1930 ext 109
Somerville Borough School District	(908) 218-4101
South Bound Brook Borough School District	(732) 356-0018
Warren Township Schools District	(908) 753-5300
Watchung Borough School District	(908) 755-8121

**Or contact any of the following:**

The United Way of Somerset County: (908) 725-4428  
 Jointure: (908) 722-0233

## **4-H YOUTH DEVELOPMENT PROGRAM**

### **RUTGERS COOPERATIVE EXTENSION OF SOMERSET COUNTY**

310 Milltown Road  
Bridgewater, NJ 08807

**Telephone:** (908) 526-6644  
(908) 231-7000 ext. 7521  
(908) 526-8242 (4-H Center)

**Fax:** (908) 704-1821

**Website:** [www.4HisTOPS.org](http://www.4HisTOPS.org)

**Hours:** 4-H Office: 8:30 am - 4:30 pm (Monday - Friday)  
4-H Center: 7:00 pm - 10:00 pm (Monday - Friday)

**Languages:** English

**Referral Process:** Youth in grades K-3 may join a 4-H Prep Club, a non-competitive exploratory program. Boys and girls in grades 4-13 (one year out of high school) may join a standard 4-H club that emphasizes one or more project areas. The 4-H Youth Development Program is part of Rutgers Cooperative Extension of Somerset County and offers membership and education programs without regard to race, color, national origin, sex, disability, or handicap.

*(CONTINUED ON NEXT PAGE)*

## 4-H YOUTH DEVELOPMENT PROGRAM (CONTINUED)

**Services Provided:** The Rutgers Cooperative Extension 4-H Youth Development Program uses a learn-by-doing approach to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring, and contributing citizens of the world. The mission of the program is accomplished by using knowledge and resources of the land grant university system, along with the involvement of caring adults. Learning-by-doing programs are offered through 4-H clubs, short-term special interest programs, and 4-H school enrichment programs. The educational programs offer boys and girls the opportunity to learn about a variety of subjects such as photography, model rockets, model airplanes, food preparation, go-karts, small animals, and many more.

These programs also allow youth to develop life skills such as communication skills, a positive self-concept, and responding to the needs of others and the community. The 4-H Youth Development Program is a preventative program that provides adult supervision while youth develop leadership skill.

**Transportation:** None.

**Fee:** None.



## **ADDICTION TREATMENT SERVICES**

### **HUNTERDON BEHAVIORAL HEALTH ADOLESCENT INTENSIVE OUTPATIENT PROGRAM**

Hunterdon Medical Center  
2100 Wescott Drive  
Flemington, NJ 08822

**Telephone:** (908) 788-6401  
(908) 788-6400 (emergency number)

**Website:** [www.hunterdonhealth.org](http://www.hunterdonhealth.org)

**Hours:** 8:30 a.m. - 9:00 p.m. (Monday - Thursday)  
8:30 a.m. - 5:00 p.m. (Friday - Saturday)

**Languages:** English

**Referral Process:** Schools, youth justice system, social service agencies, doctors, and families may call for an appointment. This agency serves Hunterdon County and adjacent areas with priority given to Hunterdon County residents who have an addiction or heavy substance use. Serves age 10 to mature adult.

**Services Provided:** Adolescent Intensive Outpatient Program provides comprehensive intensive therapeutic services to adolescents with moderate to severe mental disturbances. Services include individual, group and family counseling, psychiatric evaluation and medication management. Other services include substance abuse evaluations, individual counseling, family counseling, and a weekly early intervention group for adolescents.

**Transportation:** County LINK system for eligible clients.

**Fee:** Sliding scale fee for those who qualify. Most third-party insurance, Medicaid, and Medicare are accepted.

## **AGAPE HOUSE - VOLUNTEERS OF AMERICA**

### **DELAWARE VALLEY**

122-128 East Main Street  
Somerville, NJ 08876

**Telephone:** (908) 707-9753

**Fax:** (908) 707-9430

**Email:** [info@voadv.org](mailto:info@voadv.org)

**Website:** [www.VOADV.org](http://www.VOADV.org)

**Hours:** 24 hours a day / 7 days a week

**Languages:** English

**Referral Process:** Clients must be homeless and receive public assistance. Agape House receives client referrals through the local boards of Social Services (i.e. Somerset, Middlesex, Morris, Warren and Hunterdon Counties). Most clients receive emergency assistance or Social Security. Agape House also accepts referrals from other agencies such as Division of Child Protective & Permanency, Adult Protective Services, JSC, and parole boards.

**Services Provided:** Volunteers of America Agape House is a 54-bed shelter providing emergency shelter and services to homeless families, single men and women. Residents receive 24-hour staff support and supervision, case management, child enrichment, life skill workshops, supplemental food, clothing, and household items.

**Transportation:** The Somerset County Board of Social Services provides transportation on an as-needed basis. Please call for details and arrangements.

**Fee:** Paid by the Somerset County Board of Social Services, or other county or municipal social service agency.



## **AL-ANON/ALATEEN NORTH JERSEY INFORMATION SERVICES, INC.**

73 South Fullerton Avenue, 2nd Floor  
Montclair, NJ 07042

**Telephone:** (973) 744-8686 (24-hour answering machine)

**Email:** northjerseyais@yahoo.com

**Website:** www.northjerseyal-anon.org

**Hours:** 10:00 a.m. - 5:00 p.m. (Monday - Friday)  
(24-hour answering machine)

**Languages:** English

**Referral Process:** Individuals in need of help should call the agency to determine meeting times and locations in their local area. Serves anyone who is living with or affected by someone's drinking problem. Individuals residing in North Jersey are eligible.

**Services Provided:** Program provides a group forum in which shared experiences of coping with the disease of alcoholism can help in giving understanding and encouragement to the alcoholic's family. Teaches self-improvement to family members and demonstrates that progress is not achieved through criticizing or condemning the alcoholic, and suggests constructive ways of dealing with someone's alcoholic behavior. Program provides Al-Anon and Alateen meetings, locations and times.

**Transportation:** None.

**Fee:** None.

## **ALCOHOLICS ANONYMOUS**

2400 Morris Avenue, Suite 106  
Union, NJ 07083

**Telephone:** (908) 687-8566

**Email:** [intergroup@nnjaa.org](mailto:intergroup@nnjaa.org)

**Website:** [www.nnjaa.org](http://www.nnjaa.org)

**Hours:** 24-hour phone is answered by  
a recovering alcoholic.

**Languages:** English

**Referral Process:** This office serves those individuals who reside in the State of New Jersey who have a desire to stop drinking. Once this office is contacted, information is given for A.A. meetings.

**Services Provided:** Services provided are AA meetings for those individuals who wish to stop drinking.

**Transportation:** There is no transportation provided.

**Fee:** None.

## **ALCOHOLICS ANONYMOUS YOUTH GROUP MEETING**

Please contact (908) 687-8566 for youth group meetings, or per Alcoholics Anonymous, a beginners meeting would also be appropriate.



## **ALTERNATIVES, INC. – COMMUNITY SUPPORT SERVICES (CSS)**

600 First Avenue  
Raritan, NJ 08869

**Telephone:** (908) 685-1444 ext. 279

**Fax:** (908) 685-2660

**Website:** [www.alternativesinc.org](http://www.alternativesinc.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Contact Alternatives, Inc. at ext. 279

**Services Provided:** Case management, daily living skill training, supportive counseling and employment linkage for adults with mental illness. Services are based on the needs of the individual.

**Transportation:** None.

**Fee:** None.

## **ALTERNATIVES, INC. – I/DD SERVICES**

600 First Avenue  
Raritan, NJ 08869

**Telephone:** (908) 685-1444 ext. 225

**Hours:** 24 hours a day / 7 days a week

**Referral Process:** Contact Alternatives, Inc. at ext. 225

**Services Provided:** Residential, case management, employment and day services provided for adults with IDD.

**Transportation:** Provided by program staff, LogistiCare, Somerset County.

**Fee:** None.



## **ALTERNATIVES, INC. – PERMANENT HOUSING**

600 First Avenue  
Raritan, NJ 08869

**Telephone:** (908) 685-1444 ext. 279

**Fax:** (908) 685-2660

**Hours:** 24 hours a day / 7 days a week

**Referral Process:** Contact Alternatives, Inc. at ext. 279

**Services Provided:** Permanent and supportive housing, case management, daily living skill training, supportive counseling and employment linkage for adults with mental illness. Services are based on the needs of the individual.

**Transportation:** Transportation provided by program staff, LogistiCare, Somerset County.

**Fee:** Subsidized Housing.

## **ALTERNATIVES, INC. – TRANSITIONAL HOUSING**

### **FRANKLIN HOUSE**

600 First Avenue  
Raritan, NJ 08869

**Telephone:** (908) 685-1444 ext. 279

**Fax:** (908) 685-2660

**Hours:** 24 hours a day / 7 days a week

**Referral Process:** Contact Alternatives, Inc. at (908) 685-1444 x 279. Referrals are then screened by the Somerset County Board of Social Services and Alternatives, Inc. Franklin House Program Coordinator staff. Applicants must be receiving TANF, or SSI.

**Services Provided:** Temporary housing for up to 12 months, case management, daily living skill training, supportive counseling, employment linkage and assistance with permanent housing location.

**Transportation:** Transportation provided by program staff, LogistiCare, Somerset County.

**Fee:** Paid by County Board of Social Services.

**AMERICAN CANCER SOCIETY**

2310 NJ-34 #1d  
Manasquan, NJ 08736

**Telephone:** (800) 227-2345

**Fax:** (973) 285-8140

**Website:** [www.cancer.org](http://www.cancer.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Referral Process:** Social workers, caregivers and individual patients can call organization for information and assistance.

**Services Provided:** The American Cancer Society promotes healthy lifestyles to help prevent cancer. They research cancer and its causes to find more answers and better treatments. They fight for lifesaving policy changes. They provide everything from emotional support to the latest cancer information for those who have been affected by cancer.

**Transportation:** Provided by volunteers.

**Fee:** None.

## **AMERICAN HEART ASSOCIATION AND AMERICAN STROKE ASSOCIATION**

Park 80 West, Plaza II, 250 Pehle Ave  
Saddle Brook, NJ 07663

**Telephone:** (201) 518-1958

**Fax:** (201) 843-3479

**Email:** [newjersey@heart.org](mailto:newjersey@heart.org)

**Website:** [www.heart.org/newjersey](http://www.heart.org/newjersey)  
[www.strokeassociation.org](http://www.strokeassociation.org)

### **Mailing Address:**

4217 Park Place Court  
Glen Allen, VA 23060

**Hours:** 8:30 a.m. - 5:00 p.m. (Monday - Friday)

**Services Provided:** The association provides public health information, professional resources and school education programs. American Heart Association also provides information on cardiopulmonary resuscitation (CPR) courses, advanced cardiac and pediatric life support programs. Visit the websites for the latest information.

**Transportation:** None.

**Fee:** None.



## **AMERICAN RED CROSS NEW JERSEY REGION**

### **AMERICAN RED CROSS OF CENTRAL NEW JERSEY**

707 Alexander Road  
Princeton, NJ 08540

**Telephone:** 1-800-RED CROSS (1-800-733-2767)

**Website:** [redcross.org/NJ](http://redcross.org/NJ)

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)

Disaster Services are available 24 hours a day, 7 days a week.

**Languages:** English

**Referral Process:** Community service organizations and agencies are the usual sources of referrals; however, anyone can contact the Red Cross to request services.

**Services Provided:** Disaster Services - meeting the immediate disaster-caused needs of individuals, families, and communities; Blood Services; Training Services; Service to the Armed Forces, and International Services. Red Cross services are provided in all areas of Somerset County and throughout New Jersey.

**Transportation:** The Red Cross does not provide transportation services.

**Fee:** Red Cross Disaster Services are provided at no cost. Red Cross courses, such as CPR/AED use and First Aid, have a fee.

## **ANCHOR HOUSE, INC.**

482 Centre Street  
Trenton, NJ 08611

**Telephone:** (609) 396-8329

**Fax:** (609) 396-1239

**Email:** [info@anchorhousenj.org](mailto:info@anchorhousenj.org)

**Website:** [www.anchorhousenj.org](http://www.anchorhousenj.org)

**Hours:** 24 hours a day / 7 days a week

**Languages:** English

**Referral Process:** The programs serves youth ages 12 to 21 who are runaway, homeless, abused, neglected or aging out of the foster care system. Youth can come from any location, primary consideration given to those coming from Mercer County, NJ. Referrals are accepted directly from youth and/or parents, guardians or other social service agencies.

**Services Provided:** Anchor House offers individual, family, and group counseling, school outreach, street outreach, transitional living program, and a supportive housing program. Services provided include: hotline and drop in crisis intervention, trained professional counseling for youth, out client counseling, advocacy and referrals, aftercare, parent support group and youth groups.

**Transportation:** All programs are conveniently located on bus routes and in close proximity to the River Line.

**Fee:** None.

**BIG BROTHERS BIG SISTERS OF COASTAL & NORTHERN NJ**

305 Bond St #2e  
Asbury Park, NJ 07712

21 Western Avenue  
Morristown, NJ 07960

**Telephone:** (732) 544-2224 ext. 315

**Fax:** (732) 544-2260

**Email:** [info@mentornj.org](mailto:info@mentornj.org)

**Website:** [www.mentornj.org](http://www.mentornj.org)

**Hours:** 9:00 a.m. - 6:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Parents or volunteers call the agency directly, or professionals submit referrals.

**Services Provided:** Youth mentoring services for children aged 6-18 years old in Somerset, Hunterdon, Warren, Sussex, Morris, Bergen, Passaic, Monmouth, Middlesex, and Ocean Counties.

**Transportation:** None.

**Fee:** None.

## **BOY SCOUTS OF AMERICA**

### **PATRIOTS' PATH COUNCIL**

1 Saddle Road  
Cedar Knolls, NJ 07927

**Telephone:** (973) 765-9322 ext 251

**Fax:** (973) 267-3406

**Website:** [www.ppbsa.org](http://www.ppbsa.org)

**Hours: Office**  
9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Scout Shop**  
9:00 a.m. - 5:00 p.m. (Monday, Wednesday, Friday)  
9:00 a.m. - 7:00 p.m. (Tuesday and Thursday)  
10:00 a.m. - 3:00 p.m. (Saturday)

**Languages:** English

**Referral Process:** This program serves boys and girls grades 1-12 from Morris, Sussex, Somerset, Union, and parts of Middlesex Counties. Some programs have age restrictions. Serves handicapped youth.

**Services Provided:** The Council exists to support a variety of programs for boys and girls. The goal of all programs is to develop character, give citizenship training, and to promote physical and mental fitness. In addition to the traditional Cub Scouts, Scouts BSA and Venturing programs, the council offers child abuse prevention training to adults and youth from community organizations as well as Scouting families at no cost.

Exploring is a co-ed program for teens. Youth participants are organized into groups around interest areas leading to careers. Groups exist in medicine, law enforcement, aviation, and more.

**Transportation:** Provided by parents. Summer Day Camp has bussing available.

**Fee:** Call for information or visit [www.beAscout.org](http://www.beAscout.org).



## **CAMP NEJEDA FOUNDATION, INC. FOR CHILDREN WITH DIABETES**

P.O. Box 156  
910 Saddleback Road  
Stillwater, NJ 07875

**Telephone:** (973) 383-2611

**Fax:** (973) 383-9891

**Email:** [info@campnejeda.org](mailto:info@campnejeda.org)

**Website:** [www.campnejeda.org](http://www.campnejeda.org)

**Hours:** Camp season: June-August  
Office is open year-round: Monday - Friday

**Languages:** English

**Referral Process:** Brochures and applications can be downloaded from [www.campnejeda.org](http://www.campnejeda.org).

**Services Provided:** The camp provides the following activities: hiking, biking, swimming, canoeing, kayaking, gaga ball, archery, low ropes challenge course, zip line, arts and crafts, roller-skating, off-site trips, movies, dances, basketball, soccer, and more.

**Overnight Camp Sessions, Day Camps, and Special Programs:** Please contact Camp for session dates and camp fees.

**Transportation:** None

**Fee:** There is a \$50.00 registration fee required when application is submitted. Registration fee is non-refundable and is included in the total camp fee. Early registration (by March) is recommended.

## **CASA DE ESPERANZA**

### **LEGAL SERVICES**

213 West Union Avenue  
Bound Brook, NJ 08805

**Telephone:** (732) 748-1111 / text (702) 900-8812

**Fax:** (732) 748-1121

**Email:** casaesperanzanj@yahoo.com

**Website:** www.casaesperanzanj.com

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Thursday)  
9:00 a.m. - 4:00 p.m. (Friday)

**Languages:** English and Spanish

**Referral Process:** None.

**Services Provided:** Providing a range of immigration-related services, including representation in immigration court cases such as asylum, withholding of removal, deportation defence, cancellation of removal, and appeals. Support for immigrant visa petitions, including family petitions, visas, lawful permanent residence, special immigration visas, green card replacements and renewals, and self-petitions under VAWA. Additional immigration matters handled include consular processing, NACARA, special immigration juvenile petitions, Temporary Protected Status (TPS), citizenship applications, and DACA. Community services include seasonal ESL classes and art workshops for youth.

**Transportation:** None

**Fee:** Contact Casa de Esperanza.



## **CASA SHaW**

### **COURT APPOINTED SPECIAL ADVOCATES OF SOMERSET, HUNTERDON, AND WARREN COUNTIES**

148 Main Street, Building 1  
Lebanon, NJ 08833

**Telephone:** (908) 689-5515

**Fax:** (908) 689-5519

**Email:** [info@casashaw.org](mailto:info@casashaw.org)

**Hours:** 9:00 a.m. - 4:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** CASA volunteers are appointed by family court judges to dependency cases where children have been removed from their homes due to abuse and neglect.

**Services Provided:** Volunteers are appointed to provide advocacy services for children who have been removed from their homes due to abuse or neglect. They investigate the circumstances surrounding the child's removal, assess any needs that may exist, look for previously unidentified relative placements, monitor the child's progress, and apprise the court of the child's needs, status, and recommendations as to permanency options, i.e. reunification with the parents, kinship guardianship, or adoption.

**Specialized Services Offered:** Advocacy services.

**Transportation:** No transportation of children or their families is available.

**Fee:** None.

## **CATHOLIC CHARITIES ADOLESCENT SUBSTANCE USE & RECOVERY INITIATIVE (ASURI)**

540 Route 22 East  
Bridgewater, NJ 08807

**Telephone:** (908) 722-1881 **Referrals:** (732) 324-8200

**Fax:** (908) 704-0215

**Hours:** Outpatient services weekly; Intensive Outpatient Program (IOP) group programming  
Monday - Friday

**Languages:** English

**Referral Process:** Referrals may come from any source and do not require involvement from DCP&P or CMO.

**Services Provided:** ASURI is an outpatient and intensive outpatient (IOP) substance use treatment program for youth ages 13–18. Services are delivered by a multidisciplinary team and address substance use as the primary diagnosis while supporting co-occurring mental health needs. Treatment includes individual therapy, group programming, family counseling, substance use testing, and recovery support as part of the treatment process.

**Specialized Services:** Evidence-based substance use treatment for adolescents, including outpatient counseling and structured intensive outpatient group programming.

**Transportation:** Transportation is available within a 30-mile radius.

**Fee:** Medicaid and private insurance accepted. Sliding-scale fees are available for uninsured youth.

## **CATHOLIC CHARITIES BRIDGEWATER FAMILY SERVICE CENTER**

540 Route 22 East  
Bridgewater, NJ 08807

### **INTENSIVE FAMILY SUPPORT SERVICES**

**Telephone:** (908) 722-1881

**Fax:** (908) 704-0215

**Hours:** 9:00 a.m. - 9:00 p.m. (Monday - Thursday)  
9:00 a.m. - 5:00 p.m. (Fridays)  
9:00 a.m. - 5:00 p.m. (Saturdays - by appointment)

**Languages:** English and Spanish

**Referral Process:** Open to any Somerset County residents with a family members or loved ones 18 years or older with a mental health diagnosis. Referrals for IFSS will be accepted but not limited to from PESS, outpatient, IOTSS and partial care programs, NAMI, short term care facilities, state or private hospitals, jails, physicians, residential settings, intensive case management, referrals from other IFSS family members, or self-referrals.

**Services Provided:** Intensive Family Support Services is a free voluntary community-based program. The purpose of IFSS is to improve the overall functioning and quality of life of families with a relative or loved one who lives with a mental health diagnosis. IFSS offers weekly family support and psycho-education groups, individual face-to-face meetings with family members to assess needs & develop a family action plan, linkages and referrals to helpful resources, and advocacy.

**Transportation:** Transportation is available for active family members in the IFSS program.

**Fee:** None.

## **CATHOLIC CHARITIES, DIOCESE OF METUCHEN INTERCEPT PROGRAM (IN PARTNERSHIP WITH YOUTH VILLAGES)**

288 Rues Lane  
East Brunswick, NJ 08816  
Supervisor: Brian Rubinstein – Team One

**Telephone:** (732) 257-6100

505 South Avenue East  
Cranford, NJ 07016  
Supervisor: Laura Camacho – Team Two

**Telephone:** (732) 425-1323

**Hours:** Varies; intensive in-home services provided multiple times per week based on family needs.

**Languages:** English and Spanish

**Referral Process:** Referrals are youth-driven and submitted electronically through DCP&P. Services begin shortly after a pre-admission assessment and safety planning. DCP&P remains open throughout the duration of services.

**Services Provided:** Intercept is a family-centered, evidence-based program that provides intensive in-home services designed to prevent youth from entering out-of-home placement. Services may be provided up to three times per week and include case management, parenting support, assistance with basic needs, and structured interventions aligned with the Youth Villages model.

**Specialized Services:** Intensive home-based support for youth from infancy to age 18 who are at risk of foster or kinship care. The program functions as a step-down from Family Preservation Services and emphasizes collaboration with CMOs, schools, and community partners.

**Transportation:** As needed, families can be transported to Food Pantry's, Doctor Appt.'s and Board of Social Service.

**Fee:** No cost to eligible families through DCP&P.

## **CATHOLIC CHARITIES POSITIVE PARENTING PROGRAM (TRIPLE P)**

Bridgewater Family Service Center  
540 Route 22 East  
Bridgewater, NJ 08807

**Telephone:** (732) 857-3890

**Hours:** Varies; in-home individual services provided as well as group sessions.

**Languages:** English and Spanish

**Referral Process:** Referrals are made through the family's DCP&P caseworker. Families must be open with DCP&P at the time of enrollment, though cases may close after services begin.

**Services Provided:** Triple P (Positive Parenting Program) is an evidence-based, trauma-informed parent education program for parents and guardians of children ages 0–12. The program is offered in two formats: an individual model consisting of ten one-hour sessions, or a group model with five two-hour sessions followed by three weeks of individual check-ins. Case management support is provided.

**Specialized Services:** Family-centered, evidence-based parenting support provided by trained practitioners, including bilingual Spanish-speaking staff. The program focuses on strengthening parenting skills, improving child behavior, and supporting healthy family relationships.

**Transportation:** Transportation is provided for group sessions.

**Fee:** No cost to eligible families.

## **CATHOLIC CHARITIES PROJECT RACHEL**

540 Route 22 East  
Bridgewater, NJ 08807

**Telephone:** (877) 877-4300 (toll free)  
908-725-3546 (direct office line, confidential)

**Fax:** (908) 704-0215

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)  
Day and evening appointments are available

**Languages:** English and Spanish

**Referral Process:** Call office directly. Usual sources of referrals are self, family, churches, and other social service agencies. Clients from Middlesex, Warren, Hunterdon, and Somerset Counties are served.

**Services Provided:** Confidential post-abortion counseling and reconciliation for those who have been touched or affected by abortions.

**Transportation:** None.

**Fee:** None.



## **CATHOLIC CHARITIES EXCHANGE PARENT AIDE**

288 Rues Lane  
East Brunswick, NJ 08816

### **THIS PROGRAM COVERS SOMERSET COUNTY FAMILIES**

**Telephone:** (732) 257-6100

**Fax:** (732) 651-9834

**Hours:** 9:00 a.m. - 9:00 p.m. (Monday - Thursday)  
9:00 a.m. - 5:00 p.m. (Friday)  
24-hour Hotline (For program participants only)

**Languages:** English and Spanish

**Referral Process:** Referrals are made through the Division of Child Protection & Permanency. The treatment program is provided to families with children from birth to age 17 years of age. The program is a supportive and educational in-home services program for parents and caregivers. It is built on an evidence-supported model, designed to increase safety and reduce risk factors associated with child abuse and neglect.

**Services Provided:** The Exchange Parent Aide Program provides services up to 6 months. An extension can be granted up to 11 months. The DCP&P case does not need to remain open for services to continue. Parent Aides are matched with families to provide them with individualized support that includes, but is not limited to, assessment of family needs and dynamics, teaching problem solving and coping skills, observing and modeling effective parenting, attending to their medical, dental, and mental health care needs, monitoring safe housing, education on child development and child safety and reduction of parental stressors and risk factors that lead to child abuse, neglect, and domestic violence.

**Transportation:** Transportation is available on a limited basis for families enrolled in the program.

**Fee:** None.

## **CENTER FOR EDUCATIONAL ADVANCEMENT (CEA)**

11 Minneakoning Road  
Flemington, NJ 08822

**Telephone:** (908) 782-1480

**Website:** cea-nj.org

**Hours:** Vary based on service type

**Languages:** English

**Overview:** CEA is a not-for-profit 501(c)(3) organization founded in 1970 with the mission of facilitating career pathways and community employment for students and adults with disabilities. CEA's CARF accredited programs are currently offered throughout Somerset, Hunterdon and Middlesex Counties.

**Services Provided:** CEA offers a continuum of services to support individuals with disabilities on their journey to employment. We provide community-based work assessment, work preparation training, supported employment, and extended employment services for adults with disabilities. We offer Pre-Employment Transition services for students with disabilities, aged 14 to 21, including workplace readiness skill training, work-based learning experiences, group and individual counseling, and instruction on self-advocacy. Academic and transition services are offered to middle and high school aged students at our New Jersey Department of Education approved private school hosted within a public-school setting. We strive to provide students with skills and experiences needed for successful futures, including life and social skills, community employment skills, counseling, career exploration, extra-curricular activities, and an extended summer program.

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## CENTER FOR EDUCATIONAL ADVANCEMENT (CEA) (CONTINUED)

**Referral Process:** Most individuals are referred through the New Jersey Division of Vocational Rehabilitation Services, Division of Developmental Disabilities, or sending public school districts.

**Transportation:** Adult participants utilize public transportation, their county transportation system, or other means to attend our programs. Some transportation expenses are subsidized by the funding agency. Transportation for students enrolled in our school are provided by the student's sending school district.

**Fee:** Most participants are referred through state or county agencies or sending school districts, and the fees are paid by these entities.

For more information or questions, please visit our website or contact us at (908) 782-1480.

## **CENTER FOR FAMILY SERVICES**

1 Alpha Avenue  
Voorhees, NJ 08043

**Telephone:** (877) 922-2377

**Fax:** (856) 295-7024

**Email:** [access@centerffs.org](mailto:access@centerffs.org)

**Website:** [www.centerffs.org](http://www.centerffs.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Thursday)  
9:00 a.m. - 4:00 p.m. (Friday)

**Languages:** English

**Referral Process:** Call for program information.

**Services Provided:** Addiction & Recovery, Victim & Trauma, Counseling, Safe & Supportive Housing, Workforce Development, Family Support & Prevention, Early Childhood Education, Counseling & Behavioral Health, Community Connections.

**Transportation:** Call for information.

**Fee:** Call for information.

## **CENTER FOR FAMILY SERVICES MARY'S PLACE TRANSITIONAL LIVING PROGRAM**

1901 North Olden Avenue  
Suite 44, 2nd Floor  
Ewing, NJ 08618

**Telephone:** (609) 771-1600 ext. 78124

**Fax:** (609) 671-1500

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Services are available for young people ages 18-21 living in New Jersey. To make a referral, call (609) 771-1600 ext. 78124.

**Services Provided:** A structured transitional living program in Mercer County providing safe and supportive housing for individuals ages 18-21. Services include case management, supervised living accommodations, access to mental and physical health care, financial education and money management workshops, post-secondary educational support, assistance in securing long-term permanent housing, independent living skills training, career planning and employment preparation, and recreational activities to promote personal growth and self-sufficiency.

**Transportation:** Limited transportation is provided.

**Fee:** Call for information.

## **CENTER FOR FAMILY SERVICES TRIAD HOUSE**

2205 Pennington Road  
Trenton, NJ 08638

**Telephone:** (609) 771-1600, Option 1

**Hours:** 24 hours a day / 7 days a week

**Languages:** English

**Referral Process:** Referrals are accepted through PerformCare/CMO only. Individuals may live anywhere in the state of New Jersey to receive services.

**Services Provided:** A 24-hour residential group home for youth ages 16-21 experiencing emotional and behavioral challenges. The program provides individualized treatment to help youth heal from physical, emotional, and sexual abuse while working toward their personal goals. Services include individual, group, and family counseling, independent living skills training, substance use assessment and referral, educational planning, job readiness training, and program aftercare. Emphasizing a safe and inclusive environment, the program supports youth in understanding and celebrating diversity in sexual orientation, gender identity, religion, and ethnicity. Whenever possible, efforts are made to reunite youth with their families or connect them to transitional or supportive housing. An LGBTQIA+ affirming group home, welcoming and serving all genders.

**Transportation:** Provided by program.

**Fee:** CSOC/PerformCare/Medicaid.

## CENTER FOR GREAT EXPECTATIONS

19B Dellwood Lane  
Somerset, NJ 08873

**Telephone:** (732) 247-7003

**Fax:** (732) 247-7043

**Email:** [info@cge-nj.org](mailto:info@cge-nj.org)

**Website:** [www.cge-nj.org](http://www.cge-nj.org)

**Hours:** 24 hours a day / 7 days a week

**Languages:** English

**Referral Process:** Referrals come from a variety of sources, including DCP&P, Work First New Jersey Substance Abuse Initiative, County Boards of Social Services, Probation, PerformCare, CMOs, hospitals, methadone clinics, churches, pregnancy centers, as well as family, friends, and self-referrals.

**Services Provided:** The Center for Great Expectations (CGE) provides a Continuum of Care that includes: Residential Treatment services for homeless pregnant/parenting adolescents (12 beds) and homeless pregnant/parenting adult women in substance abuse recovery (8 beds); On-site Child Development Center, Katy's Place, for children of residential clients (licensed for up to 36 children); Supportive Housing Program (27 units) for at-risk women & children; and Roots to Recovery Outpatient Services (North Brunswick location serving 340 women & men annually – with and without insurance accepted). The S.T.A.R.T. Program offers in-home substance use disorder and early-relational health counseling and treatment as well as case management and doula services to pregnant and newly parenting women with substance use disorder across seven counties (Somerset, Hunterdon, Morris, Essex, West Hudson, Union, and Middlesex). CGE is a CARF-accredited organization and a member of the National Child Traumatic Stress Network (NCTSN)

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## CENTER FOR GREAT EXPECTATIONS (CONTINUED)

**Prevention Programming:** The Institute of CGE offers trauma-attuned resiliency training, professional development, and workforce optimization in clinical/community settings, school environments, and businesses. Please email Ellen Purtell at [epurtell@cge-nj.org](mailto:epurtell@cge-nj.org) to learn more. This program is fee based.

**Residential services for adolescents are provided as a RTC (Residential Treatment Center) IOS (Intensity of Service).** While at CGE, adolescents have the opportunity to build critical self-esteem, coping, parenting and educational skills needed to support a future of health and opportunities for themselves and their children.

**Transportation:** Provided for clients.

**Fee:** None.



## **CENTER FOR PSYCHOLOGICAL SERVICES (CPS)**

### **RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY**

The Psychological Clinic  
152 Frelinghuysen Road  
Piscataway, NJ 08854-8085

**Telephone:** (848) 445-6111

**Fax:** (732) 445-6628

**Email:** [clinic@gsapp.rutgers.edu](mailto:clinic@gsapp.rutgers.edu)

**Website:** <http://psychologicalservices.rutgers.edu/>

**Hours:** 9:00 a.m. - 9:00 p.m. (Monday - Thursday)  
9:00 a.m. - 8:00 p.m. (Friday)

**Languages:** English

**Referral Process:** Referrals are made directly to the clinic and handled by three clinic services coordinators. To inquire about services, call 848-445-6111 and press option 2 to speak with a coordinator. Upon initial contact, identifying information and a brief description of the presenting problem are collected by a coordinator, who then assigns the case to an intake clinician. After the completion of the intake interview, a coordinator assigns the case to a therapy clinician. Clients in acute crisis, with active homicidal and/or suicidal intent or recent suicide attempts are not eligible for treatment.

### **Services Provided:**

#### **FOSTER CARE COUNSELING PROJECT (FCCP)**

**Primary Supervisor:** TBD

**Age Range Served:** 4 – 17

**Services Provided:** The Foster Care Counseling Project (FCCP) provides clinic-based mental health counseling and preventive trauma-focused treatment to children and adolescents who are in foster and kinship care, as well as those who have been

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## FOSTER CARE COUNSELING PROJECT (CONTINUED)

returned to their biological families' care. Evidence-based individual and family therapy is provided to address each child's adjustment to foster care and mental health symptoms resulting from trauma and child maltreatment. The FCCP also offers evidence-based groups depending on the needs of its clientele.

Students receive specific training in the Attachment, Regulation, and Competency (ARC) Framework, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), and Game-Based Cognitive Behavior Therapy (GB-CBT).

**Inclusion/Exclusion Criteria:** Most referrals for individual and family therapy come through Division of Child Protection and Permanency (DCP&P) offices, although FCCP also accommodates referrals from the community. The group therapy program is open to children and adolescents who have experienced sexual abuse or who have experienced an out-of-home placement, either with foster parents, relative caregivers, or adoptive parents.

**Fee:** Children who are involved with the DCP&P and currently placed in foster or kinship care are grant-funded. DCP&P also pays for those children who are not in foster care but who have open DCP&P cases and require trauma-based services.

**A sliding fee scale is available** for non-DCP&P clients who would like to participate in individual therapy sessions or the group therapy program.

## **ADHD CLINIC/CULTIVATING COMPASSION PROJECT**

**Primary Supervisor:** Stephanie Lyon, PhD

**Age Range Served:** Children age 5 – 12 and their parents/caregivers

**Services Provided:** The ADHD Cultivating Compassion Project treats children who struggle with ADHD and related emotional/behavioral challenges as well as their parents/caregivers.

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## ADHD CLINIC/CULTIVATING COMPASSION PROJECT (CONTINUED)

Treatment is provided on an individual basis by doctoral students who receive specialized training and supervision with Dr. Stephanie Lyon. Patients are provided with psychodynamic psychotherapy informed by Metallization Based Therapy for Children (MBT-C).

Our time-limited treatment is designed to support the whole child, by addressing the thoughts, feelings, and relationships that underlie problematic behavior as well as increasing resilience and self-regulation abilities. Through metallization-based treatment we seek to improve children's ability to understand and regulate their emotions/behavior, and help them to think more deeply about themselves and others. We encourage parents to support their children's self-regulation and believe that when the children live and learn in compassionate environments, their experience of themselves and their behaviors are transformed.

We provide slide-scale therapy for children diagnosed with ADHD or experiencing several of the following symptoms of ADHD:

- Trouble paying attention or sustaining attention
- Difficulty with organization, listening and following directions
- Easily distracted
- Frequent fidgeting, excessive running/climbing, always "on the go"
- Interrupting frequently, talking excessively

**Inclusion/Exclusion Criteria:** Inclusion: Children ages 5 – 12 with symptoms of ADHD and their parents/caregivers (parent/caregiver involvement is required). Exclusion: Children exhibiting severely dangerous behaviors or with co-occurring disorders that significantly limit their ability to engage in imaginative play/symbolic thinking.

**Fee:** Fees for services are determined by household income and range from \$20 to \$100 per session.

## **CENTER FOR PSYCHOLOGICAL SERVICES – ASSESSMENT**

**Primary Supervisor:** Ken Schneider, Ph.D.

**Age Range Served:** 6+

**Services Provided:** The Center for Psychological Services offers a range of low-fee assessment services for children, adolescents, and adults, provided by doctoral students and a postdoctoral fellow under supervision of a licensed psychologist. We offer comprehensive testing to assess a variety of presenting problems and concerns. Areas of functioning that may be assessed are intellectual abilities, executive functioning, learning and memory, academic achievement, social-emotional functioning, and personality. Our testing can also diagnose ADHD and a variety of learning disabilities.

Assessments are tailored to specific needs of the clients and include a comprehensive clinical interview, carefully selected assessment measures, integrative assessment report, and a feedback session with clients and family members.

**Inclusion/Exclusion Criteria:** The Center for Psychological Services can accommodate a wide variety of assessment needs across the lifespan. We work to tailor each assessment to the individual needs of the client and the reason for referral. Any case that cannot be assessed here would be determined on a case by case basis.

We do not offer neuropsychological assessments, auditory processing evaluations, speech and language assessments, or assessments to diagnose Autism.

### **Fee:**

Non-Rutgers Students:

- Unfortunately, we do not accept private insurance and our evaluations are not reimbursable by insurance. Assessments are a flat fee, depending on type: Learning Disability/ADHD/Personality Assessment: \$750.00.

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## CENTER FOR PSYCHOLOGICAL SERVICES - ASSESSMENT (CONTINUED)

Rutgers Students:

- If the student does not have Rutgers Student Resource Insurance – Learning Disability/ADHD/Personality Assessment: \$450.00
- If the student has Rutgers Student Resource Insurance – Learning Disability/ADHD/Personality Assessment: \$0.00

### **YOUTH ANXIETY AND DEPRESSION CLINIC (YAD-C)**

**Primary Supervisor:** Brian Chu, Ph.D.

**Age Range Served:** 9-17

**Services Provided:** The Youth Anxiety and Depression Clinic (YAD-C) treats children and adolescents who suffer from anxiety and depression. Treatment is provided on an individual basis by doctoral students who receive specialized training by Dr. Brian Chu. Patients are provided with cognitive behavioral therapy. We are actively looking for youth who are anxious or depressed to participate in a randomized clinical trial (RCT) evaluating the effectiveness of Individual Behavioral Activation Therapy, a new cognitive-behavioral therapy that emphasizes active problem solving and behavioral practice.

We provide psychological therapy for children and adolescents who feel impacted by anxiety, stress, and mood problems. If your child is experiencing any of the following symptoms, you may be a good candidate for the YAD-C:

- Sad, down, blue, or irritable mood
- Withdrawal from friends, school/work, and social activities; disinterested in things you used to like
- Pervasive, persistent worries about multiple topics (i.e. school/work performance, family, health, future)

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## YOUTH ANXIETY AND DEPRESSION CLINIC (CONTINUED)

- Difficulty separating from home, parents, or loved ones
- Excessive fear or embarrassment in social situations
- Problems at home, school/work, or with peers as a result of mood or anxiety

**Inclusion/Exclusion Criteria:** Children and adolescents ages 9 – 17 whose distress is related primarily to the symptoms of anxiety or depression. Children whose distress is primarily related to external stressors are typically directed to alternative services.

**Fee:** There is no charge for your initial assessment. Sessions are charged on a sliding scale based on annual family income and are payable at the time of service. Fees for services are determined by household income and range from \$5 to \$60 per session.

Families who participate in research receive financial compensation for completing scheduled assessments and gift cards/prizes may be available to youth at various time-points throughout treatment.

## DIALECTICAL BEHAVIOR THERAPY CLINIC AT RUTGERS (DBT-RU)

**Primary Supervisor:** Shireen Rizvi, Ph.D., ABPP

**Age Range Served:** 13+

**Services Provided:** The Dialectical Behavior Therapy (DBT) clinic is a research and training clinic that provides comprehensive DBT, an evidence-based and empirically-supported treatment for borderline personality disorder and associated problems. Adult clients undergoing treatment attend individual therapy once per week, as well as weekly meetings of a skills training group. Adolescent clients in the DBT for Adolescents (DBT-A).

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## DIALECTICAL BEHAVIOR THERAPY CLINIC AT RUTGERS (CONTINUED)

**Inclusion/Exclusion Criteria:** The DBT-RU clinic treats adults clients (18 and older) who meet DSM-5 criteria for borderline personality disorder. The DBT-A clinic treats adolescent and young adult clients (ages 13 – 20) who experience problems with emotion regulation, impulsivity, and suicidality or substance use. Across both programs, all clients must: 1) live within 45 minutes of the clinic, 2) have access to transportation, 3) be willing to consent to video recording of their sessions, 4) be available to attend treatment for the full 6 months and be able to attend the time of the weekly skills group, and 5) be willing to stop all other psychotherapy once DBT treatment begins. Additional exclusion criteria include the presence of psychotic symptoms, significant cognitive impairment (e.g. IQ below 70), the presence of active, problematic substance use, and the presence of an eating disorder that warrants immediate treatment (e.g. hospitalization).

Finally, because DBT-RU is a research and training clinic, all clients must participate in an intake, mid-treatment, post-treatment, and follow-up assessment to help test the effectiveness of DBT and DBT-A.

**Fee:** DBT-RU aims to provide comprehensive DBT at affordable rates for everyone so that no one will get turned away due to lack of finances. Treatment costs are determined on a sliding scale based on household income.

### **THE TOURETTE SYNDROME CLINIC**

**Primary Supervisor:** Graham Hartke, Psy.D.

**Age Range Served:** Children, Adolescents, and Adults

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## THE TOURETTE SYNDROME CLINIC (CONTINUED)

**Services Provided:** The Rutgers-NJCTS Tourette Syndrome Program offers individual and family therapy for individuals affected by Tourette Syndrome (TS), emphasizing evidence-based treatments for TS and related conditions. All of our therapists (doctoral students) are trained in Comprehensive Behavioral Intervention for Tics (CBIT), which includes Habit Reversal Training (HRT), as well as cognitive behavioral approaches for common comorbid conditions such as attention-deficit disorder (ADHD), obsessive compulsive disorder (OCD), oppositional defiant disorder (ODD), as well as other anxiety or mood disorders. Individual and family therapy may also include supportive, psychoeducational, and skill-building interventions (e.g., social skills training).

In addition to individual and family therapy, we offer socio-emotional skills groups for school-aged children and teens. These groups typically begin in January each year. Finally, the Rutgers-NJCTS Tourette Syndrome Program also offers a variety of additional supportive services including diagnostic evaluation; consultation on TS and associated disorders for practitioners, physicians, educators and students; assistance with referrals for physicians; and access to additional resources and services for the TS community.

**Inclusion/Exclusion Criteria:** The Tourette Syndrome Clinic can accommodate a wide variety of clients. All clients will be assessed during the first session and treatment planning will be determined based on that evaluation.

**Fee:** The cost of each session is \$100.00 and the initial intake session is \$200.00. However, for families or individuals with financial hardships, a sliding scale may be used on a case by case basis.

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## CENTER FOR PSYCHOLOGICAL SERVICES – THERAPY

**Primary Supervisor:** Andrea Quinn, Psy.D

**Age Range Served:** All

**Services Provided:** The Center for Psychological Services offers individual and family therapy for children, adolescents, and adults from Rutgers University and the surrounding communities. Therapy orientations vary depending on the need and current goals for therapy. likewise, the course and length of treatment is determined by each clinician based on the individual needs of the client. Services are provided by advanced doctoral students under the supervision of faculty and licensed psychologists, and can address a wide range of disorders and difficulties.

**Inclusion/Exclusion Criteria:** The Center for Psychological Services is committed to being helpful to all clients who are referred, but, as a training program, we reserve the right to decide which clients will best fit our services and levels of expertise. As such, we may not accept some clients for treatment here, but will provide referrals to the appropriate services and levels of care.

**Fee:** Therapeutic services are offered at a low cost, based on clients' household income and ability to pay.

### ANXIETY DISORDERS CLINIC (ADC)

**Primary Supervisor:** Andrea Quinn, Psy.D

**Age Range Served:** All

**Services Provided:** The ADC is a specialty clinic offering evidence-based practices for the treatment of anxiety disorders. Specifically, the clinic offers diagnostic evaluation and consultation, and treatment for the entire range of anxiety disorders, including for example, Generalized Anxiety Disorder,

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## ANXIETY DISORDERS CLINIC (CONTINUED)

Panic Disorder, Separation Anxiety Disorder, and Phobias; as well as compulsive disorders including Obsessive-Compulsive Disorder and Body-Focused Repetitive Disorders (e.g. Trichotillomania). In addition, the ADC offers a PTSD program for Veterans and trauma-focused therapy for community members who are not Veterans. Group treatment opportunities are intermittently available for other specific anxiety disorders as well.

**Inclusion/Exclusion Criteria:** Clients whose distress is related primarily to the symptoms of anxiety and the related disorders noted above are eligible for treatment, with the exception of those who are currently struggling with substance use disorders and/or those who are deemed to be in need of crisis services or a more intensive level of care that cannot be fully met by the ADC staff. Clients whose primary distress is related to other stressors or whose needs cannot be fully met are provided assistances with identifying and cannot be fully met are provided assistances with identifying and connecting to alternative services.

**Fee:** Fees for services is \$50 per session for individual therapy by student therapists. The clinic accepts the resource insurance available to Rutgers Students, who pay \$0 out-of-pocket for treatment. The PTSD program for Veterans also has additional funding sources that can reduce or cover the cost of treatment for clients. Additional information is available for clients who are interested in potentially pursuing this funding.

### **COUPLES CLINIC**

**Primary Supervisor:** Elizabeth Brown, Psy.D., Karen Riggs Skean, Psy.D., and Shalonda Kelly, PhD

**Age Range Served:** 18+ (Individuals do not have to be legally married to participate)

**Services Provided:** The Couples Clinic specializes in providing evidence-based couples therapy. The two major modalities

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## COUPLES CLINIC (CONTINUED)

emphasized are Emotionally-Focused Couples Therapy (EFT) and Behavioral Couples Therapy (BCT). The length of treatment is determined by the needs of the couple. A “Couple Checkup,” a brief assessment and feedback intervention, is also available for couples who would like feedback regarding their relationship.

**Inclusion/Exclusion Criteria:** The Couples Clinic treats couples of all ethnic backgrounds, cultural identities, sexual orientations, and gender identities. The following are exclusion criteria:

- 1) The presence of severe mental illness in one or both partners
- 2) Current domestic physical, emotional, or sexual abuse
- 3) Severe substance abuse in one or both partners.

**Fee:** The fee for treatment is determined based upon household income. Fees per session range from \$10 to \$50.

### **GROUP PSYCHOTHERAPY SERVICES**

**Primary Supervisor:** David Panzer, Psy.D.

**Age Range Served:** 18+

**Services Provided:** Group Psychotherapy Services (GPS) operates within the Center for Psychological Services at Rutgers. GPS offers ongoing interpersonal process groups in the evenings for adults

**Inclusion/Exclusion Criteria:** Services provided by GPS are particularly helpful for clients for who interpersonal difficulties are a primary concern. However, most clients eligible for individual treatment within the Center for Psychological Services at Rutgers are also eligible to participate in group psychotherapy. Exclusion criteria include the following:

- 1) Current active psychosis
- 2) Current active suicidal ideation or intent
- 3) Current high-risk substance use

**Fee:** The cost for treatment within GPS amounts to half of the cost of individual sessions at the Center Psychological Services at Rutgers.

## **CENTRAL JERSEY FAMILY HEALTH CONSORTIUM (CJFHC)**

### **North Brunswick**

30 Silverline Drive  
2nd Floor, Suite 1  
North Brunswick, NJ 08902

### **Morristown**

161 Madison Avenue  
Suite 225  
Morristown, NJ 07960

**Telephone:** (732) 937-5437 Main Office

**Fax:** (732) 937-5540

**Languages:** English and Spanish

**Referral Process:** Doctors, hospitals, health agencies, schools, parents, and State Birth Defects Registry are the usual sources of referrals.

**Services Provided:** Strengthens and improves early intervention services for children with special needs, ages birth to three years, and their families Early Intervention System ensures that young children with special needs are offered early intervention services. Ensures that services provided to children are high quality and are given in natural environments, where children and family members live, work and play. Ensures that each family plays a major role in how early intervention services are planned, put into action and evaluated. Makes sure that each family understands their child's needs and rights and that the system protects these rights. Performs a regional needs assessment of the early intervention system, seeing if and where services are missing, and recommending where services are needed most. Serves as an early intervention resource and referral center for families, early intervention providers and other community agencies. Educates and provides information about early intervention to families, health care providers and other community members.

**Transportation:** None.

**Fee:** Please contact agency.



## **CENTRAL JERSEY HOUSING RESOURCE CENTER (CJHRC)**

92 East Main Street, Suite 407  
Somerville, NJ 08876

**Telephone:** (908) 446-0036

**Email:** 2cjhrc@gmail.com

**Website:** www.cjhrc.org

**Languages:** English

**Services Provided:** CJHRC provides very low, low and moderate-income individuals and households with the information they need to make informed and reasonable decisions to achieve their housing goals. Our FREE counseling services include pre- and post-purchase, rental, financial literacy, foreclosure, fair housing, and resources/referrals for homeless individuals/households. Counseling is provided in a variety of ways which all include making arrangements/appointments. Counseling can be in-person, by phone or by a virtual meeting. Programs are also provided online programs and/or by virtual webinars. Counselors provide information on special needs housing in Somerset County, including senior housing and housing for the disabled. CJHRC has a vast variety of resources contained on our website (<https://cjhrc.org>) for potential homebuyers, tenants, seniors, and homeowners, as well as information on fair housing and other housing programs. Additionally, CJHRC processes various applications and eligibility for rental and resale properties in the State of NJ Low/Moderate Income Program; fact sheets are contained on our website for these properties.

**Transportation:** None.

**Fee:** Free.

**CHILDREN AT RISK RESOURCES AND INTERVENTION  
PROGRAM – (CARRI)  
CARRI-DCP&P**

151 Centennial Avenue  
Piscataway, NJ 08855-13922

**Telephone:** (732) 235-5582 or (732) 235-6033

**Fax:** (732) 235-4471

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Languages:** English and Spanish

**Referral Process:** Referral is through Middlesex and Somerset County DCP&P (only).

**Services Provided:** Home visits, parenting education, individual counseling, family counseling, and referrals to other social services agencies. Birth to age 5.

**Transportation:** None.

**Fee:** None.



## **CHILDREN'S AID AND FAMILY SERVICES, INC.**

### Administration Offices

200 Robin Road  
Paramus, NJ 07652

**Telephone:** (201) 261-2800

**Fax:** (201) 634-3672

**Email:** [info@cafsnj.org](mailto:info@cafsnj.org)

**Website:** [www.cafsnj.org](http://www.cafsnj.org)

### **Other Locations:**

#### Children's Family and Community Services &

#### The Center for Alcohol & Drug Resources

22-08 Route 208 South, Suite 7  
Fair Lawn, NJ 07410  
Fax: (201) 791-0147

#### Adoption Specialty Services

76 South Orange Avenue, Suite 209  
South Orange, NJ 07079  
Fax: (973) 378-9575

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Referrals can come from the Division of Child Protection & Permanency, physicians, hospitals, agencies, and self. Serves children from age 6 to 18; residing in New Jersey who are emotionally and/or socially disturbed, or multiply handicapped.

**Services Provided:** Services include adoption, post-adoption counseling, day care, foster care, residential care, (6 group homes), Therapeutic Foster Homes, aftercare, and independent living services. Approximately 300 individuals can be served at any one time. Serves Northern New Jersey.

**Transportation:** Each facility has a vehicle. Social Workers also have access to cars. If child is in Foster Care, the foster parent will need to provide transportation.

**Fee:** Sliding scale fees are charged for adoption placement.

## CHILDREN'S SPECIALIZED HOSPITAL

200 Somerset Street  
New Brunswick, NJ 08901

**Telephone:** (908) 301-2532 or (888) CHILDREN

**Fax:** (908) 233-4967

**Website:** [www.rwjbh.org/childrens-specialized-hospital](http://www.rwjbh.org/childrens-specialized-hospital)

### Other Locations:

Bayonne - Outpatient Ctr  
815 Broadway  
Bayonne, NJ 07002  
(888) 244-5373

Clifton - Outpatient Ctr  
1135 Broadway  
Clifton, NJ 07013  
(888) 244-5373

East Brunswick - Outpatient Ctr  
629 Cranbury Road  
East Brunswick, NJ 08816  
(888) 244-5373

Egg Harbor Twp - Outpatient Ctr  
6106 Black Horse Pike  
Egg Harbor Twp, NJ 08234  
(888) 244-5373

Hamilton - Outpatient Ctr  
3575 Quakerbridge Road  
Hamilton, NJ 08619  
(888) 244-5373

Jersey City - Outpatient Ctr  
1825 John F. Kennedy Blvd  
Jersey City, NJ 07305  
(888) 244-5373

New Brunswick – Inpatient Hosp.  
200 Somerset Street  
New Brunswick, NJ 08901-1942  
(888) 244-5373

New Brunswick – Outpatient Ctr.  
10 Plum Street – 6th Floor  
New Brunswick, NJ 08901  
(888) 244-5373

Newark - Outpatient Ctr  
182 Lyons Avenue  
Newark, NJ 07112  
(888) 244-5373

Toms River – Lakehurst Road  
Outpatient Center  
368 Lakehurst Road  
Toms River, NJ 08755  
(888) 244-5373

Toms River – Stevens Road  
Long Term Care & Outpatient Ctr.  
94 Stevens Road  
Toms River, NJ 08755  
(888) 244-5373

Warren – Outpatient Center  
266 King George Road  
Warren, NJ 07059  
(888) 244-5373

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## CHILDREN'S SPECIALIZED HOSPITAL (CONTINUED)

**Hours:**           **Inpatient:** 24 hours daily  
                          **Outpatient:** Monday – Saturday  
                          By appointment including evenings

**Languages:** English

**Referral Process:** Children's Specialized Hospital has 13 locations throughout New Jersey and offers a diverse range of medical care and therapy services for children of all abilities from birth through 21 years of age. Referrals from clients, physicians, school districts, hospitals, Division of Child Protection and Permanency, and families are welcome. For information about the Inpatient or Long Term Care hospitals at Children's Specialized Hospital, please contact the Pre-Admissions Department at (908) 301-5461. For information about Outpatient Programs and Services, please contact the Referral Development Department at (732) 258-7248.

**Services Provided:** Brain Injury, Burn and Wound Care, Chronic Illness Management, Chronic Pain Management, Infant and Toddler Rehabilitation, Multi Complicated Trauma, Neonatal Abstinence Syndrome, Neuromuscular and Genetic Disorders, Post-Surgical Orthopedics, Spinal Cord Injury.  
**Outpatient Programs:** Audiology, Autism, Cerebral Palsy Program, Comprehensive Feeding, Early Intervention Program, Fetal Alcohol Syndrome, Lymphedema Therapy, Nutrition, Neuropsychology, Neurorehabilitation, Occupational Therapy, Pain Management, Physical Therapy, Psychology, Rehabilitation Technology, Speech and Language Therapy.

**Specialized Services:** Special Needs Primary Care, Developmental Behavioral Pediatrics, Neurology, Orthopedic, Physiatry, Psychiatry. Specialty Programs: Classes and Workshops Activity Connection (Community Recreation Programs), Early Developmental Screenings, Peer Mentor Program, Recreational Therapy and Child Life. And Pediatric Long-Term Care.

**Transportation:** None.

**Fee:** Fee varies. Medicaid and other insurance are accepted.

## COMMUNITY CHILD CARE SOLUTIONS

86 East Main Street  
Somerville, NJ 08876

**Telephone:** (908) 927-0869

**Fax:** (908) 927-9653

### **Other Location:**

103 Center Street  
Perth Amboy, NJ 08861

**Telephone:** (732) 324-4357

**Fax:** (732) 826-4136

**Website:** [www.communitychildcaresolutions.org](http://www.communitychildcaresolutions.org)

**Hours:** 8:30 a.m. and 4:30 p.m.

**Languages:** English and Spanish

**Referral Process:** Community Child Care Solutions, the Child Care Resource & Referral Agency for Somerset and Middlesex counties, offers parents and the community free resources and referrals to all types of licensed and registered child-care programs. Referrals are provided on the phone, online, or in person by the child-care specialists who help parents identify individual child-care needs and provide detailed information and referrals.

**Services Provided:** Work First New Jersey is the current welfare-to-work program. As the client prepares to enter the workforce, Community Child Care Solutions will help him or her to find child care. Applicants must be employed or in an approved activity. Clients must be pre-approved by Boards of Social Service in Middlesex or Somerset counties.

New Jersey Cares for Kids is a program that helps low-income, fulltime working parents and students pay for child care. Eligibility is based on family size and income. Parents can be working, in college or a training program. Application must be submitted.

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## COMMUNITY CHILD CARE SOLUTIONS (CONTINUED)

**Additional Professional Services:** Community Child Care Solutions also provides a wide array of professional development opportunities for community-based child care centers, school age and registered Family Child Care providers. Please check our website for current offers.

**Transportation:** No.

**Fee:** Varies.

## **CONTEXTUAL FAMILY SERVICES**

44 Old Highway 22  
Ste. 6  
Clinton, NJ 08809

**Telephone:** (908) 323-2368

**Fax:** (908) 923-8625

**Website:** [www.contextualfamilyservices.org](http://www.contextualfamilyservices.org)

**Hours:** By appointment - days and evenings

**Languages:** English

**Referral Process:** Since Contextual Family Services is an intensive in-home family therapy based program, only those families with a demonstrated need for in-home services are referred for services. Referrals are made by the Tri-County CMO or the Division of Child Protection & Permanency.

**Services Provided:** Contextual Family Services provides therapeutic services in the family's home, school, and community. Services include formal family therapy, individual counseling, school consultation, and a multi-systemic treatment team philosophy.

**Transportation:** Services are provided in home.

**Fee:** None.



## **CORNER HOUSE BEHAVIORAL HEALTH**

1 Monument Hall  
Princeton, NJ 08542

**Telephone:** (609) 924-8018

**Fax:** (609) 688-2045

**Website:** [www.cornerhousenj.org](http://www.cornerhousenj.org)

**Hours:** 9:00 a.m. - 9:00 p.m. (Monday – Thursday)  
9:00 a.m. - 5:00 p.m. (Friday)

**Languages:** English, Spanish, and Polish

**Referral Process:** This agency serves adolescents age 13-17 and adults age 18-64, primarily from Mercer County and the adjacent Somerset and Middlesex Counties. The agency accepts referrals from individuals, families, schools, probation, Drug Court, and social service agencies. Service to young people and their families with substance use disorders is a primary focus of the agency.

**Services Provided:** The program provides outpatient level one services which include substance use assessments and evaluations; individual, group and family therapy; co-occurring treatment and medication management, psychiatric assessment and evaluation. Level 2.1 intensive out-patient (IOP) for adults 18-64. EMDR offered.

**Transportation:** None.

**Fee:** Fee for service. Medicaid/NJ Family Care and self-pay accepted. Funding for uninsured and undocumented individuals is available.

## COVENANT HOUSE

Location	Address	Telephone
Asbury Park	520 & 522 Prospect Avenue Asbury Park, NJ 07712	732-807-3087
Atlantic City	929 Atlantic City Avenue Atlantic City, NJ 08401	609-348-4070
Elizabeth	321 Court Street Elizabeth, NJ 07206	908-354-4750
Montclair	32 S. Willow Street Montclair, NJ 07042	973-744-8175
Newark	330 Washington Street Newark, NJ 07102	973-621-8705

**Text:** (844) 912-1291

**Website:** [www.covenanthousenj.org](http://www.covenanthousenj.org)

**Hours:** 24 hours a day / 7 days a week

**Languages:** English

**Referral Process:** Voluntary self-referral.

### **Services Provided:**

- **Emergency Shelter:** Our shelter provides a safe, temporary place to stay. The shelters, located in Newark and Atlantic City, are open 24/7, 365 days and all services are free of charge. The Case Management team will work with you to identify your goals and support you in achieving them. The DLC located in our Emergency Shelter provides programming that focuses on you, offering content in 5 areas: Education, Employment, Financial Literacy, Social Navigation, and Physical, Emotional, and Spiritual Wellness. We believe everyone learns differently so small groups, tech labs and one to one coaching are available.

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## COVENANT HOUSE (CONTINUED)

- **Rights of Passage (ROP):** This apartment-style program is designed to provide a safe and supportive place to live if you are employed, employment ready or a full-time student. ROP programs are in Newark, Atlantic City, and Asbury Park.
- **Nancy's Place:** If you decide your priority is to focus on your mental health while working on other life goals, Nancy's Place located in Montclair provides housing and supportive services for up to 18 months.
- **Raphael's Life House (RLH):** If you are pregnant or a mother with your children RLH offers a private room for each family unit and beautifully designed communal spaces which are available throughout the house. Our experienced staff support each mom to prepare for the next steps for themselves and their family. Located in Elizabeth, NJ.
- **Housing Department:** When you complete our programs our Housing Specialists will assist you with apartment search and all aspects of your housing readiness.

### **Specialized Services:**

**Medical:** CHNJ partners with community medical specialists to provide medical care, enroll in health insurance and connect with a primary care provider for preventative care and ongoing maintenance of health concerns.

**Legal:** CHNJ's Youth Advocacy Center provides legal support to address tickets, warrants, child support, human trafficking issues, immigration issues, and public benefits.

**Behavioral Health:** CHNJ clinicians provide individual therapy both in-person and through tele-health. Our consulting Psychiatric APN offers clients immediate psychiatric care and medication management support.

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## COVENANT HOUSE (CONTINUED)

**NJ Enhanced Statewide Human Trafficking Victim Services:** If you believe you are a victim of human trafficking we want to help! You are under no obligation to engage with law enforcement in order to receive services. Services are available for all survivors regardless of housing status, age, gender, foreign and domestic victims, and all trafficking types. For help please call (862) 240-2453.

**Transportation:** Bus tickets and transportation may be available.

**Fee:** None.



## **CTRLCARE BEHAVIORAL HEALTH**

765 NJ-10 Suite 104  
Randolph, NJ 07869

**Telephone:** (973) 370-0707

**Fax:** (973) 370-0059

**Website:** <https://ctrlcarebh.com>

**Hours:** 9:00 a.m. - 8:00 p.m. (Monday - Thursday)  
9:00 a.m. - 5:00 p.m. (Fridays)

**Languages:** English

**Referral Process:** Call, email, fax

**Services Provided:** Assessment/treatment planning, Intensive outpatient programs, Therapy, Psychiatric Services.

**Specialized Services:** Mental health support and management of technology use management for adolescents, teenagers, and young adults ages 12-35.

**Transportation:** None

**Fee:** Covered by most commercial insurance plans.

## **DISCOVERY INSTITUTE FOR ADDICTIVE DISORDERS, INC.**

80 Conover Road  
Marlboro, NJ 07746

### **Mailing Address:**

P.O. Box 177  
Marlboro, NJ 07746

**Mail:** P.O. Box 177  
Marlboro, NJ 07746

**Telephone:** (844) 795-5384

**Fax:** (732) 817-0627

**Email:** [drughelpline1@yahoo.com](mailto:drughelpline1@yahoo.com)

**Website:** [www.discoverynj.org](http://www.discoverynj.org)

**Hours:** 8:30 a.m. - 10:00 p.m. (Monday - Friday)  
Voicemail for after-hours  
9:00 a.m. - 5:00 p.m. (Saturday - Sunday)

**Languages:** English, other

**Referral Process:** Standard referral sources are State and Federal Probation, Parole, Drug Court or self-referral. All interviews are by appointment only. An interview date can be scheduled by calling the Admissions Department. Discovery Institute will refer adolescents, 18 and under, to other treatment venues for appropriate level of care. Discovery Institute admits male and female adults, 18 years and older. Clients with any medical or psychiatric history will be required to meet with the staff psychiatrist. All referrals must go through the Admissions Department.

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DISCOVERY INSTITUTE FOR ADDICTIVE DISORDERS, INC.  
(CONTINUED)

**Services Provided:**

**Drug Free Outpatient:** Outpatient and Intensive Outpatient Treatment (IOP) – a minimum of 3 hours per day, 1-3 days per week. **Phone:** (732) 946-9444 ext. 131 – voicemail for after business hours. **Facsimile:** (732) 946-0758. **Business Hours for Operation/Information/Appointments:** 9 a.m. - 5 p.m. (Monday – Friday) **Fees:** Call for information about fees/Sliding Scale fee/IDRC Affiliate. **Languages:** English. **Intake Procedure/Eligibility Requirements:** Contact for Appointment/ Eligibility.

**Residential Treatment:** **Phone:** (732) 946-9444 ext. 147 – voicemail for after business hours. **Facsimile:** (732) 946-0758. **Business Hours for Operation/Information/Appointments:** 9 a.m. - 5 p.m. (Monday – Friday) **Fees:** Call for information about fees/Sliding Scale fee. **Languages:** English, Spanish (For Assessment and Family Therapy only). **Intake Procedure/Eligibility Requirements:** Contact for Appointment/Eligibility.

**Specialized Services:** Residential adult substance abuse treatment center (both alcohol and drug), short-term and long-term care, 1 – 6 months, Therapeutic Community, indigent clients accepted, State licensed for residential and outpatient services, intake, assessment, or referral, comprehensive mental health assessment or diagnosis (psychological and psychiatric evaluations), vocational and educational training, family therapy and education, sex offender assessment/outpatient treatment, and sexual addictions.

**Transportation:** Transportation provided for outpatient services and medical appointments while in residential treatment.

## **EAST MOUNTAIN SCHOOL**

### **MIDDLE AND HIGH SCHOOL**

252 Route 601  
P.O. Box 147  
Belle Mead, NJ 08502

**Telephone:** (908) 281-1415  
(908) 281-1445

**Fax:** (908) 281-1663

**Hours:** 8:00 a.m. - 3:30 p.m. (Monday - Friday)

**Website:** [hackensackmeridianhealth.org](http://hackensackmeridianhealth.org)

**Languages:** English

**Referral Process:** Sending district mails intake package, including child study team evaluations, IEPs, and transcripts for students grades 7 – 12. All students are classified with emotional or behavioral disabilities. Parents, students, and district representatives schedule an in-person intake interview. The East Mountain School team will explain the program and tour participants through the buildings and grounds. Of special note, students admitted into the East Mountain Lodge residential programs, located next to the school, can attend the East Mountain School with the approval of the student's sending school district.

**Services Provided:** Established in 1981, the East Mountain School (EMS) is a private, non-profit, special education school operated by HMH Carrier Clinic, and an approved school by the New Jersey State Department of Education. The program is designed to provide quality special education and intensive therapeutic services for adolescents challenged by behavioral or psychiatric disorders.

At East Mountain School, the mission is to provide a safe, challenging, and supporting community that is responsive to the individual needs of the students.

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## EAST MOUNTAIN SCHOOL (CONTINUED)

The students benefit from a therapeutic, structured environment which incorporated the academic, behavioral, and counseling components all geared to increase the academic skills and coping strategies of the students. The curriculum is aligned to the Department of Education's learning standards and Core. Specials Instruction is provided in art, music, physical education, foreign language class (Spanish), and technology.

Students attending may be affected by a variety of psychiatric or learning problems and may have difficulty interacting with others in and out of school. Prior to coming to East Mountain School, students would have problems not only impacting their education, but their families and friends. School social workers meet weekly with students and chart progress towards social/emotional goals. The clinical and educational team specialize in working students with genderfluidity/binary/non-binary, emotional regulation needs, substance use/misuse, autism spectrum, and harm/self-harming behaviors.

East Mountain School has its own Cosmetology program and Instrumental Music lessons for all levels. Students participate in graduation activities, including a ceremony for seniors. A professionally published yearbook is provided free to all students. In recent years, all youth recreational areas have been redesigned, including an outdoor, state-of-the-art basketball court. There is also a six-week summer program offered, the Extended School Year where students can maintain gains in academics and emotional regulation. Participants will access the onsite pool and enjoy the animals in the Equine Therapy program.

**Transportation:** Sending districts provide door-to-door transportation.

**Fee:** Public schools pay a fixed tuition. Private pay is available at the same tuition rate as the public schools.

## **EASTER SEALS OF NJ**

### **CAREER PATHWAY CONNECTIONS**

241 Forsgate Drive, Suite 200  
Jamesburg, NJ 08831

**Telephone:** (908) 852-3896

**Fax:** (908) 852-9263

**Website:** [www.easterseals.com/nj](http://www.easterseals.com/nj)

**Hours:** 9:00 a.m. - 4:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Agencies, word of mouth, former campers, and service clubs are the usual sources of referrals. Serves physically and multiple challenged individuals ages 5 to 95. At any one time, 80 campers can be served, and the agency maintains a waiting list.

**Services Provided:** Program provides 6 and 12-day camping experiences in a residential setting. Individuals with cerebral palsy, spina bifida, muscular dystrophy, multiple sclerosis, multiple challenged, autism, and accident victims seem to benefit most. Also provides the travel program.

**Transportation:** None.

**Fee:** Fees vary. Please call the Camp for more information.

## **EASTER SEALS**

### **SOMERSET BEHAVIORAL HEALTH SERVICES**

25 Kennedy Boulevard, Suite 600  
East Brunswick, NJ 08816

**Telephone:** (732) 257-6662

**Fax:** (732) 257-7373

**Website:** [www.easterseals.com/nj](http://www.easterseals.com/nj)

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)

**Referral Process:** Contact agency and referral form will be faxed, emailed, or mailed to the individual making the referral. Usual sources of referrals are DCP&P, Richard Hall Community Health and Wellness Center, Somerset Robert Wood Johnson Medical Center, Carrier Foundation, Lyons VA Hospital, State Psychiatric Hospital, or self-referral.

**Residential Referrals:** (973) 313-0976 (phone)  
(973) 313-2479 (fax)

**Case Management:** This is a voluntary service that employs case managers to work with adults (18 and over) diagnosed with mental illness. Our staff communicates with all those important to an individual's care; including family, mental and physical health care providers, and a variety of community-based programs. Case managers work to develop a plan of care that supports an individual's goals and preferences. Through case management, we teach participants the skills required to achieve their goals and stay consistent with their treatment. We do not provide 24-hour crisis support and typical length of stay is 12 months.

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## EASTER SEALS - SOMERSET BEHAVIORAL HEALTH SERVICES (CONTINUED)

Through **Integrated Case Management Services** we:

- **Assess** – We work through with the individual to identify the condition/needs, abilities, goals, and preferences of the individual.
- **Plan** – After the assessment, we develop a care plan that defines the strategies and next steps toward achieving the desired outcomes with the ultimate goal of helping individuals take control of their care.
- **Support** – A case manager aligns all the moving parts of the care plan and puts them into action along with the individual served. This could include connecting them to mental and physical health programs, vocational services, financial assistance, housing programs, etc.
- **Evaluate** – We work with the individual to identify what's working, what's not working, and what needs to be changed.
- **Promote** – By encouraging the individual served to take control of their care, we boost their confidence and ultimately their independence.

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## EASTER SEALS - SOMERSET BEHAVIORAL HEALTH SERVICES (CONTINUED)

**ICMS Referrals:** (908) 689-6660 (phone)  
(908) 689-8241 (fax)

**Supportive Housing:** To provide mental health rehabilitation services and supports necessary to assist the consumer in achieving rehabilitative and recovery goals over a long period of time in a safe environment, as identified in an Individualized Rehabilitation Plan (IRP), including:

- Achieving and maintaining valued life roles in the social, employment, educational, and housing domains;
- Restoring or developing his/her level of functioning to a level allowing the consumer to achieve community integration and to remain in an independent living setting of his/her choice;
- Learning skills to facilitate sustaining wellness and recovery beyond enrollment in the program; and
- Developing desired skills identified in the Preliminary or Individualized Rehabilitation Plan.

**Supportive Housing Referrals:** (973) 406-2162 (Phone)  
(973) 852-2255 (Fax)

**Population served:** Residential - Persons age 18 or older diagnosed with a severe and persistent mental illness. ICMS - Persons age 18 or older diagnosed with a severe and persistent mental illness.

*\*Applicants for all three programs must be Somerset County residents.*

**Transportation:** Provides some transportation or will assist with linkage to transportation resources.

**Fee:** Residential - Program fee is ½ of total monthly income. ICMS - No fee.

## **EDUCATION LAW CENTER**

60 Park Place, Suite 300  
Newark, NJ 07102

**Telephone:** (973) 624-1815 ext. 300

**Fax:** (973) 624-7339

**Website:** [www.edlawcenter.org](http://www.edlawcenter.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Languages:** English and Spanish

**Referral Process:** Parents, guardians, or caretakers of public school students may call ELC's intake line for assistance. ELC serves low-income residents of New Jersey who seek legal assistance related to public education at the preschool, primary, and secondary school levels.

**Services Provided:** ELS is a non-profit law firm that specializes in issues related to public education, assisting parents in asserting their children's rights to an appropriate education. ELC provides resources, advice, referrals, and, in a limited number of cases, direct representation. Under our current intake guidelines, ELC considers Somerset County cases for representation only when parents reside in one of the following school districts: Bound Brook; Franklin; Manville; North Plainfield; Somerville; and South Bound Brook.

**Transportation:** Transportation is not provided. Center is easily accessible by public transportation. Do not visit the office in-person without an appointment.

**Fee:** None.

## **EMPOWER SOMERSET**

50 Division Street, Suite 302  
Somerville, NJ 08876

**Telephone:** (908) 722-4900

**Fax:** (908) 526-7564

**Website:** [www.empowersomerset.com](http://www.empowersomerset.com)

**Hours:** 9:00 a.m. - 4:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** No referral is required.

**Services Provided:** EmPoWER Somerset's mission is to empower individuals and families to make positive lifestyle choices by promoting healthy, drug-free communities through education, collaboration and connections to resources.

The organization delivers evidence-based prevention education programs through the life-span from preschool to retirement and coordinates collaborative partnerships to implement environmental strategies through public health education, awareness, and policy change to prevent substance abuse and related problems.

Examples of prevention strategies and trainings offered by EmPoWER Somerset are: Lifelines, a comprehensive suicide prevention and response program for school districts, Mental Health First Aid for youth, adults, and veterans, Screening Brief Intervention Referral to Treatment (SBIRT), WISE for veterans, Strengthening Families, and Teen Speak for parents and caregivers.

EmPoWER Somerset is also the parent organization of the Pioneer Family Success Center, a community gathering place that connects families to helpful resources and brings families together through free events & local activities.

**Transportation:** None.

**Fee:** No charge for grant-funded programs and services.

## **EPILEPSY SERVICES OF NEW JERSEY**

### **FAMILY RESOURCE NETWORK**

50 Millstone Road  
Building 300, Suite 201  
East Windsor, NJ 08520

**Other Locations:** Services Statewide

**Telephone:** (800) 372-6510

**Website:** [www.familyresourcenetwork.org](http://www.familyresourcenetwork.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Self-referral, community agency referrals, Department of Children & Families, Division of Developmental Disabilities, Division of Vocational Rehabilitation Services, Commission for the Blind and Visually Impaired, physicians, and school referrals are the usual sources. The agency serves people with disabilities and chronic conditions and their families. It also serves schools, civic and community organizations, and companies willing to learn more about people with disabilities.

**Services Provided:** A comprehensive array of individual and family supports are available in the areas of advocacy, education and training, behavioral, employment, health, and support services. Programs include: information and referral, emergency medication program, day and overnight respite care, recreational groups, behavioral services, resource database, supported employment, social security benefits counseling, public and professional Epilepsy education programs, and a variety of newsletters, directories, and guardianship assistance.

**Transportation:** None.

**Fee:** Varies by service and funding sources.

## **FAMILY AND COMMUNITY SERVICES OF SOMERSET COUNTY**

### **INDIVIDUAL AND FAMILY MENTAL HEALTH AND ADDICTION SERVICES**

339 West Second Street  
Bound Brook, NJ 08805

**Telephone:** (732) 356-1082

**Website:** [www.fcssomerset.org](http://www.fcssomerset.org)

**Hours:** 9:00 a.m. - 6:00 p.m. (Monday - Thursday)  
9:00 a.m. - 5:00 p.m. (Friday)

*Telehealth appointments may be available for day and time not reflected here.*

**Languages:** English

**Referral Process:** Call Family and Community Services of Somerset County at (732) 356-1082 and ask to speak to an intake person or counselor. Basic information is taken and the next step in the procedure will be provided. Referral sources include: clients/friends/family, Somerset County Probation, county court, various school systems, DCP&P, Board of Social Services, and various other social service agencies.

**Services Provided:** Individual, couples, family and group counseling addressing various mental health issues, substance abuse, behavioral and relationship issues. Spanish speaking therapists are available. Psychiatrist and/or APN are available for clients receiving counseling services.

**Transportation:** None.

**Fee:** Services may be provided on a sliding scale fee based on income and size of family. Medicaid, Medicare and other insurances accepted.

## **FAMILY CRISIS INTERVENTION UNIT (FCIU)**

27 Warren Street  
Somerville, NJ 08876

### **Mailing Address:**

P.O. Box 3000  
Somerville, NJ 08876

**Telephone:** (908) 704-6330

**Fax:** (908) 253-0180

**Hours:** 8:30 a.m. - 8:00 p.m. (Monday - Thursday)  
8:30 a.m. - 4:30 p.m. (Friday)

***\*After-hours crisis phone number: 908-704-6330, option 2.***

**Languages:** English and Spanish. Language line available.

**Referral Process:** The FCIU can receive referrals from any source. Intakes can be taken by telephone, fax, mail, or in person.

**Services Provided:** The FCIU serves children and their families who are in crisis because of youth/family conflicts, runaway behavior, school truancy or human trafficking of youth. The unit provides immediate intervention, assessment, and counseling to stabilize the crisis and prevent the need for court involvement. Staff is available 24 hours a day, 7 days a week. Also provide risk assessments for the Superior Court in cases of domestic violence.

**Specialized Services:** Ability to access Family Court to seek short-term placements and other court intervention as specified by New Jersey Statute, when all options to resolve a crisis have been exhausted and such services are deemed necessary to stabilize a crisis and/or ensure the child's safety in the home.

**Transportation:** Ability to provide off-site services as indicated.

**Fee:** No fee is charged for crisis stabilization and court intervention. Ongoing family counseling is offered at a sliding scale rate.

## **FAMILY FINANCIAL STABILIZATION PROGRAM/ INTENSIVE CASE MANAGEMENT CATHOLIC CHARITIES**

540 Route 22 East  
Bridgewater, NJ 08807

### **Other Locations:**

Services are also provided at the County's Board of Social Service Offices in North Plainfield, Somerville and Franklin Township.

**Telephone:** (908) 722-1881

**Fax:** (908) 704-0215

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)  
*\*Evening by appointment only.*

**Languages:** English

**Referral Process:** Referrals are made by the Board of Social Services, local welfare, homeless shelters, DCP&P, and other social service agencies, as well as the business community. Clients must reside in Somerset County. Clients may call to schedule an intake interview.

**Services Provided:** The program provides limited emergency assistance with rent/mortgage or utilities when funds are available. Another component of the program provides case management services to individuals and families referred from the Board of Social Services to assist with locating affordable housing.

**Transportation:** Home visits are made but transportation is not provided.

**Fee:** None.

## **FAMILY SUPPORT ORGANIZATION**

315 West Washington Avenue  
P.O. Box 11 Suite 3  
Washington, NJ 07882

**Telephone:** (908) 223-1191

**Fax:** (908) 223-1639

**Website:** [www.fso-hsw.org](http://www.fso-hsw.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Languages:** English and Spanish.

**Referral Process:** Referrals are directly from PerformCare. Warm-line calls are from the community searching for direction.

**Services Provided:** Support, education and advocacy to families who have children struggling with emotional, behavioral and/or mental health challenges. Youth partnership (ages 13 to 20), support groups, warm line and educational workshops on topics in mental health, developmental disabilities and substance abuse

**Transportation:** Not provided.

**Fee:** None.

## **FIRST STEP COUNSELING OF RARITAN VALLEY**

191 Church Road  
Bridgewater, NJ 08807

**Telephone:** (908) 219-6242

**Website:** [www.firststepcounselingnj.com](http://www.firststepcounselingnj.com)

**Languages:** English

**Referral Process:** Referred by Administrator following intake interview.

**Services Provided:** Mental health counseling.

**Transportation:** None.

**Fee:** \$20.00

## **FOOD BANK NETWORK**

7E Easy Street  
Middlebrook Crossroads Industrial Park  
Bound Brook, NJ 08805

### **Mailing Address:**

P. O. Box 149  
Bound Brook, NJ 08805

**Telephone:** (732) 560-1813

**Hours:** 9:00 a.m. - 2:30 p.m. (Monday - Friday)

**Languages:** English

### **Referral Process: Somerset County Residents Welcome**

Phone calls from any social service agencies, individuals needing assistance, families and walk-ins. Recipients must fill out an application, provide ID and a piece of mail sent to their home address.

**Services Provided:** The major programs of the Food Bank include the Food Assistance Program, the Backpack Program, Prescription Assistance Program, Vision Assistance Program, and Emergency Relief Program. The Food Bank Network of Somerset County serves unemployed and underemployed residents (families, children, individuals), seniors on fixed or inadequate incomes, disabled residents on fixed or inadequate incomes, veterans, and homeless.

**Transportation:** None.

**Fee:** None.

## **FOOD BANK ASSISTANCE**

### **Feeding Hands, Inc.**

(Main Pantry)

1480 US Highway 22 East

Bridgewater, NJ 08807

**Telephone:** (908) 397-6452

**Hours:** 9:00 a.m. - 12:00 p.m. (Saturday)

**Website:** [www.feedinghandspantry.org](http://www.feedinghandspantry.org)  
go to website to preregister – registration  
available in English and Spanish.

### **Feeding Hands, Inc.**

Emmanuel Baptist Church

(For Manville residents only)

34 South Third Avenue

Manville, NJ 08835

**Telephone:** (908) 725-4522

**Hours:** 4th Saturday of each month 9:00 a.m. - 12:00 p.m.

### **Hillsborough Community Assistance Network**

(For Hillsborough residents only)

379 South Branch Road

Hillsborough, NJ 08844

**Telephone:** (908) 369-3880

**Website:** [www.hillsborough-nj.org/social-services-page-list/291-community-assistance-network](http://www.hillsborough-nj.org/social-services-page-list/291-community-assistance-network)

**Hours:** 8:00 a.m. – 4:30 p.m. (Monday – Friday)

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**FOOD BANK ASSISTANCE  
(CONTINUED)**

**Raritan Food Pantry**

(For Raritan Borough residents only)  
28 Thompson Street  
Raritan, NJ 08869

**Telephone:** (908) 824-5003

**Reformed Church of Bound Brook Food Pantry**

113 Clinton Street  
South Bound Brook, NJ 08880

**Telephone:** (732) 356-9345

**Hours:** 3:00 p.m. - 6:00 p.m. (Thursdays)

**Zarephath Christian Church Food Bank**

My Neighbors Ministries  
595 Weston Canal Road  
Somerset, NJ 08873

**Telephone:** (732) 356-2502

**Hours:** 10:00 a.m. - 1:00 p.m. (Mondays and Thursdays)  
10:00 a.m. - 12:00 p.m. (Saturdays)

## **FRANKLIN TOWNSHIP FOOD BANK**

224 Churchill Avenue  
P.O. Box 333  
Somerset, NJ 08875

**Telephone:** (732) 246-0009

**Website:** [www.franklinfoodbank.org](http://www.franklinfoodbank.org)

**Hours:** By Appointment Only

**Referral Process:** Self-referred to or referred to by any agency or organization. By calling the above-mentioned telephone number and selecting 110, callers will be directed to the inbox. Please leave a message with your name and telephone number and a staff member will call you back to schedule an appointment. All phone calls are returned during office hours. Unless an appointment is confirmed over the phone, there is not an appointment scheduled.

**Services Provided:** Emergency food is provided to residents of Franklin Twp. (Somerset County). Clients receive points to shop in the Food Bank Market every week and can redeem these points in whatever intervals they choose. There is no limit to how many times a client can visit the Food Bank Market. Clients must show proof of Franklin Twp. residency upon each visit.

USDA Commodities are available to qualified clients. See the "Get Help" page on the web site for details about the Franklin Food Bank and the Client Choice Program.

**Transportation:** None.

**Fee:** None.

## **FRANKLIN TOWNSHIP YOUTH CENTER**

429 Lewis Street  
Somerset, NJ 08873

**Telephone:** (732) 873-7292

**Website:** [www.franklintwp.org](http://www.franklintwp.org)

**Office Hours:** 8:30 a.m. - 4:30 p.m.

**Hours:** 2:30 p.m. - 9:00 p.m. (Monday - Saturday)

**Languages:** English

**Referral Process:** Youth can apply for membership at FranklinTwp.RecDesk.com or call the Franklin Township Youth Center for additional information.

**Services Provided:** Operating under the umbrella of the Recreation Department, the Franklin Township Youth Center addresses youth needs through programming and partnership with youth service organizations. Membership is available to Franklin Township youth grades 6 – 12.

The Center, which has a capacity of almost 900, contains a full-size gymnasium, maker spaces, video games, recording studio, fitness center and much more. A satellite branch of the Franklin Township Public Library is also located onsite along with additional educational resources.

**Transportation:** None.

**Fee:** None.

## **FREEDOM HOUSE – THE FAMILY AFTERWARD PROGRAM**

### **Administrative Office:**

2004 Rt. 31 North, Suite 9  
Clinton, NJ 08809

**Telephone:** (908) 617-5492 (Main Office)  
(908) 892-0750 (Program Coordinator's Cell)

**Fax:** (908) 617-5548

**Website:** [www.freedomhousenj.org](http://www.freedomhousenj.org)

**Hours (for referral):** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** By appointment only – call for screening.

**Services Provided:** The Family Afterward program provides Recovery Housing and case management services to women in recovery from alcoholism and/or drug addiction who are seeking reunification with their children. The Family Afterward serves women with co-occurring substance use and mental health disorders. Applicants must be willing to commit to the recovery and reunification process, be ready to obtain gainful employment (or attend school to improve skillset), and willing to submit to the goals of the program:

- Long-term recovery
- Family reunification
- Independent living

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## FREEDOM HOUSE – THE FAMILY AFTERWARD PROGRAM (CONTINUED)

The Family Afterward program teaches women to pursue economic independence through career guidance, assistance in securing employment, and financial budgeting. Government assistance programs are considered a short-term means of support on the path to self-sufficiency. Guidance in negotiating the child custody system is provided, and The Family Afterward staff advocate on behalf of families in court and in the community. The Family Afterward does not provide substance abuse treatment services, however referrals are made to community programs as appropriate; all clients transferring from residential treatment are referred to outpatient/aftercare services.

The Family Afterward Program operates a six-bed residence name Diane's House located in Trenton, Mercer County, New Jersey. This program serves primarily Mercer County residents, however through a private grant from IICF (Insurance Industry Charitable Foundation) The Family Afterward is currently able to serve referrals from any NJ County. The number of women served will vary depending on how many children are in the house. Lengths of stay will vary. It is projected that 8-12 women per year will be served at each residence.

Agencies providing substance use disorder treatment to women with children are this program's primary referral source. Referrals must have been through primary care treatment, preferably in a halfway house or long-term residential program, as women must be stabilized and able to function independently and care for their children.

**Transportation:** Staff may be available to pick up new admissions; transportation may be provided to court, medical and other appointments. Residents have access to public transportation (bus stop in front on the residence).

**Fee:** None.

## **FRIENDSHIP CENTER OF NEW BEGINNINGS**

162 Main Street  
Flemington, NJ 08822

**Telephone:** (908) 806-4444

**Website:** [www.friendship-center.org](http://www.friendship-center.org)

**Hours:** 10:00 a.m. - 3:00 p.m (Monday - Friday)

**Languages:** English

**Referral Process:** Anyone can refer.

**Services Provided:** The Program provides resources and caring confidential peer counseling for those facing unplanned pregnancies, strengthening marriage, and parenting skills.

**Transportation:** None.

**Fee:** All services are free.

## **FUTURE PROJECT**

672 U.S. 202 Building 3 Suite 106  
Bridgewater, New Jersey, 08807, United States

**Telephone:** (844) 687-5397

**Fax:** (908) 393-9959

**Email:** [info@futureproject1999.com](mailto:info@futureproject1999.com)

**Website:** [www.friendship-center.org](http://www.friendship-center.org)

**Hours:** 10:00 a.m. - 3:00 p.m (Monday - Friday)

**Languages:** English

**Referral Process:** 844-687-5397/ [futureprojectintake@gmail.com](mailto:futureprojectintake@gmail.com)

**Services Provided:** Outpatient (Bridgewater, NJ) Telehealth & In-person & In-home services.

**Specialized Services:** Adult Day Care Program for adults 21+

**Transportation:** None.

**Fee:** Medicaid (all insurance), Horizon NJ Health (private), United Health Care (private) cash paying

**GENPSYCH**

981 Route 22 West  
Bridgewater, NJ 08807

**Telephone:** (855) 436-7792

**Fax:** (855) 251-7222

**Email:** [info@genpsych.com](mailto:info@genpsych.com)

**Website:** [www.GenPsych.com](http://www.GenPsych.com)

**Hours:** 8:00 a.m. - 8:00 p.m. (Monday - Thursday)  
8:00 a.m. - 5:00 p.m. (Friday)

**Languages:** English

**Referral Process:** Call (855) 436-7792

**Services Provided:** GenPsych is an outpatient facility that provides Partial Care and Intensive Outpatient Programs for children, adolescents, and adults offering progressive behavioral health services. GenPsych's mission is to provide individuals in the community with effective and efficient Mental Health, Co-Occurring, and Substance Abuse treatment in a comfortable, safe, and supportive environment. Specialized programs include Eating Disorder, Anxiety/Trauma, and Dialectical Behavioral Therapy. We are dedicated to helping our clients and their families restore and maintain emotional and mental health outside of a hospital setting. Clients can be evaluated within 24 hours.

**Transportation:** Transportation is provided on an as-needed basis.

**Fee:** GenPsych accepts all private insurances.

## **GIRL SCOUTS - HEART OF NEW JERSEY**

1171 Route 28  
North Branch, NJ 08876

**Telephone:** (908) 518-4400

**Fax:** (908) 725-4933

**Email:** [info@gshnj.org](mailto:info@gshnj.org)

**Website:** [www.gshnj.org](http://www.gshnj.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Thursday)  
9:00 a.m. - 3:00 p.m. (Friday) (except July-August)  
9:00 a.m. - 1:00 p.m. (Friday) (July-August)

**Languages:** English. Spanish speaking staff are available.

**Referral Process:** Girls or adults interested in becoming members should contact the Council office or go to the website above. Your local council representative passes on this information to the appropriate Girl Scout volunteer in the community. Membership is open to all girls ages 5 to 17, in kindergarten-12th grade, and all adults that want to volunteer for various positions throughout Essex, Hudson, Hunterdon, Somerset, Union, southern Warren, and parts of Middlesex counties.

**Services Provided:** The Girl Scout program is an informal educational program where girls have fun as they gain leadership skills, confidence, and a feeling of accomplishment. Our leadership program is designed to help a girl discover who she is, what she can do, and connects her with a powerful community of girls and mentors to make it happen. With unique opportunities, Girl Scouts explore, learn, succeed and take action to make a difference in their community. Activities include community service, day and overnight trips, career exploration, participation in national and international programs, arts and crafts, science exploration, cookie selling, outdoors and other fun girl-planned activities. All adult volunteers must be registered members and complete a

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## GIRL SCOUTS - HEART OF NEW JERSEY (CONTINUED)

background check through GSHNJ. Training for adult volunteer positions is offered.

GSHNJ also owns and operates three camps- two-day camps- The OVAL, in Maplewood, NJ and Camp DeWitt, in Hillsborough, NJ and one overnight camp- Camp Hoover in Middleville, NJ.

**Transportation:** Carpools are arranged by individual troops for transportation to and from Girl Scout events. Bus transportation to and from summer day camp is included in the fee.

**Fee:** \$40.00 membership fee for girls and \$25 membership fee for adult volunteers plus nominal troop dues. Girl Scouts Heart of New Jersey maintains a scholarship fund to aid girls and adult volunteers with membership and uniform fees as well as camperships for summer camp.

## **GREATER RARITAN ONE-STOP CAREER TRAINING SERVICES CENTER**

Somerville Location:  
27 Warren Street, 2<sup>nd</sup> Floor  
Somerville NJ 08876

**Telephone:** (908) 541-5780  
**Fax:** (908) 575-3958  
**Email:** onestop@somersetcountynj.gov

Flemingotn Location:  
8 Bartles Corner Road  
Flemington, NJ 08822

**Telephone:** (908) 237-0016  
**Fax:** (908) 704-1629  
**Email:** info@thegrwdb.org  
**Website:** www.thegrwbd.org  
**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)  
**Languages:** English

**Referral Process:** Individuals and community agencies can call or e-mail to request services.

**Services Provided:** Individual career and vocational guidance; aptitude, interest and skill based assessments to guide career exploration; a resource area with free access to computers, phone, fax and copiers; free job-seeker workshops that provide tools and skills needed to land a job; literacy services for those in need of adult basic education, high school equivalency, English as a second language and fundamental computer skills; training grants that serve to upgrade skills and increase job seekers' marketability; on-the-job-training grants; recruitment events that bring together job seekers and employers; specialized services for veterans, youth, 55+, ex-offenders, public assistance recipients and those living with a disability; free labor market resources and information.

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## GREATER RARITAN ONE STOP CAREER TRAINING CENTER (CONTINUED)

**Specialized Services:** The Youth Employment Services (YES) program serves residents of Hunterdon and Somerset Counties between the ages of 16-24 who are out of school (drop out or high school graduate and not enrolled in post-secondary education) and have one of the following barriers: disability (includes physical, mental health diagnosis, substance use history or learning disability); pregnant or parenting; runaway, homeless or in foster care; or juvenile or criminal justice involved. Through the YES program youth are connected with a Youth Career Navigator and are offered GED tutoring and instruction, job search assistance, paid work readiness and career sampling and funding to attend training in in-demand occupational fields. All programming is paid for by a grant from the US Department of Labor and New Jersey Department of Labor. There is no cost to participants for services

**Transportation:** The Somerville office is accessible via car and is located in walking distance of the Somerville train station, the New Jersey Transit bus stop and local Somerset County transportation. The Flemington office is accessible via car and is located on the Link bus route.

**Fee:** None. All services are free and funded by the Workforce Innovation and Act (WIOA) provided through the New Jersey Department of Labor and the United States Department of Labor. Some services require eligibility criteria to be met in order to maintain compliance with the WIOA legislation.

## **GREATER RARITAN WORKFORCE DEVELOPMENT BOARD**

27 Warren Street, 3<sup>rd</sup> Floor  
Somerville NJ 08876

**Telephone:** (908) 541-5790

**Fax:** (908) 541-5753

**Email:** [info@thegrwdb.org](mailto:info@thegrwdb.org)

**Website:** [www.thegrwdb.org](http://www.thegrwdb.org)  
(also on Facebook and LinkedIn)

**Hours:** 8:30 a.m. - 5:30 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** People can call and email us and state and local workforce system partners connect to us and vice-a-versa.

**Services Provided:** The Greater Raritan Workforce Development Board (GRWDB) works to ensure that workforce education and training investments help meet the talent needs of employers and the career goals of job seekers in Hunterdon and Somerset Counties. The GRWDB is directly responsible for oversight of Greater Raritan One-Stop Career Center and Greater Raritan Career Services, a provider of re-employment education and training resources to individuals.

The GRWDB is comprised of volunteer business, education, labor, economic development, and community leaders who analyze local workforce conditions, oversee the use of federal funds, and set workforce investment policy. The full board meetings are quarterly, at a minimum, and is supported by four subcommittees open to the public: Disabilities, Literacy, Operations and Youth.

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## GREATER RARITAN WORKFORCE DEVELOPMENT BOARD (CONTINUED)

The GRWDB also offers direct programming, including: SkillUp Greater Raritan individual and badge training; the Greater Raritan Resume Portal; a Summer Youth Employment Program for youth in the two counties between the ages of 16 and 24; Pathways to Recovery, offering career services and training for individuals impacted directly or indirectly by the opioid epidemic; and On-the-Job Training and Incumbent Worker Training programs that can be used by employers in the two counties.

If you are an individual in need of job search assistance or employment related training, contact the Greater Raritan One-Stop Career Centers at [onestop@co.somerset.nj.us](mailto:onestop@co.somerset.nj.us).

**Transportation:** None.

**Fee:** All services are grant-funded and free to access by residents and employers.

## **GREATER SOMERSET COUNTY YMCA**

140 Mt. Airy Road  
Basking Ridge, NJ 07920

**Telephone:** (908) 493-5805

**Website:** <https://www.gscymca.org>

**Languages:** English

### **BRANCHES:**

#### **◇ BRIDGEWATER YMCA**

601 Garretson Road  
Bridgewater, NJ 08807

**Telephone:** (908) 526-0688

**Hours:** 5:00 a.m. - 10:00 p.m. (Monday - Friday)

#### **◇ FRANKLIN TWP YMCA**

2301 Route 27, Building 201  
Somerset, NJ 08873

**Telephone:** (908) 369-0490

**Hours:** 10:00 a.m. - 2:00 p.m. (Monday)  
10:00 a.m. - 2:00 p.m. (Wednesday - Friday)

**Before School Care:** 7:00 a.m. - school start (Monday - Friday)

**After School Care:** School dismissal - 6:00 p.m. (Monday - Friday)

#### **◇ HILLSBOROUGH YMCA**

19 East Mountain Road  
Hillsborough, NJ 08844

**Telephone:** (908) 369-0490

**Hours:** 5:00 a.m. - 10:00 p.m. (Monday - Friday)  
6:30 a.m. - 8:00 p.m. (Saturday)  
7:00 a.m. - 6:00 p.m. (Sunday)

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◇ **PLAINFIELD YMCA**

1030 Central Avenue  
Plainfield, NJ 07060

**Telephone:** (908) 766-5770

**Hours:** 5:00 a.m. - 5:00 p.m. (Monday - Friday)

◇ **PRINCETON YMCA**

59 Paul Robeson Place  
Princeton, NJ 08540

**Telephone:** (609) 497-9622

**Hours:** 6:00 a.m. - 10:00 p.m. (Monday - Friday)

7:00 a.m. - 7:00 p.m. (Saturday)

8:00 a.m. - 4:00 p.m. (Sunday)

◇ **SOMERSET HILLS YMCA**

140 Mount Airy Road  
Basking Ridge, NJ 07920

**Telephone:** (908) 766-7898

**Hours:** 5:00 a.m. - 10:00 p.m. (Monday - Friday)

6:00 a.m. - 8:00 p.m. (Saturday)

7:00 a.m. - 6:00 p.m. (Sunday)

◇ **SOMERVILLE YMCA**

2 Green Street  
Somerville, NJ 08876

**Telephone:** (908) 722-4567

**Hours:** 5:00 a.m. - 10:00 p.m. (Monday - Friday)

6:00 a.m. - 8:00 p.m. (Saturday)

6:00 a.m. - 6:00 p.m. (Sunday)

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## GREATER SOMERSET COUNTY YMCA (CONTINUED)

**Referral Process:** The YMCA serves infants through senior citizens primarily residing in the surrounding area who find the facilities convenient. Other sources of referrals are schools, recreation departments, church groups, and other town and county groups. Financial assistance is available.

**Services Provided:** The YMCA provides activities for health enhancement, skill development, and family enrichment including day care, summer day camp, after school program, pool, gymnasium, classroom, and outdoor activities for infants through senior citizens. Programs such as Saturdays in Motion provides monthly activities for autistic children and their families. A wide range of programs are designed to address the mind, body, and spirit.

**Transportation:** None.

**Fee:** Individual programs have a separate fee that varies. Financial assistance is available.

**Membership Fee:** Per year membership fees apply, please call for each branch's rates.

## GREEN BROOK ACADEMY

### MAILING ADDRESS:

P.O. Box 947  
Bound Brook, NJ 08805

### GB1 – GYM

324 Talmadge Avenue  
Bound Brook, NJ 08805

### GB3

126 Vosseller Avenue  
Bound Brook, NJ 08805

### GB2

151 Vosseller Avenue  
Bound Brook, NJ 08805

### GB4 – ADMIN OFFICE

152 Vosseller Avenue  
Bound Brook, NJ 08805

**Telephone:** (732) 469-8677

**Fax:** (732) 469-0035

**Hours:**       **Office:** 7:30 a.m. - 4:00 p.m. (Monday - Friday)  
                      **School:** 8:30 a.m. - 2:00 p.m. (Monday - Friday)

**Languages:** English; Spanish translation for families available.

**Referral Process:** Students are referred by the Department of Special Services/Child Study Teams in their home school district.

The home school district sends the student's evaluations/IEP and other pertinent information to our administrative/intake team. After we review the student's record, if appropriate, a personal interview will be arranged with the student, his or her parent or guardian and the Child Study Team member(s).

Based on the personal interview and student records, it will be determined if Green Brook Academy meets the needs of the applicant. All information is kept strictly confidential, and the privacy of the students and family is respected.

Green Brook Academy serves the greater central New Jersey area, including Somerset, Middlesex, Monmouth, Hudson, Hunterdon, Union, Morris, and Essex Counties.

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## GREEN BROOK ACADEMY (CONTINUED)

**Services Provided:** The mission is to provide a safe and therapeutic learning community for students eligible for special education and related services as the result of emotional/ behavioral disorders impacting daily life functioning. The therapeutic educational program is designed to assist each student achieve their academic and emotional potential. All students can achieve success through the specially designed comprehensive and individualized therapeutic educational program. All students receive counseling and other related services as required by their IEP, as well as crisis services as needed. The professional staff is certified and well trained to work with the special population. Extended school year is an option.

**Transportation:** Provided by the sending school district.

**Fee:** Tuition is paid by sending school district.

## GUIDED LIFE STRUCTURES

286 East Main Street  
Somerville, NJ 08876

**Telephone:** (908) 704-0011

**Fax:** (908) 704-0911

**Website:** [www.guidedlifestructures.com](http://www.guidedlifestructures.com)

**Hours:** 12:00 p.m. - 8:00 p.m. (Monday – Thursday)  
9:30 a.m. - 11:30 a.m. (Saturday)

**Languages:** English

**Referral Process:** Referrals may be from self, courts, probation, doctors, lawyers, rehabilitation centers, DCP&P, hospitals, welfare, youth shelters, or any other social service agencies. Clients or professionals should call the program for an appointment. There are no prerequisites for admissions.

**Services Provided:** Guided Life Structures (GSL) provides individual, group, and family counseling. An early intervention and education program is offered, - level I outpatient and intensive outpatient Level II (from 9 to 12 hours). Mental Health services are offered to GLS participants. The program serves adolescents, adults, and families, treatment is supported with urine monitoring and psychological profiles.

**Specialized Services Offered:** The program deals primarily with substance abuse, mental health issues, and provide services to families who suffer from addiction. Vivitrol is offered for IOP-OP participants.

**Transportation:** No transportation is provided by Guided Life Structures; however, arrangements can made with Logistic Care or New Jersey Transit which is accessible by bus or train.

**Fee:** A sliding fee scale is offered and GLS works with most medical insurance plans on an out-of-network benefit basis.

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## **HACKENSACK MERIDIAN HEALTH CARRIER CLINIC**

252 Route 601  
Belle Mead, NJ 08502

**Telephone:** (800) 933-3579

**Website:** [www.carrierclinic.org](http://www.carrierclinic.org)

**Hours:** 24 hours a day / 7 days a week

**Languages:** English

**Referral Process:** All referrals, including self-referrals, should be made through HMH Carrier Clinic's Access Center. All prospective patients must receive an initial evaluation, scheduled by the Access Center.

**Services Provided:** HMH Carrier Clinic provides psychiatric and co-occurring inpatient treatment for Adolescents (12 – 18), Adults, and Older Adults. Adult Addiction services and Electroconvulsive Therapy (ECT) are offered on both an inpatient and outpatient basis.

The East Mountain School provides special education services to students in grade 7-12 who are classified with emotional or behavioral challenges. The school is situated on the Belle Mead campus. Sending school districts provide transportation to the school.

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## HACKENSACK MERIDIAN HEALTH CARRIER CLINIC (CONTINUED)

**Services Provided:** The East Mountain Youth Lodge is a co-educational, residential treatment program providing comprehensive 24-hour clinical, therapeutic and educational treatment for adolescents ages 13 to 18 with psychiatric, behavioral, emotional and/or substance abuse difficulties. All programs are contracted with NJ's Department of Children and Families (DCF) and represent varying levels of intensity of services as defined by the New Jersey system of care.

**Transportation:** N/A.

**Fee:** HMM Carrier Clinic participates with most insurance plans, Medicare, and Medicaid. Medicaid is not accepted for addiction services. Tuition for the school is paid for by the sending district.

## HAMPTON BEHAVIORAL HEALTH CENTER

650 Rancocas Road  
Westampton Twp., NJ 08060

**Telephone:** (800) 603-6767

**Fax:** (609) 518-2210

**Website:** [www.hamptonhospital.com](http://www.hamptonhospital.com)

**Hours:** 24 hours a day / 7 days a week

**Languages:** English

**Referral Process:** Access Center is available 24/7 at (800) 603-6767. Immediate appointments are available.

**Services Provided:** Hampton Behavioral Health Center offers a full continuum of care, including intensive outpatient and partial hospitalization in our outpatient department and inpatient services for adolescents (ages 12 and up), adults and older adults with mental health and substance use issues. Hampton's main campus, located in Westampton Township, Burlington County, includes a 120-bed hospital and outpatient counseling center. In addition, Hampton Counseling Centers are also located in Cherry Hill, Camden County, NJ, and Hamilton Township, Mercer County, NJ.

**Specialized Services** Specialized services include Electro-Convulsive Therapy, Military Treatment Programs, HEROES (Helping Early Responders Overcome Extreme Stressors) and the MOSAIC (Motivating Our Seniors and Inspiring Change) program. In addition, just a few miles away from the main campus is Hampton Academy, a private day school approved by the New Jersey Department of Education for grades 1 – 12 where youth with emotional challenges are guided to maximize their potential.

**Transportation:** Transportation is provided within local communities.

**Fee:** Private Insurance, Tricare, Medicare and Medicaid.

## **HOME DETENTION PROGRAM (HDP) AND ADVANCED HOUSE ARREST (AHA)**

### **OFFICE OF YOUTH JUSTICE**

27 Warren Street  
Somerville, NJ 08876

### **Mailing Address:**

P. O. Box 3000  
Somerville, NJ 08876

**Telephone:** (908) 704-6326

**Fax:** (908) 253-0180

**Email:** [youthjustice@somersecountynj.gov](mailto:youthjustice@somersecountynj.gov)

**Hours:** 8:30 a.m. - 4:30 p.m.  
On-call coverage 24 hours a day / 7 days a week

**Languages:** English

**Referral Process:** The Superior Court - Family Part may refer court-involved youth in need of supervision to either the Home Detention or Advanced House Arrest programs. Somerset County youth between the ages of 12 to 18 who are in detention or who are in jeopardy of being placed in detention are eligible for the programs. Youths charged with 1st and 2nd degree offenses may be excluded from program participation.

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## HOME DETENTION PROGRAM (HDP) AND ADVANCED HOUSE ARREST (AHA) (CONTINUED)

**Services Provided:** The **Home Detention Program** provides intensive case management, electronic monitoring, and regular face-to-face contact for youths who would otherwise be placed in secure confinement. Youth and their parents(s) /guardian(s) are required to sign a Program Agreement in addition to a Case Plan created by the Youth Case Manager. By signing these documents, these youth agree to attend all required school programs, counseling, employment, and probation meetings. Failure to abide by the Contract and Case Plan may result in a youth placement in the youth detention center. Youth may be placed on the Home Detention program on a pre-or post-dispositional basis.

The **Advanced House Arrest** program provides Biometric Voice Recognition monitoring (24/7 random phone verifications, during periods when youth are expected to be in the home) for youth with pending matters in Superior Court. Youth and their parent(s)/guardian(s) are required to sign a Program Agreement to ensure commitment to the program rules and conditions. Failure to abide by the Program Agreement may result in a youth being stepped up to Home Detention, or placement in the youth detention center.

**Specialized Services:** N/A

**Transportation:** Transportation is not provided. However, the Youth Case Manager will meet with the youth and family in their home and at other local sites so that the program may be put into place. The Youth Case Manager works with families without transportation to assist them in finding ways to get to all scheduled appointments and meetings.

**Fee:** None.

## HOME OF SOMERSET COUNTY, INC.

98 West End Avenue  
Somerville, New Jersey 08876

**Telephone:** (908) 704-1920

**Fax:** (908) 864-0967

**Website:** [sclsnj.org](http://sclsnj.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** None.

**Services Provided:** Continuum of care for at-risk families. From emergency shelter through our housing-based programs, professional services are supplemented by a large community support network. Professional staff and volunteers provide basic services in a supportive and respectful way that stresses human dignity and empowerment.

**Specialized Services:** Emergency Shelter – Provides temporary housing, meals, and basic needs through a network of houses of worship. Families receive case management, mental health support, and financial counseling to work toward self-sufficiency.

Sunrise House – A transitional home where families focus on financial stability, education, and employment while receiving case management and mental health support.

Phase 2 – Supports families transitioning to independent housing with continued case management, financial counseling, life skills education, and emergency assistance for up to 18 months.

Neighbors In Need – Prevents homelessness by offering case management, financial guidance, and access to community resources.

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**HOME OF SOMERSET COUNTY, INC.  
(CONTINUED)**

Sound Minds – Provides mental health counseling and crisis intervention, including support for domestic violence survivors.

Bound Brook Families For Success – Bilingual case management connecting immigrant families to resources for long-term stability.

**Transportation:** None.

**Fee:** Call (908) 704-1920.

## **HOMESHARING, INC.**

120 Finderne Avenue  
Bridgewater, NJ 08807

**Telephone:** (908) 526-4663

**Fax:** (908) 526-6342

**Email:** [homesharing@verizon.net](mailto:homesharing@verizon.net)

**Website:** [www.homesharing.org](http://www.homesharing.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Thursday)  
9:00 a.m. - 4:00 p.m. (Friday)  
Evening hours by appointment

**Languages:** English

**Referral Process:** New clients may call to get the application process started. Background and reference checks are conducted on all clients, and everyone must have a personal interview.

**Services Provided:** Assist people in finding affordable shared living arrangements. Assist people who have a spare bedroom in finding either someone to rent a room (and share common areas of home) or have reduced or free rent in exchange for services (cooking, cleaning, errands, etc.). Thanksgiving and Christmas baskets are provided to the program's needy participants.

**Transportation:** Transportation is not provided.

**Fee:** None – suggested donation only, not mandatory. Clients are responsible for paying their own rent.

**HONOR RIDGE ACADEMY**  
A NEW OUTLOOK. A NEW FUTURE.

**Campus Address:**

342 Madison Hill Road  
Clark, NJ 07066

**Telephone:** (732) 827-5885

**Fax:** (732) 827-5456

**Mailing Address and Business Office:**

170 Changebridge Road  
Montville, NJ 07045

**Telephone:** (973) 784-4787

**Fax:** (973) 784-4788

**Email:** [info@honorridge.org](mailto:info@honorridge.org)

**Website:** [www.honorridge.org](http://www.honorridge.org)

**Hours:** 8:30 a.m. - 3:00 p.m. (school hours)

**Languages:** English

**Referral Process:** Students are referred to our school by their case managers from their School Districts. Our population includes students between the ages of 5 and 21. We accept children with a variety of behavioral and learning disabilities. These may include but are not limited to ADD/ADHD, Multiple disabilities, Autism Spectrum Disorder, Behavior/Emotionally Disturbed, Intellectual/Cognitive Disabilities, LD/Dyslexia, and Psychiatric/Mood Disorders.

Intake packets must include a social history, psychological and learning evaluation, an Individual Educational Plan, and psychiatric evaluation (if applicable).

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## HONOR RIDGE ACADEMY (CONTINUED)

**Program Description:** Honor Ridge Academy, established in 1971 is a Department of Education approved therapeutic, private day school for multiply disabled students ages 5 – 21. Our treatment program utilizes an integrated approach in which, students receive the necessary support to gain new skills, increase self-esteem, and learn acceptable ways of behaving emotionally and socially. The academic program adheres to the IEP and provides an intensive plan geared toward the student's functional level, behavior, and learning style. All students are seen weekly for individual psychological counseling sessions by licensed Clinical Social Workers and Professional Licensed Counselors. For those with language-based learning disabilities, the Orton-Gillingham approach is available. Additionally, we have Art, Drama, and Music classes, as well as, an inter-scholastic sports program and an approved Extended School Year Program.

**Services Provided:** Speech and Language Therapy, Occupational and Physical Therapy Individual Psychotherapy, School-based counseling and Group counseling, Nursing and Psychiatric/Medication Services including medication review and management (as needed).

**Additional Services include:** Learning Disabilities Teacher Consultant (LDT-C), Board Certified Behavioral Analyst (BCBA), Therapeutic Behavioral Management and ABA Planning, Crisis Intervention, Team Treatment Planning, and Family Therapy, if applicable.

**Transportation:** The sending school district provides the transportation.

**Fee:** The sending school districts pay for education tuition.

**HOPES CAP, INC.**  
**EARLY CHILDHOOD PROGRAMS**

**Two Locations in Somerset County:**

900 Hamilton Street  
Somerset, NJ 08873

113 Belmont Drive  
Somerset, NJ 08873

**Telephone:** (732) 568-5063 ext.1037

**Toll Free:** (855) OK-HOPES (855-654-6737)

**Email:** info@hopes.org

**Website:** www.hopes.org

**Hours:** 8:30 a.m. - 2:30 p.m.  
(Monday - Friday for Pre-K/Head Start Children)

8:30 a.m. - 3:00 p.m.  
(Monday - Friday for Infant/Toddler/Early Head  
Start Children)

Before and Aftercare services are available for fee  
or childcare subsidy voucher.

**Languages:** English

**Referral Process:** Contact the program to schedule an appointment to complete an intake. Families must either meet Federal Income Guidelines, or receive TANF, SSI or SNAP benefits. Children in foster care or who are experiencing homelessness are eligible regardless of family income. To determine eligibility, please bring proof of income or proof of TANF, SSI or SNAP benefits, proof of residency in Somerset County, child's birth certificate, and foster care documentation, if applicable. Other documents such as immunization record and physical exam, will be required prior to child's enrollment.

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**HOPES CAP, INC.  
EARLY CHILDHOOD PROGRAMS  
(CONTINUED)**

**Services Provided:** HOPES CAP, Inc. Early Childhood Programs offer Early Head Start and Head Start services to children ages 8 weeks to 5 years of age, residing in Somerset County. HOPES' Early Head Start and Head Start Program is a comprehensive child development program providing individualized instruction to help children develop socially, intellectually, physically, and emotionally, in a manner appropriate to their age and state of development. HOPES offers an inclusive program serving children with varying degrees of special needs. HOPES' Early Childhood Programs also support parents' efforts to fulfill their parental roles, and help families move towards self-sufficiency.

In addition to the Early Childhood Programs, HOPES also provides services to Expectant Women. The Expectant Women's program is primarily home-based, in which one-on-one visits will take place between the mother (and others as desired) and the Home Visitor. Some of the services offered include, but are not limited to, education in prenatal care, labor and delivery, and postpartum needs and concerns.

**Transportation:** Transportation is provided on a limited basis to children ages 3 – 5 years.

**Meals:** Children are served breakfast, lunch, and an afternoon snack. Infants are provided with formula and diapers, at no cost to the families.

**Fee:** None.

## HUNTERDON PREPARATORY SCHOOL

11 Spencer Lane  
Annandale, NJ 08801

**Contact:** Alisa Cooper-Kopacz, Executive Director

**Telephone:** (908) 832-7200

**Fax:** (908) 832-9772

**Email:** [csmith@hunterdonprep.org](mailto:csmith@hunterdonprep.org)

**Website:** [www.hunterdonprep.org](http://www.hunterdonprep.org)

**Hours:** 8:00 a.m. - 3:00 p.m. (Monday – Friday)

**Admissions Process:** At Hunterdon Prep, our admissions process begins after a student's records have been reviewed by the admissions team and it has been deemed that HPS is a good match for the student. There are four criteria that must be met before a child can be considered for admission:

- Your child must be deemed eligible for an out-of-district placement by your child's Child Study Team.
- Your child's district must make a formal referral to Hunterdon Preparatory School.
- Your child's records must be sent to Hunterdon Prep by the Child Study Team.
- Your child's records are reviewed by Hunterdon Prep to determine if HPS is a good match for your child.

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## HUNTERDON PREPARATORY SCHOOL (CONTINUED)

**Services Provided:** At Hunterdon Prep we work together - students, parents, teachers, and local school districts - to provide a place where students feel valued and respected, where they are not judged and where differences are understood and embraced.

We set the bar high for academic and personal success and we provide each student with the time, support and tools to discover their potential and unleash the best in themselves and others. When everyone does their part to create a tolerant, supportive community, the whole is always bigger than the sum of its parts.

At HPS we support our students with skilled teachers, staff and counselors who provide a relational approach to individualizing education for each student. We combine this relational approach with a robust academic curriculum, group counseling, creative electives and enrichment classes that allow students to challenge themselves and to grow to their fullest potential.

Our academics and enrichment classes are supplemented with personal development opportunities that help our students prepare for life after graduation. Each step of the way we are guiding our students in skills that are necessary for academic success and personal confidence. Our transition programs give students the tools they need to complete college application, create resumes, interview with potential employers and perform to their highest abilities in a workplace setting.

**Transportation:** Provided by sending school district.

**Fee:** Tuition rate is established by the NJ Department of Education.

## **JEWISH FAMILY SERVICE OF SOMERSET, HUNTERDON AND WARREN COUNTIES**

150-A West High Street  
Somerville, NJ 08876

**Telephone:** (908) 725-7799

**Fax:** (908) 725-0284

**Email:** [admin@jewishfamilysvc.org](mailto:admin@jewishfamilysvc.org)

**Website:** [www.jewishfamilysvc.org](http://www.jewishfamilysvc.org)

**Hours:** By appointment:  
9:00 a.m. - 5:00 p.m. (Monday – Thursday  
and evenings by appointment only)  
9:00 a.m. - 4:00 p.m. (Friday)

**Languages:** English

**Referral Process:** Organizations, clergy, schools, hospitals, self-referrals, and professional agencies may refer. This is a not-for-profit, non-discriminatory agency open to any person living in Somerset, Hunterdon, and Warren counties.

**Services Provided:** The agency provides individual, couples, family, and group counseling that includes a child specialist who is available to meet the special needs of children and adolescents. Services to the elderly and their families include home assessments and home visits through the Senior Services Program. Other services include Career Counseling, Family and Senior Mentoring, Holocaust Survivor Assistance Program, Sibling Support Group, Bereavement Support, and Emergency Assistance, as well as

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information and referral. We also offer Senior Programs such as, Senior Shopper and Artful Connections.

**Transportation:** Trains and buses stop in Somerville just one block from the agency.

**Fee:** Sliding scale fees range from \$25.00 to \$125.00. Medicare, Medicaid and private health plans are accepted.

## **JEWISH FEDERATION OF SOMERSET, HUNTERDON & WARREN COUNTIES**

775 Talamini Road  
Bridgewater, NJ 08807

**Telephone:** (908) 758-2006

**Fax:** (908) 725-9753

**Email:** [info@jfedshaw.org](mailto:info@jfedshaw.org)

**Website:** [www.jfedshaw.org](http://www.jfedshaw.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday – Thursday)  
9:00 a.m. - 4:00 p.m. (Friday)  
Evenings and Sundays by appointment.

**Languages:** English

**Referral Process:** Anyone may contact the organization for assistance. This is a non-denominational, not-for-profit, non-discriminatory agency open to any person living in Somerset, Hunterdon, or Warren counties or to individuals wishing to relocate to this area.

**Services Provided:** The agency helps individuals and families, local Jewish agencies, Israel and more than 60 countries around the world where Jews live in need. Disaster and catastrophic relief is provided, scholarship assistance is offered. Community Relations Council works on anti-Semitism, intolerance and discrimination issues. Holocaust and Genocide educational programs are provided, B'nai mitzvah projects and student internships are offered. Special events throughout the course of the year, including missions to Israel, Business Networking Group, Women's Philanthropy, and Young Leadership events. Jewish LIFE (Learning is for Everyone) adult educational programs, etc.

**Transportation:** The program is jointly housed with the Shimon and Sara Birnbaum Jewish Community Center. County transportation buses bring senior citizens to the facility for programs on a routine basis.

**Fee:** None.

## **JFK CENTER FOR BEHAVIORAL HEALTH**

Located in Hackensack Meridian JFK Rehabilitation Institute  
65 James Street  
Edison, NJ 08818

**Telephone:** (732) 321-7189

**Fax:** (732) 906-4929

**Website:** [www.jfkmc.org](http://www.jfkmc.org)

**Hours:** 8:00 a.m. - 9:00 p.m. (Monday – Thursday)  
9:00 a.m. - 4:00 p.m. (Friday)

**Languages:** English

**Referral Process:** Usual sources of referrals are through schools, courts, family, physicians, and friends. Mental Health and Substance Abuse Services are offered to school age children and adults, who live in Middlesex and surrounding counties. Appointments can be made by calling (732) 321-7189.

**Services Provided:** The Center provides patients with an integrated treatment team approach to substance abuse and mental health treatment, which includes individual, group and family therapy with diverse patient and family education. An intensive outpatient substance abuse program is also offered.

**Transportation:** None.

**Fee:** Payment is expected when services are rendered. It is the patient's responsibility to know their benefits. Medicare and Medicaid are accepted. Uncompensated Care is available to eligible applicants.

## **JOINTURE**

The Creative Campus  
at St. Bernard's School  
500 U.S. HWY 22  
Bridgewater, NJ 08807

**Locations:** Branchburg, Bridgewater-Raritan, Manville

**Telephone:** (908) 722-1563

**Email:** [info@jointure.org](mailto:info@jointure.org)

**Website:** [www.jointure.org](http://www.jointure.org)

**Languages:** English

**Referral Process:** Schools and community organizations are the usual sources of referrals. This agency serves those individuals who are age 2 ½ to 6th grade who reside in New Jersey. This agency offers open enrollment as available.

**Services Provided:** Pre-school, Kinderwrap and Before & After School Programs, Enrichment Programs, and Creative Sunsatons Summer Camps.

**Transportation:** None.

**Fee:** All programs are tuition-based programs.

## LEGAL SERVICES OF NORTHWEST JERSEY

90 East Main Street  
Somerville, NJ 08876

**Telephone:** (908) 231-0840

**Fax:** (908) 231-6780

**Email:** [lsnwj-somerset@lsnj.org](mailto:lsnwj-somerset@lsnj.org)

**Website:** [www.lsnj.org/lsnwj](http://www.lsnj.org/lsnwj)

**Hours:** 8:30 a.m. - 5:00 p.m. (Monday – Friday)

**Languages:** English, Spanish, Hindi, spoken at LSNWJ. Services provided in other languages through interpreters.

**Referral Process:** Serves agencies, courts, and individuals should call for eligibility determination and appointment.

**Services Provided:** Provides free civil legal services to low-income and vulnerable senior residents of northwest New Jersey (Hunterdon, Morris, Somerset, Sussex, and Warren Counties) in cases involving essential basic needs (family relationships, housing, economic stability, consumer, public entitlements, health care access, employment, education).

**Transportation:** None.

**Fee:** None.

## **LINKAGES - SCHOOL BASED YOUTH SERVICES PROGRAM**

Somerset County Vocational and Technical High School  
14 Vogt Drive  
Bridgewater, NJ 08807

### **Mailing Address:**

P.O. Box 6350  
Bridgewater, NJ 08807

**Telephone:** (908) 526-8900 Ext. 7284 or 7286

**Fax:** (908) 252-3461

**Website:** [www.scvts.net](http://www.scvts.net)

**Hours:** 7:30 a.m. – 2:30 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Eligible adolescents who attend Somerset County Vocational and Technical High School can access services directly or can be referred for services by their parent, school and/or community personnel. Anyone interested in referring an adolescent can send a written referral or call the Linkages office. Youth who are between the ages of 14 and 18, who fit into one of the following categories can apply: All Somerset County Vocational or Technical High School students whether shared or full-time, and Summer Twilight Program participants during the summer program.

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## LINKAGES - SCHOOL BASED YOUTH SERVICES PROGRAM (CONTINUED)

**Services Provided:** Two community agencies (Family and Community Services of Somerset County and Middle Earth) provide the following services to Somerset Vo-Tech's students in need: supportive counseling ( mental health, and substance abuse including individual, group and family counseling), community support, employment and job readiness services, life skills education, and recreation. Provision of services requires a signed parental consent.

**Transportation:** Services are only provided during school hours.

**Fee:** None. (This program is funded under a grant from the Division of Children and Families – State of New Jersey.)

## **MANE STREAM, INC.**

83 Old Turnpike Road  
Oldwick, NJ 08858

### **Mailing Address:**

P.O. Box 305  
Oldwick, NJ 08858

**Telephone:** (908) 439-9636

**Fax:** (908) 439-2338

**Email:** [info@manestreamNJ.org](mailto:info@manestreamNJ.org)

**Website:** [www.ManeStreamNJ.org](http://www.ManeStreamNJ.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Interested Individuals should contact Mane Stream directly. Free screenings provided with completed application. Referrals also from social agencies, medical professionals, veterans groups and community-based programs welcome.

**Services Provided:** Pediatric outpatient therapy (occupational, physical, speech-language and counseling services), adaptive horseback riding lessons, inclusive summer camp, field trips, school-based programs, work-transition training, FREE programs for veterans and active service members and people impacted by cancer.

**Transportation:** None.

**Fee:** Self pay for medical services. Approved PerformCare Camp Provider. Approved for DDD Goods and Services program. Individual fees vary by program or service. All programs for veterans and those impacted by cancer are provided free of charge to the individual or group.

## MARIE H. KATZENBACH SCHOOL FOR THE DEAF

230 Sullivan Way  
Trenton, NJ 08628

### **Mailing Address:**

P.O. Box 535  
West Trenton, NJ 08625-0535

**Telephone:** (609) 530-3112

**Video Phone:**(609) 498-7942

**Fax:** (609) 530-5791

**Website:** [www.mkzd.org](http://www.mkzd.org)

**Hours:** 8:20 am - 3:00 pm (Monday – Friday)

**Languages:** English

**Referral Process:** Local education agency, parents, and social services agencies are the usual sources of referrals. Local education agency submits IEP and educational reports with parental approval. Serves residents of New Jersey, ages 3 years to 21 years who are auditory impaired.

**Services Provided:** Services provided include play group parent-infant program, as well as a day school for Deaf children in pre-school through Grade 12 and day/residential for High School. Specialized programs are available for multiply disabled Deaf and Hard of Hearing students. Consultations and audiological assistance are provided to school districts and agencies regarding how to effectively educate or work with audiological Deaf and Hard of Hearing individuals.

**Transportation:** Local education agencies are responsible to transport students.

**Fee:** Tuition fees for the day, residential, or specialized programs are paid by the local school districts.

## **MARTIN LUTHER KING YOUTH CENTER, INC.**

1298 Prince Rodgers Avenue  
Bridgewater, NJ 08807

**Telephone:** (908) 526-3688

**Fax:** (908) 707-1329

**Email:** [director@mlkycenter.org](mailto:director@mlkycenter.org)

**Website:** [www.mlkycenter.org](http://www.mlkycenter.org)

**Hours:** 3:00 p.m. - 6:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Anyone interested in either service can call directly to make an appointment to see the Center and fill out a registration packet. The prerequisites for admission include proof of income, immunization records, registration fee, and a first payment.

**Services Provided:** The Center serves school-aged children 5 to 13, whose parents either live or work in South Bound Brook, Bound Brook, Manville, Hillsborough, Somerville, and Bridgewater and desire a safe, structured, and stimulating environment for their children. It provides academic tutoring, structured activities, computer activities, arts and crafts, cultural activities, field trips, guest speakers, music, languages, meals, and transportation. Summer camp is available.

**Transportation:** Limited transportation is available; please contact the center for information.

**Fee:** Sliding scale fee.

**MIDDLE EARTH  
21<sup>ST</sup> CENTURY COMMUNITY LEARNING CENTER (CCLC)**

Bound Brook, NJ 08805

Lafayette School, 50 West High Avenue

Smalley School 163 Cherry Avenue

Community School, 120 East Second

Manville, NJ 08805

Roosevelt School, 410 Brooks Blvd

**Mailing Address:**

P. O. Box 8045

Bridgewater, NJ 08807

**Telephone:** (908) 725-7223

**Fax:** (908) 722-5411

**Email:** [office@middleearthnj.org](mailto:office@middleearthnj.org)

**Website:** [www.middleearthnj.org](http://www.middleearthnj.org)

**Hours:** **Dismissal from School:** 5:45 p.m.  
(Monday – Friday)

**Summer Hours:**

8:30 a.m. – 12:30 p.m. (Monday – Friday for July)

**Languages:** English

**Referral Process:** Grades 3 through 8, from Bound Brook and South Bound Brook and Manville.

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**MIDDLE EARTH  
21<sup>ST</sup> CENTURY COMMUNITY LEARNING CENTER (CCLC)  
(CONTINUED)**

**Services Provided:** CCLC is a comprehensive after-school program, which supports students' academic, behavioral, emotional, and social growth. The 21st Century serves middle school aged students from Bound Brook and South Bound Brook. The program is open during the school year and also has a summer program in July. The program provides students with opportunities in the following areas: academic remediation and enrichment, cultural and artistic opportunities, community service, recreation, counseling, and positive youth development through programs that assist in character education, physical activity, and parental involvement.

**Transportation:** None.

**Fee:** \$30 per month. Offer a sliding scale fee. No one will be turned away for inability to pay.

## **MIDDLE EARTH JOURNEYS/CENTERS**

520 North Bridge Street  
Bridgewater, NJ 08807

### **Mailing Address:**

P.O. Box 8045  
Bridgewater, NJ 08807

**Telephone:** (908) 725 - 7223

**Fax:** (908) 722 - 5411

**Email:** [office@middleearthnj.org](mailto:office@middleearthnj.org)

**Website:** [www.middleearthnj.org](http://www.middleearthnj.org)

**Hours:** 3:00 p.m. - 6:00 p.m. (Monday - Friday)

### **Bound Brook Community Youth Center**

Ben Maggio Recreation Center  
200 Thompson Ave  
Bound Brook, NJ 08805

3:00 p.m. - 6:00 p.m. (Monday - Wednesday)

3:00 p.m. - 7:00 p.m. (Friday)

*Extended Hours during the Summer*

### **Franklin Township Dept. of Community Resources & Services**

935 Hamilton Street  
Somerset, NJ 08873

2:30 p.m. - 6:00 p.m. (Tuesday - Friday)

*Youth are brought to the Bound Brook Center  
during summer.*

### **Manville High School**

1100 Brooks Boulevard  
Manville, NJ 08835

2:40 p.m. - 5:45 p.m. (Monday, Thursday, Friday)

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## MIDDLE EARTH JOURNEYS/CENTERS (CONTINUED)

**Languages:** English

**Referral Process:** Journeys accepts referrals from but not limited to schools, community agencies, DCF, Tri-County CMO, etc. and has rolling admissions. Journeys also allows youth to self-refer to the program.

**Services Provided:** The Journeys Program provides a variety of prevention based programming for Somerset County youth (ages 12-18) including academic support, mentoring, recreation, intensive life and social skills development, alternatives to school consequences, and referrals to additional services.

Community Youth Centers offer a safe and supervised place for youth to gather and to interact positively with their peers. The program provides a support system to youth who would otherwise not have one, in the hopes of intervening prior to troubled or delinquent behavior. These comprehensive service centers provide recreation, tutoring, special interest groups, leadership training, mentoring, crisis intervention and referral, community service, informal counseling, and a life skills center (e.g. job skills, cooking, obtaining a driver's license, independent living, and independent living). The Centers also host the Journeys program, Art House Initiative, and Big Dan's Bike Shop Initiative.

**Transportation:** None.

**Fee:** None.

## **MIDDLE EARTH STATION HOUSE ADJUSTMENT PROGRAM**

520 North Bridge Street  
Bridgewater, NJ 08807

### **Mailing Address:**

P. O. Box 8045  
Bridgewater, NJ 08807

**Telephone:** (908) 642-5139

**Fax:** (908) 722-5411

**Email:** [office@middleearthnj.org](mailto:office@middleearthnj.org)

**Website:** [www.middleearthnj.org](http://www.middleearthnj.org)

**Hours:** Community Service is scheduled in the after school and weekend hours during the school year.  
Community Service summer hours are flexible.

**Languages:** English

**Referral Process:** The referrals for Station House must come from Somerset County Police Departments, Somerset County Family Courts, or the Somerset County Prosecutor's Office. Referrals can also be accepted from Municipal Court Judges.

**Services Provided:** The Station House Adjustment Program provides an immediate consequence of community service to first-time offending youth who commit a petty offense. The program offers community service scheduling and supervision, referral services, case management and support services.

**Transportation:** None.

**Fee:** \$100; a sliding scale fee.

## **MIDDLE EARTH CONNECTIONS PROGRAM**

520 North Bridge Street  
Bridgewater, NJ 08807

**Mailing Address:**

P. O. Box 8045  
Bridgewater, NJ 08807

**Telephone:** (908) 725-7223

**Website:** [www.middleearth.org](http://www.middleearth.org)

**Hours:** 9:00 a.m. - 6:00 p.m. (Monday - Friday)

**Languages:** English, Spanish

**Referral Process:** Referrals come from Manville and Bound Brook School District staff.

**Services Provided:** Small and classroom size groups such as Botvin, Girls Circle, Boys Council, Mind Up, Respectful Ways, and more. Groups teach positive life skills and positive social/emotional behavioral techniques. The Yellow Tulip Project also runs under Connections and occurs in the Bound Brook and Manville High Schools. The goal is to help youth to de-stigmatize mental health issues.

**Transportation:** N/A

**Fee:** None.

## MIDDLESEX COUNTY CENTER FOR EMPOWERMENT

29 Oakwood Avenue  
Edison, NJ 08837

**Telephone:** (877) 665-7273 (RAPE) Hotline  
(732) 745-8270 Office and Hotline

**Fax:** (732) 549-4060

**Email:** [rapecrisis@co.middlesex.nj.us](mailto:rapecrisis@co.middlesex.nj.us)

**Hours:** **24-hour Hotline** (support, information, medical/  
legal accompaniment)

**Office:** 8:30 a.m. - 4:15 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Self, family, police departments, hospitals, social service agencies, schools, and the Division of Child Protection & Permanency refer clients. Serves individuals ages 13 and up residing in Middlesex County. Clients must be victims of sexual violence. Parental or DCP&P (Formally DYFs) consent is required as well as the consent of the survivor (for in-person services).

**Services Provided:** Include 24-hour hotline, 24-hour medical/legal accompaniment, access to private room for forensic evidence collection (within 5 days of sexual assault), individual and group counseling for victims and significant others, Arts and Wellness groups, information and referrals, community education, advocacy.

**Transportation:** Can be provided by police, family, or public transportation system.

**Fee:** None.

## **MOBILE RESPONSE & STABILIZATION, (MRSS)**

Catholic Charities  
540 Route 22 East  
Bridgewater, NJ 08807

**Telephone:** (908) 333-2275

**Fax:** (908) 704-0215

**Website:** [www.ccdom.org](http://www.ccdom.org)

**Hours:** 24 hours a day / 7 days a week / 365 days a year

**Languages:** English and access to translation as needed

**Referral Process:** For a referral process to be approved it must be done through Perform Care at the PC hotline 877-652-7624; this is the first point of contact for authorization of dispatch with Mobile.

Must be a resident of Warren, Hunterdon or Somerset County and a parent agreeable to intervention. All referrals must be received by the Contracted Systems Administrator. Children who are experiencing suicidal/homicidal ideation and/ or significant psychotic symptoms are referred to the county screening authority, with the support and presence of MRSS staff.

**Services Provided:** Immediate 24/7/365 mobilization of crisis staff to homes, schools or other safe locations where youth between the ages of 3 to 21 are experiencing behaviors putting them at risk of out-of-home placement or hospitalization. Stabilization services include referrals for services designed to moderate crisis and keep child at home and in the community.

**Transportation:** None.

**Fee:** No fee to any child or family.

## **NARCOTICS ANONYMOUS**

New Jersey Regional Service Conference  
P.O. Box 4298  
Trenton, NJ 08610-0298

**Telephone:** (800) 992-0401 (in state calls only) or  
(732) 933-0462

**Email:** [recovery@nanj.org](mailto:recovery@nanj.org)

**Website:** [www.nanj.org](http://www.nanj.org)

**Hours:** 24 hours a day

**Languages:** English

**Referral Process:** The usual sources of referrals are self-referents, rehabilitation centers, EAP programs, counselors, or other social service agencies. An individual calls and is given the locations and times of nearby meetings and/or phone numbers of three recovering addicts who live nearby and are willing to talk with the caller. The only pre-requisite is the desire to stop using drugs. Any addict or person who thinks he/she has a problem with drugs or alcohol is welcome.

**Services Provided:** NA meetings are for those who wish to stop using drugs. There are over 750 meetings available each week in New Jersey. Refreshments are often served. Thousands of clients are being served at present.

**Transportation:** No requirement for members to give people rides.

**Fee:** None.

## **NEW BRUNSWICK COUNSELING CENTER**

320 Suydam Street  
New Brunswick, NJ 08902

**Telephone:** (732) 246-4025

**Fax:** (732) 246-1214

**Email:** [info@nbcounselingcenter.org](mailto:info@nbcounselingcenter.org)

**Website:** [www.nbcounselingcenter.org](http://www.nbcounselingcenter.org)

**Hours:** 6:00 a.m. – 6:00 p.m. (Monday - Thursday)

6:00 a.m. – 1:00 p.m. (Friday)

6:00 a.m. – 9:30 p.m. (Saturday)

### **Medication Assisted Treatment (Methadone, Buprenorphine, Vivitrol)**

6:00 a.m. - 12:00 p.m. (Monday - Friday)

6:00 a.m. - 9:00 a.m. (Saturday)

**Languages:** English

**Referral Process:** Courts, probation, parole boards, hospitals, other social service agencies. Applicants should call the agency and arrange for an appointment.

**Services Provided:** The agency provides MAT treatment (Methadone, Buprenorphine, Vivitrol) and Outpatient Co-Occurring Level I and II.1. The outpatient Co-occurring program provides clients with an initial evaluation, psychological assessment, individualized treatment plan, medication management and drug screening. Special women's sessions are also available, along with intensive outpatient group counseling for both males and females.

**Transportation:** Public transportation is available, LogistiCare for clients who have Medicaid.

**Fee:** Please call (732) 246-4025 ext. 241 for information on the fees. Medicaid, State Funding, Work First NJ SAI, and DCP&P Reimbursement accepted.

**NEW HOPE FOUNDATION, INC.**

Marlboro Facility (Male Adolescents)  
80 Conover Road  
Marlboro, NJ 07746

**Mailing Address:**

P.O. Box 66  
Marlboro, NJ 07746-0066

**Telephone:** (732) 946-3030 ext. 2456  
Adult Withdrawal Management/ Rehab  
(732) 946-3030 ext. 2413  
Adolescent Withdrawal Management/ Rehab

**Fax:** Adult: (732) 837-2277  
Adolescent: (732) 502-0065

**Email:** [Kbloodgood@newhopeibhc.org](mailto:Kbloodgood@newhopeibhc.org)

**Website:** [www.newhopefoundation.org](http://www.newhopefoundation.org)

**Hours:** 24 hours a day

**Language:** English

**Referral Process:** Self-referents, family/friends, school, hospitals, court/probation, and DCP&P are the usual sources of referral. Youth between the ages of 13 and 17, are admitted. Legal issues should be postponed or taken care of so that treatment will not be interrupted. There is a 24-hour admission for detoxification but a call must be made first with information regarding the client and estimated time of arrival. The client must be medically cleared and have parental consent and agree to participate in treatment. For pre-screening and appointment ask for "Adolescent Admissions".

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## NEW HOPE FOUNDATION, INC. (CONTINUED)

**Services Provided:** Services include treatment for alcoholism and the related dependencies of drug addiction and compulsive gambling. New Hope's adolescent (ages 13 to 17) programming (variable length of stay up to 8 months) is specifically designed to provide a setting and structure in which adolescents can be successful in meeting the challenges that have been avoided in the addiction process. Key amongst these challenges is scholastic achievement. Academics are addressed in the on-campus educational components that are re-targeted at helping clients demonstrate to themselves their ability to be successful in an educational setting. Individual and group counseling, recreation, socialization and values-clarification programming; family and appropriate community and school involvement, discharge planning referral, appropriate community and school involvement; discharge planning, referral, aftercare, and follow-up ensure for follow through on the support needed for the continuation of the success experienced in the treatment setting. The program does not serve those in need of acute medical assistance or who are hearing-impaired. Thirty-two adolescent males are served at the Marlboro facility and the program operates a 28-bed adolescent facility in Secaucus, NJ for 18 females and 20 males ages 13 to 17.

**Transportation:** Provided while in treatment.

**Fee:** Per-diem. Services provided through County and State grants, DCP&P, and private insurance.

**NEW JERSEY 211**

*FORMERLY KNOWN AS SOMERSET OPERATION SHELTER {S.O.S.}*

C/O SOMERSET COUNTY BOARD OF SOCIAL SERVICES

73 East High Street  
Somerville, NJ 08876

**Mailing Address:**

P.O. Box 936  
Somerville, NJ 08876

**Telephone:** 211

**Text Message:** Text your ZIPCODE to 898-211

**Hours:** 24 hours a day / 7 days a week / 365 days a year

**Website:** [www.nj211.org](http://www.nj211.org)

**Language:** English

**Referral Process:** Usually self-referral. Serves homeless single adults and families in Somerset County.

**Services Provided:** The core programs at NJ 211 are centered on our critical hotlines that connect individuals to agencies and programs for health and human service's needs. Our programs have expanded over the years to become a centralized hub, staffed by dedicated specialists, who offer compassion and assistance when NJ residents need it most. In addition to our 211 service and statewide services directories, we provide a variety of other government and nonprofit initiatives with programs from state, county, and nonprofit partners. From eligibility screenings to emergency placement coordination and much more, our team and programs offer help for a wide range of social, health, and economic challenges through our hotline and our partners' programs.

**Transportation:** If needed, transportation is provided for follow-up services.

**Fee:** None.

## **NEW JERSEY CHILDREN'S SYSTEM OF CARE/ PERFORMCARE**

Horizon Center  
300 Horizon Drive, Suite 306  
Robbinsville, NJ 08691

**Telephone:** Toll Free (877) 652-7624

**Website:** [www.performcarenj.org](http://www.performcarenj.org)

**Hours:** Staff available 24 hours a day / 7 days a week

**Language:** Multiple

**Referral Process:** PerformCare is the contracted system administrator for the New Jersey Children's System of Care (CSOC), a division of the New Jersey Department of Children and Families.

Any parent, legal guardian, or service provider (with the parent's consent) can call PerformCare and request services through CSOC for children and youth who demonstrate emotional/behavioral challenges, intellectual/developmental disability or adolescents who are in need of substance use treatment.

**Services Provided:** Help is available for children, adolescents and young adults (up to age 21) seeking behavioral health, intellectual/developmental disability, or substance use treatment services.

Depending on the child's needs, services can include Referral to counseling services, Mobile Response to stabilize crisis situations, care management for intense and complex needs, assessments to determine the child's needs, behavioral supports for activities of daily living, family support for education and advocacy, respite services, and substance use treatment.

PerformCare is available 24 hours a day, 7 days a week, 365 days a year. There is no charge for calling PerformCare and the New Jersey Children's System of Care. Please note that PerformCare is not a service provider, but rather a link to services through CSOC.

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NEW JERSEY CHILDREN SYSTEM OF  
CARE/PERMORMCARE  
(CONTINUED)

**Transportation:** None.

**Fee:** We help families by making service recommendations and linkages that will best meet the needs of your child and family. Medicaid/NJ FamilyCare is accepted for most services, and PerformCare will work with you based on your current insurance coverage, if any.

## **NEW JERSEY COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED**

Freehold Service Center  
100 Daniels Way  
Freehold, NJ 07728

**Telephone:** (732) 308-4001

**Fax:** (732) 255-0949

**Email:** [askcbvi@dhs.state.nj.us](mailto:askcbvi@dhs.state.nj.us)

**Website:** [www.cbvi.nj.gov](http://www.cbvi.nj.gov)

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)

**Language:** English

**Referral Process:** A person is eligible for services if he or she is BLIND, VISION IMPAIRED, or DEAF-BLIND and is experiencing challenges in his or her life as a result of the vision loss. VISION IMPAIRED means that an individual's vision is 20/70 or less in the better eye with best correction. (The person sees at 20 feet what a normally sighted person sees at 70 feet.) LEGALLY BLIND means that an individual's vision is 20/200 or less in the better eye. (The person sees at 20 feet what a normally sighted person sees at 200 feet.) Also, an individual is considered LEGALLY BLIND if he or she has a restricted visual field limited to 20 degrees or less. (The person sees within a span of 20 degrees while a normally sighted person would see within 180 degrees.) To apply, or refer someone for services, contact CBVI. Please be prepared to provide the following information: applicant's name, telephone number, social security number, address (including county of residence), and zip code, description of applicant's vision problem, and description of services needed.

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## NEW JERSEY COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CONTINUED)

**Services Provided:** CBVI provides blindness education services to children and their families. These services are designed to allow blind or vision impaired students to participate equally with sighted students in regular classroom activities. Preschool, (ages birth to four) educational services are also available. A team of certified teachers of blind or vision impaired students (TVIs) is ready to help blind and vision impaired children receive services for accessing classroom instruction that may include specialized technology services, assistance with adaptive materials and equipment, and instruction in communication skills, which may include typing or learning to read and write Braille. In addition, CBVI teachers will arrange for the provision of special books, materials and technical equipment from the Meyer Instructional Resource Center to help children function on an equally with their sighted classmates. CBVI will also provide resources to families for assisting their blind or vision impaired children at home or in the community. The CBVI teachers may also provide enriching materials from the Meyer Instructional Resource Center for use in the home. Special instruction can also be obtained for independent travel and daily living skills. In addition, summer programs are sponsored for the blind and vision impaired children and teenagers, including the SHARP Program, Life-101, pre-college experience program, and a career exploration program.

**Transportation:** None.

**Fee:** Most services are free of charge.

**NEW JERSEY DIVISION OF  
CHILD PROTECTION & PERMANENCY (DCP&P)**

Somerset Local Office  
92 East Main Street, First Floor  
Somerville, NJ 08876

**Local Office:** (908) 526-5030  
(800) 392-2734

**Hours:** Office hours: 9:00 a.m. - 5:00 p.m. (Monday - Friday)  
Special Response Unit Workers are available  
5:00 p.m. - 9:00 a.m. (Monday - Friday;  
weekends and holidays.)

**Language:** English

**All Referrals:** **1(877) NJABUSE** Child Abuse Hotline  
**1(877) 652-2873** Statewide Toll-Free 24/7

**Referral Process:** State law requires any person who suspects that a child is being abused or neglected contact DCP&P. Reports are accepted from any source, (schools, police, hospitals, parents, neighbor, anonymous, etc.) and in any form (telephone, letter, or office visit). Any person who reports abuse or neglect or testifies in a child abuse hearing resulting from such report is immune from any civil or criminal liability as a result of such action providing that the report was made in good faith.

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**NEW JERSEY DIVISION OF  
CHILD PROTECTION & PERMANENCY (DCP&P)  
(CONTINUED)**

**Services Provided:** As the state-mandated child protective service agency, DCP&P's first priority is the investigation of allegations of abuse, neglect and abandonment to ensure the safety, permanency and wellbeing of children. DCP&P also conducts child welfare assessments to assess for service need of children and families. Within the limitations of staff and fiscal resources, DCP&P also may be able to provide supportive services to protect children and strengthen family functioning. Community based referrals are made to local agencies for family services.

Out-of-home placement in resource care, relative care, or shelter care may be provided on a temporary basis for the protection of the child after all family resources and community based services have been exhausted. The Division works cooperatively with other state Divisions and Departments for the placement of children out of home and for the maintenance of children in home.

DCP&P provides services to children and families. DCP&P investigates all allegations of abuse or neglect by a parent or caregiver towards children from birth to 18 years of age. DCP&P may also provide services to aging out youth between the ages of 18-21 years old, if they have had an open case with the Division as children.

**Transportation:** Limited transportation may be provided for active clients.

**Fee:** None for most services. The law requires parents to reimburse DCP&P according to a sliding scale when maintenance (placement services) of a child is provided.

## **NEW JERSEY DIVISION OF DEVELOPMENTAL DISABILITIES**

222 So. Warren St.  
Trenton, NJ 08608

### **Mailing Address:**

P.O. BOX 726  
Trenton, NJ 08625-0726

**Telephone:** (800) 832-9173

**Website:** [www.nj.gov/humanservices/ddd](http://www.nj.gov/humanservices/ddd)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Language:** English

**Referral Process: *How to Apply:*** In order to receive services funded by DDD, an individual must apply and be determined eligible. This process can begin at age 18, although DDD-funded services are not available until an individual is 21 years of age or older. The application process begins by contacting the Community Services office that serves the county in which the individual resides or downloading the intake application from the DDD website. Upon request, a DDD intake worker can provide assistance in completing the application. For the Somerset County area, please call 908-226-7800.

**Eligibility:** To be determined eligible for DDD-funded services, an individual must be a New Jersey resident; be Medicaid eligible and maintain Medicaid eligibility; and meet the functional criteria of having a developmental disability. An applicant must document that she/he has a chronic physical and/or mental impairment that:

- Manifests during the developmental years, before age 22;
- Is lifelong in duration; and
- Substantially limits the individual in at least three of these areas: self-care, learning, mobility, communication, self-direction, economic self-sufficiency and the ability to live independently.

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NEW JERSEY DIVISION OF  
DEVELOPMENTAL DISABILITIES  
(CONTINUED)

**Services Provided:** There is a broad range of services available to assist individuals with intellectual and developmental disabilities to live, work, and participate fully in their community, including employment and day services, individual and family supports, and housing assistance and residential services. Individuals select a community-based Support Coordination Agency and work with their assigned Support Coordinator to identify goals and access services based on their assessed needs. Services are available in the community from provider agencies, professionals, and self-directed employees.

**Transportation:** Transportation is provided for individuals participating in day habilitation services. For other services, DDD funding may be available for transportation.

**Fee:** Individuals who receive housing assistance or residential services must contribute toward the cost of housing and living expenses.

## **NEW JERSEY DIVISION OF VOCATIONAL REHABILITATION SERVICES**

75 Veterans Memorial Drive East, Suite 101  
Somerville, NJ 08876

**Telephone:** (908) 704-3030

**Fax:** (908) 704-3476

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)

**Language:** English

**Referral Process:** Persons at or near working age with disabilities who need vocational rehabilitation assistance to obtain and maintain employment can refer themselves or be referred by individuals, hospitals, schools, community agencies, social security, workers compensation, employers, or medical professionals. Residents of Somerset and Hunterdon Counties are served in the Somerville office.

**Services Provided:** The agency provides a variety of services needed to assist eligible clients to achieve an employment goal.

**Transportation:** Public transportation is available.

**Fee:** Some services are based on income.

## NEW JERSEY INSTITUTE FOR DISABILITIES

The Lakeview School  
10 Oak Drive – Roosevelt Park  
Edison, NJ 08837

**Telephone:** (732) 549-5580

**Fax:** (732) 494-6038

**Hours:** 8:00 a.m. - 4:00 p.m. (Monday - Friday)

**Email:** [info@NJID.org](mailto:info@NJID.org)

**Website:** [www.NJID.org](http://www.NJID.org)

**Language:** English

**Referral Process:** The Lakeview School partners with school districts to provide the highest quality programming to meet the needs of each enrolled child.

**Services Provided:** The Lakeview School has earned a national reputation of excellence and distinction regarding the comprehensive array of services provided to enrolled children with multiple disabilities. Using a trans-disciplinary approach, all students have their own team of professionals and paraprofessionals working together to enable students to achieve their highest level of self-sufficiency and personal success. Lakeview has the largest clinical department of any school of its kind in New Jersey; included are Physical and Occupational therapists and Speech Language pathologists. The Lakeview School program is dynamic with leading-edge innovations in special education and enhancements, including our Aquatic Therapy Program. On-site medical clinics include the services of a developmental pediatrician, a pediatric neurologist, a nutritionist, a pediatric physiatrist and two orthopedic doctors. Lakeview employs a full-time Board-Certified Behavior Analysts, and provides clinics in the areas of Seating/Positioning, as well as Enabling Technologies.

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## NEW JERSEY INSTITUTE FOR DISABILITIES (CONTINUED)

**Transportation:** NJID operates two specially modified vehicles for student transportation for class excursions and special events. Transportation to and from school is arranged and paid by the student's local Board of Education.

**Fee:** Once a child is approved for placement at Lakeview School by the sending district, there are no fees or out-of-pocket expenses to the student's family for services provided during the regular school day as specified in the student's Individual Education Plan. All costs for the services offered by Lakeview School, including transportation, are paid by the student's local Board of Education.

## **NEW JERSEY SELF-HELP GROUP CLEARINGHOUSE**

A PROGRAM SPONSORED BY THE MENTAL HEALTH ASSOCIATION IN NEW JERSEY

673 Morris Ave #100  
Springfield, NJ 07081

**Telephone:** (800) 367-6274 (General /New Jersey Only)  
(973) 571-4100 (Out of New Jersey)  
(877) 294-4356 (TTY)

**Fax:** (973) 218-0636

**Website:** [www.njgroups.org](http://www.njgroups.org)

**Hours:** 9:00 a.m. – 5:00 p.m. (Monday - Friday)  
*Trainings are provided on weekends and evenings as needed.*

**Language:** English

### **Services Provided:**

- **INFORMATION ON SELF-HELP GROUPS** – We maintain an extensive database of self-help group meetings statewide, as well as over 1,000 national self-help group headquarters, online and telephone groups, and networks.
- **IDEAS AND SUGGESTIONS ON DEVELOPING GROUPS** – Many new groups are started each year with the assistance of the Clearinghouse. Our staff can help you with ideas and suggestions over the phone and through email or “snail mail”. We have a vast library of how-tos on starting and running groups in general, as well as specific types of groups.
- **TRAINING** - We offer periodic workshops throughout the state on topics of interest to those starting, running and maintaining support groups.

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## NEW JERSEY SELF-HELP GROUP CLEARINGHOUSE (CONTINUED)

- **PRESENTATIONS ABOUT SUPPORT GROUPS** – We provide free presentations on the availability and benefits of self-help support groups and how they can assist your clients, customers, congregants, families and friends.
- **WEBSITE** – We include information of interest to group leaders, professionals who make referrals to groups, to those interested in starting new groups, and the general community. We also have contact information on support groups in New Jersey on our website at [www.NJGroups.org](http://www.NJGroups.org).

**Transportation:** None.

**Fee:** None.

## NEW ROAD SCHOOL OF SOMERSET

2200 Cottontail Lane  
Somerset, NJ 08873

**Telephone:** (732) 271-5775

**Fax:** (732) 271-7713

**Website:** [www.newroadschool.com](http://www.newroadschool.com)

**Hours:** 8:50 a.m. - 2:30 p.m.

**Language:** English

**Referral Process:** The admission process is initiated with a referral from the sending school district for students ages 12 -21. School districts will send the student(s) records for review. Once it is determined that a potential student is appropriate for the program, an intake will be scheduled with the case manager and the family.

**Services Provided:** The following services are available for students at New Road School of Somerset: Speech, Counseling, Physical Therapy, Occupational Therapy, BCBA; and for those with specialized academic needs the Orton Reading Program is offered. As part of the program, Work Based Learning for students 18 – 21 on and off campus work internships are provided.

**Transportation:** Individual districts provide transportation.

**Fee:** Local school districts provide funding for tuition.

## **NORWESCAP W.I.C. PROGRAM**

120 FINDERNE AVENUE - ROOM 4  
BRIDGEWATER, NJ 08807

### **Other Locations:**

170 WATCHUNG AVENUE  
NORTH PLAINFIELD, NJ 07060

**Telephone:** (908) 454-1210

**Website:** [www.norwescap.org](http://www.norwescap.org)

**Hours:** **Main Office:** 9:00 a.m. - 4:00 p.m. (Monday - Friday)

**Language:** English

**Referral Process:** Clients can call or email [wic@norwescap.org](mailto:wic@norwescap.org) with inquiries and eligibility requirements. Clients may be working individuals but must meet income eligibility requirements.

**Services Provided:** Services provided are for pregnant women, breast-feeding and postpartum women, infants, and children up to age 5. The WIC Program is the Special Supplemental Nutrition Program for Women, Infants, and Children. The purpose of the program is to safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care. The WIC peer counseling program provides breastfeeding support and education.

**Transportation:** None.

**Fee:** None.



## **OCEAN'S HARBOR HOUSE EMERGENCY YOUTH SHELTER**

2445 Windsor Avenue  
Toms River, NJ 08753

**Telephone:** (732) 929-0660

**Fax:** (732) 929-3094

**Website:** [www.oceansharborhouse.org](http://www.oceansharborhouse.org)

**Hours:** 24 hours a day / 7 days a week

**Language:** English

**Target Population:**

Homeless, runaway, abused, youth in crisis  
ages 10 – 19.

**Referral Process:** DCP&P, Police, self, school, family, or other agencies.

**Services Provided:** Short-term crisis intervention counseling and services.

**Process:** Call for phone contact, possible interview may be needed; turnaround time from call to placement (if appropriate) should be less than 8 hours.

**Transportation:** Limited.

**Fee:** None.

## **OCEAN'S HARBOR HOUSE SUPERVISED TRANSITIONAL LIVING PROGRAM (STLP)**

2445 Windsor Avenue  
Toms River, NJ 08753

**Telephone:** (732) 281-0822

**Fax:** (732) 281-0722

**Website:** [www.oceansharborhouse.org](http://www.oceansharborhouse.org)

**Hours:** 24 hours a day / 7 days a week

**Language:** English

**Target Population:** Youth in crisis, aging into adulthood; ages 16-21.

**Referral Process:** DCP&P, Police, self, school, family, or other agencies.

**Services Provided:** Supervised transitional living, 12 bed facility, and assistance with education, employment, and life-skills training.

**Process:** Call for an initial contact, may request any available evaluations, IEPs etc. If appropriate, schedule an interview.

**Transportation:** Limited.

**Fee:** None; however, residents are required to save 30% of income in a savings account through the agency, to be returned at time of program graduation or discharge.



## **OFFICE OF THE PUBLIC DEFENDER SOMERSET REGION**

Court House Square South  
75 Veterans Memorial Drive East, Suite 201  
Somerville, NJ 08876

**Telephone:** (908) 704-3020

**Fax:** (908) 704-3028

**Hours:** 8:30 a.m. - 5:00 p.m. (Monday - Friday)

**Language:** English

**Referral Process:** Parents of Youth charged with an offense who cannot afford to retain counsel may apply for representation through the Superior Court Family Case Management Office (908) 231-7600.

**Services Provided:** Through its staff attorneys, the agency provides legal representation to qualified defendants from initial plea through trial and disposition. Where a conflict of interest exists, the case is referred to private attorneys who appear on the Public Defender's list. Serves Somerset County Youth charged with any offense where counsel is required under the Statute.

**Transportation:** None.

**Fee:** There is a standard Public Defender fee schedule that is explained to individuals when application is made. In addition to the standard fee is a \$50.00 administration fee payable at the first interview. All fees for legal representations are determined after disposition of the case and the parent or legal guardian of the Youth will be billed at that time.

## **OFFICE OF YOUTH JUSTICE**

### **QUESTION AND ANSWER LINE (QAL)**

27 Warren Street  
Somerville, NJ 08876

#### **Mailing Address:**

P. O. Box 3000  
Somerville, NJ 08876

**Telephone:** (908) 704-6355

**Fax:** (908) 253-0180

**Email:** QAL@somersetcountynj.gov

**Hours:** 24 hours a day/7 days a week

**Language:** English

**Referral Process:** N/A

**Services Provided:** Families of children who had police and/or court contact can call in order to receive information and referrals to local services such as substance abuse treatment, mental health treatment, individual counseling, and family counseling, and assistance navigating the various youth systems (school, courts and children's behavioral health). Youth and parents can access this line 24 hours a day, 7 days a week. All calls and e-mails will be returned within 24 hours. All calls are confidential and there is no cost or fee to the youth or family for this service.

**Transportation:** None.

**Fee:** None.



## **OFFICE OF YOUTH JUSTICE**

### **SOMERSET COUNTY FIREWATCH PROGRAM**

27 Warren Street  
Somerville, NJ 08876

#### **Mailing Address:**

P.O. Box 3000  
Somerville, NJ 08876

**Telephone:** (908) 704-6353

**Fax:** (908) 253-0180

**Email:** [firewatch@somersetcountynj.gov](mailto:firewatch@somersetcountynj.gov)

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)

**Language:** English

**Referral Process:** Parents, guardians, teachers, police, child protection workers or anyone who is concerned about a child's fire setting may complete a detailed referral form and submit it to the program. Somerset, Hunterdon and Warren County youth of all ages are eligible.

**Services Provided:** An in-depth Fire setter Risk Assessment is completed with a Youth Fire setting Intervention Specialist who has been trained and certified by the New Jersey Division of Fire Safety. Youth and families are then linked to fire safety education and any other support services identified as needed in the Risk Assessment. Fire setter-specific mental health evaluation is also provided for youth who score in the "definite risk" or "extreme risk" categories.

**Transportation:** Transportation is not provided. However, the Youth Fire setting Intervention Specialist may meet with the youth and family in their home or at other local sites so that the program may be put into place. The Youth Fire setting Intervention Specialist works with families without transportation to assist them in finding ways to get to all scheduled appointments and meetings.

**Fee:** None.

## **OFFICE OF YOUTH JUSTICE**

### **YOUTH DETENTION**

27 Warren Street  
Somerville, NJ 08876

#### **Mailing Address:**

P. O. Box 3000  
Somerville, NJ 08876

**Phone:** (908) 704-6326

**Fax:** (908) 253-0180

**Email:** YouthJustice@somersetcountynj.gov

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)  
The youth detention center operates 24 hours a day, 7 days a week. On-call coverage provided.

**Languages:** English

**Referral Process:** Youth who are charged with a delinquent offense or have been adjudicated delinquent may be confined to a secure facility through the Superior Court – Family Part.

**Services Provided:** While in detention, youth are provided with educational, medical, recreational and social services. For those who wish to participate, spiritual services and life skills groups are available. When ordered by the court, youth may be provided with psychological, psychiatric and substance abuse evaluations.

**Transportation:** Youth are brought back and forth to court by secure transport. Parents and/or guardians who wish to visit a youth must have their own transportation to the facility.

**Fee:** None.

**PIONEER FAMILY SUCCESS CENTER**

50 Division Street, Suite 303  
Somerville, NJ 08876

**Telephone:** (908) 722-4400

**Fax:** (908) 526-7564

**Email:** [fsc@empowersomerset.com](mailto:fsc@empowersomerset.com)

**Website:** [www.pioneerfsc.com](http://www.pioneerfsc.com)

**Hours:** 9:00 a.m. - 4:00 p.m. (Monday - Friday)  
Evening activities as scheduled

**Language:** English

**Referral Process:** No referral needed

**Services Provided:** Information and Referrals to Somerset County resources; free family activities; workshops and seminars. A calendar of events and activities is posted monthly at [pioneerfsc.com](http://pioneerfsc.com). Pioneer Family Success Center is coordinated by Empower Somerset.

**Transportation:** None.

**Fee:** None.

## **PLANNED PARENTHOOD OF NORTHERN, CENTRAL & SOUTHERN NEW JERSEY**

Shrewsbury Center and Administrative Offices  
69 East Newman Springs Road  
Shrewsbury, NJ 07702

**Telephone:** (732) 842-9300

**Fax:** (732) 842-9338

**Website:** [www.plannedparenthood.org](http://www.plannedparenthood.org)

**Hours:** Administrative Office:  
9:00 a.m. - 4:30 p.m. (Monday & Thursday)  
9:00 a.m. - 5:00 p.m. (Wednesday)  
9:00 a.m. - 5:30 p.m. (Thursday)  
10:00 a.m. - 1:30 p.m. (Friday)  
8:00 a.m. - 3:00 p.m. (Saturday)

**Language:** English & Spanish; other languages telephone interpretation is available.

**Other Locations:** *See Website for More Locations*

### **Flemington Health Center**

349 Route 31 South,  
Building B, Suite 503  
Flemington, NJ 08822  
(908) 782-7727

### **Morristown Health Center**

196 Speedwell Ave  
Morristown, NJ 07960  
(973) 539-1364

### **New Brunswick Center**

10B Industrial Drive  
New Brunswick, NJ 08901  
(908) 246-2411

### **Perth Amboy Center**

450 Market Street  
Perth Amboy, NJ 08861  
(732) 442-4499

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PLANNED PARENTHOOD OF  
NORTHERN, CENTRAL & SOUTHERN NEW JERSEY  
(CONTINUED)

**Referral Process:** Individuals may call directly for an appointment. Referrals may also come from hospitals, human service agencies, schools, private physicians, ministers, friends, and relatives.

**Services Provided:** Planned Parenthood provides comprehensive reproductive health care, including medical examinations, laboratory tests, counseling and referral for medical problems, pregnancy testing and referrals for pre-natal, adoption, or termination services. Education services include programs for teens, adults, parents, professional staff, local groups, organizations, and schools. A resource library is available including films and videos for rent. The Extended Service provides short term counseling for both the patient and non-patient on issues germane to reproductive health care and sexuality.

**Languages:** English & Spanish; other languages telephone interpretation is available.

**Transportation:** None.

**Fee:** For medical services, sliding scale fees vary depending on income, insurance, and type of services. Medicaid accepted. There are minimum fees for education and counseling services. Free pregnancy testing and counseling services for teens.

## **PREGNANCY AID AND INFORMATION CENTER**

59 Thompson Street  
Raritan, NJ 08869

**Telephone:** (908) 526-8121  
(888) 480-5737 Toll Free

**Emergency:** (908) 526-8121 (24-hour hotline)

**Hours:** 11:00 a.m. - 2:00 p.m. (Monday)  
10:00 a.m. - 1:00 p.m. (Tuesday)  
11:30 a.m. - 2:30 p.m. (Wednesday) Donations Only  
10:00 a.m. - 12:00 p.m. & 4:00 p.m. - 5:30 p.m. (Thursday)  
Special appointments can be arranged.

**Language:** English

**Referral Process:** Social service agencies and walk-ins are the usual sources of referrals. Women of all ages residing in Somerset, Hunterdon, Middlesex, and Union Counties are eligible.

**Services Provided:** Services provided include free pregnancy testing, education/guidance, access to medical care, legal advice, shelter home placement, community resource and adoption information, referrals for professional counseling, maternity clothing, layettes, and baby equipment as available. Parenting Support Groups are also available.

**Transportation:** Program does try to provide private transportation or refers to another agency that can.

**Fee:** None.

## PRINCETON HOUSE BEHAVIORAL HEALTH

PENN MEDICINE

### **Main Campus- Inpatient:**

905 Herrontown Road  
Princeton, NJ 08540

### **Outpatient sites:**

North Brunswick, Princeton, Hamilton,  
Moorestown and Eatontown (Women only)

**Virtual IOP Services also available.**

**Telephone:** (888) 437-1610 x1 - **Inpatient Admissions**  
(888) 437-1610 x2 - **Outpatient Centralized Admissions - PHP/IOP Programs**

**Fax:** (609) 688-3779 - Inpatient Admissions  
(609) 683-6840 - Outpatient Centralized Admissions

**Website:** [www.princetonhouse.org](http://www.princetonhouse.org)

**Hours:** 24-hour **Inpatient**  
Monday - Friday - **Outpatient**  
Monday - Friday - **Partial Hospital**

**Language:** English

**Referral Process:** Referrals are accepted from individuals, agencies, organizations, physicians, and/or insurance organizations. The adolescent programs serve adolescents, ages 13 to 18. The adolescent and children's programs are located at North Brunswick, Hamilton and Moorestown.

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## PRINCETON HOUSE BEHAVIORAL HEALTH (CONTINUED)

### **Services Provided:**

**Inpatient programs** are for patients 18 and older. Princeton House offers: substance abuse treatment, medical detoxification as well as adult psychiatric and adult dual diagnosis programs. Specialized services for First Responders are also available in the inpatient setting.

**Partial hospital and intensive outpatient programs** for adolescents are available at the North Brunswick, Hamilton and Moorestown sites. At each location, there are programs offering psychiatric, substance abuse, and co-occurring treatment for adolescents. Teen Girls program is only offered at the Princeton Outpatient site. A psychiatric children's partial hospital program is available at Moorestown, Hamilton and North Brunswick. There are also a wide range of psychiatric, addictions, trauma and co-occurring treatment programs for Men, Women and older adults across the PHBH continuum.

**Women's Programing** is offered at all sites.

**Transportation:** Available for all Partial Hospital Programs and some After School Adolescent IOP Programs. Check with centralized admissions regarding pick up and coverage areas

**Fee:** Most insurance plans accepted including Medicaid and Medicare.

## **PUBLIC MENTAL HEALTH EMERGENCY RESPONSE**

P.O. Box 3000  
Somerville, NJ 08876

**Telephone:** (908) 704-6302

**Language:** English

**Referral Process:** Contact the Somerset County Mental Health Administrator by calling (908) 704-6302.

**Services Provided:** Somerset County Department of Human Services in partnership with the NJ Division of Mental Health and Addiction Services helps residents in the event of any public health emergency, whether a natural disaster, terrorism, infectious disease or individual accidents. These services include immediate crisis counseling, referral to services, and ongoing mental health support. Through the Disaster Response Crisis Counselor Program, trained volunteers are mobilized to respond and provide support to those following a the aftermath of an emergency event. All mental health responders are licensed professionals, who are FEMA trained and credentialed by the NJ Division of Mental Health and Addiction Services. The office can assist in connecting residents to mental health and addictions treatment, case management, support groups, medication, psychoeducation, and agencies that have sliding fee scales, provide other ancillary services, such as transportation and bilingual treatment.

**Transportation:** None.

**Fee:** None.

## **RICHARD HALL COMMUNITY HEALTH & WELLNESS CENTER**

500 North Bridge Street  
Bridgewater, NJ 08807

**Satellite Office:** 391-D Somerset Street  
North Plainfield, NJ 07060

**Telephone:** (908) 725-2800  
(888) 744-4417  
(908) 253-3165 (Access Center)

**Fax:** (908) 704-1790

**Email:** [mentalhealth@somersetcountynj.gov](mailto:mentalhealth@somersetcountynj.gov)

**Hours:** 8:30 a.m. - 9:00 p.m. (Monday - Thursday)  
8:30 a.m. - 5:00 p.m. (Friday)

**Language:** English. Language line is available.

**Referral Process:** Referral sources are diverse, including concerned parents, schools, courts, Children's System of Care (DCP&P, Tri-County CMO, and Mobile Response) and other child-serving institutions and agencies. All requests for services are managed by the Access Center which serves as a single point of entry for the Center. Clients are encouraged to contact the Access Center by phone (908-253-3165) to begin the intake process prior to arrival at Richard Hall CHWC. After this initial phone contact clients can walk in Monday-Friday between 8:30am and 9:00am. Spanish speaking clinicians are available for intakes on Fridays. A triage system is utilized to determine intake availability. Parent and guardian availability and involvement are required for youth under age 18.

**Transportation:** None.

**Fee:** Fees are set from \$5.00 to \$125.00 for counseling. Sliding fee scale is available to Somerset County residents. Intakes are billed at \$170.00 and psychiatric evaluations are billed at a \$325.00. Medicaid and Medicare are accepted as well as most insurance.

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## RICHARD HALL COMMUNITY HEALTH & WELLNESS CENTER (CONTINUED)

### **Services Provided:**

#### Child Outpatient Department

Serving Somerset County children aged 3 ½ to 18 and their families struggling with behavioral and mental health issues. Utilizing evidence based treatments from experienced and compassionate staff; children and adolescents are offered individual, family, and group therapy in a safe environment. Psychiatric evaluations and medication monitoring are also available, as well as expressive and adjunctive treatment modalities such as art therapy and yoga. Those with learning disabilities and some developmental disabilities are seen and may be assessed and referred for specialized services as needed. Psychiatric evaluations are available. Parenting education is also offered and parents can be referred for a range of clinical services as well.

#### Adult Outpatient Department

Somerset County adults, ages 18+ and their families can receive individual, group, couples and family therapy. Richard Hall CHWH has a long history of working with individuals with mental health and co-occurring disorders. We use evidence-based and wellness focused treatments in collaboration with our clients to achieve the best outcomes possible.

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## **RICHARD HALL COMMUNITY HEALTH & WELLNESS CENTER (CONTINUED)**

### **TOUCHSTONE INTENSIVE SUPPORT SERVICES**

Individuals age 18 and older may participate in this program. This serves clients with a wide range of psychiatric disorders who have difficulty functioning in the community. Groups focus on promoting increased functioning, community involvement, and vocational productivity, including a Supported Employment program.

### **MEDICATION CLINIC**

Child psychiatric evaluation and treatment is provided by Psychiatrists or Advance Practice Nurses. The Center provides services Monday through Friday by appointment, and evening hours are available.

### **CO-OCCURRING AND RELATIONSHIP EMPOWERMENT (CARE)**

CARE is a client-driven wellness and recovery program dedicated to empowering individuals who struggle with co-occurring mental health, substance use disorders, and relationship challenges to make choices in support of self-determination and personal growth.

### **OPTIONS for Men and Women**

Provide individual domestic violence assessments and a 6 month psycho-educational group for those seeking to end intimate partner violence.

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## RICHARD HALL COMMUNITY HEALTH & WELLNESS CENTER (CONTINUED)

### **REACH 4 RECOVERY**

Works by providing support that promotes wellness and recovery from co-occurring substance use and mental health disorders by bridging the gap between treatment and recovery supports. R4R assists participants to increase skills to improve whole health, build community and address ambivalence through the use of individual, group and community-based recovery supports including: Equine Assisted Therapy, Motivational Incentives, and Community Outreach.

### **ZUFALL HEALTH CENTER**

A whole health care program supporting personal wellness and recovery from both physical and mental health conditions. Primary Health Care and Dental Care are provided on site for those in need. In addition the program offers: Nutrition, Wellness Education and Activities, Smoking Cessation, Personal Wellness Planning, Healthy Goal Setting.

**Transportation:** None however, some clients are transported by DCP&P. Some services are provided in North Plainfield.

## **RIDEWISE, INC**

50 Division Street  
Suite 400  
Somerville, NJ 0887

**Telephone:** (908) 704-1011

**Email:** [staff@ridewise.org](mailto:staff@ridewise.org)

**Website:** [www.ridewise.org](http://www.ridewise.org)

**Hours:** 9:00 a.m. - 4:00 p.m. (Monday - Friday)

**Language:** English and Spanish

**Referral Process:** None

**Services Provided:** RideWise provides information and education on sustainable transportation options in Somerset County. The agency serves all towns in Somerset County, except for Montgomery Township, which is covered by the Greater Mercer TMA ([www.gmtma.org](http://www.gmtma.org)).

**BikeConnect:** RideWise collects, repairs, and donates gently used bicycles to adults aged 18 and older needing transportation for employment. RideWise accepts client referrals from nonprofit and human service agencies within Somerset County.

**TransitConnect:** RideWise offers travel training for older adults, people with disabilities, and new transit users on navigating public transit in Somerset County. Participants learn to plan their trips, read schedules, pay fares, use accessibility features, and follow safety precautions while traveling on the bus /train with a mobility specialist. Individuals under 18 must have a parent or guardian accompany them.

*\*Participant must pay for their bus/train fare.*

**Transportation:** N/A. (RideWise is not a transportation provider)

**Fee:** None.

**RWJ SOMERSET HOSPITAL****PSYCHIATRIC EMERGENCY SCREENING SERVICES (PESS)**

110 Rehill Avenue  
Somerville NJ 08876

**Telephone:** (908) 655-7344

**24/7 Crisis Hotline:** (908) 526-4100

**Fax:** (908) 595-2688

**Hours:** 24 hours a day, 7 days a week

**THE HOPE HUB:**

**Telephone:** (908) 526-4100

**Hours:** 10:00 a.m. - 6:30 p.m. (Monday - Friday)

**Language:** English; Language interpretation services available

**Referral Process:** Walk-ins are welcome and appointments are available if desired. After hours, individuals may call the 988 Suicide and Crisis Lifeline or access crisis services through the RWJUH Somerset Emergency Department or by calling the 24/7 crisis hotline.

**Services Provided:** Psychiatric Emergency Screening Services (PESS) for children and adults including crisis intervention, psychiatric evaluation, stabilization, treatment, and 24/7 mobile community outreach for individuals experiencing acute psychiatric distress in Somerset County. RWJUH Somerset offers services to children and adults experiencing a psychiatric emergency. Individuals may seek support for emotional distress or mental health crises including worsening anxiety or depression, behavioral health concerns, thoughts of self-harm or harm to others, difficulty coping due to stressors, trauma, or loss, and urgent psychiatric concerns that require immediate evaluation and support.

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## **RWJ SOMERSET HOSPITAL (CONTINUED)**

**Specialized Services:** Additional Behavioral Health Services include the Hope Hub Living Room Model, Emergency Department Crisis Center, inpatient adult psychiatric treatment, inpatient adult and adolescent eating disorder treatment, adult intensive outpatient and partial hospitalization programs, and outpatient eating disorder intensive outpatient and partial hospitalization programs.

The Hope Hub provides individuals and families with a calm, welcoming environment where they can receive confidential support during a behavioral health crisis that does not require care in the Emergency Department. The space is designed to resemble a living room rather than a hospital setting and focuses on reducing fear, providing clarity, and connecting individuals to community resources and ongoing support.

**Transportation:** None.

**Fee:** Care is provided regardless of ability to pay.

**SAFE HARBOR****CHILD ACCESS CENTERS**

3 Main Street  
Flemington, NJ 088227

**Telephone:** (908) 268-4284

**Email:** safeharbor17info@gmail.com

**Website:** www.safeharborfamilies.org

**Hours:** Open 7 days a week /call for appointment

**Language:** English

**Referral Process:** Referrals are made through the court, other agencies, and self- referrals.

**Services Provided:** Supervised parenting time, monitored custody exchange for visitation.

**Additional Programs:** Children's play group, teen advocacy group, individual and small group programs for those healing from trauma.

**Transportation:** None.

**Fee:**

- Supervised Visitation - \$65.00 for one hour / \$55.00 for each additional hour
- Monitored Exchange - \$20.00 (per monitored exchange)
- All other programs are free of charge

## **SAFE+SOUND SOMERSET**

Administration and Outreach Offices  
P.O. Box 835  
Somerville, NJ 08876

**Telephone:** (866) 685-1122 (24-Hour Toll Free Talk/Text Hotline)  
(908) 359-0003 ext. 202 (Outreach Office)

**Fax:** (908) 359-8881

**Website:** [www.safe-sound.org](http://www.safe-sound.org)

**Safe House:** Access 24/7 shelter services for survivors of domestic violence through Helpline  
– 866-685-1122

**Outreach Office:** Counseling Services, Legal Advocacy,  
Financial Literacy, Housing, Prevention

**Hours:** 9:00 a.m. - 8:00 p.m. (Monday - Thursday)  
9:00 a.m. - 5:00 p.m. (Friday 2 p.m. June - August)  
9:00 a.m. - 3:00 p.m. (Saturday)

Outreach Services by appointment only. Walk-ins not accepted for security purposes.

24/7 access for survivors, family members, professionals and the community through our 24/7 Helpline (866) 685-1122.

**Language:** English and Spanish

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## SAFE+SOUND SOMERSET (CONTINUED)

**Referral Process:** Individuals interested in services should contact the 24-hour hotline directly to request assistance. Primary criteria for services is the experience of domestic or dating abuse/intimate partner violence personally, with a family member or a friend. Non-emancipated minors, under 18, must have permission of a parent or guardian to access counseling and advocacy services. Individuals, service providers and community members may contact the 24-hour call/text line for information, referrals or training and presentation information.

**Services Provided:** S+SS provides trauma informed services that include 24-hour call/phone hotline services and confidential emergency safe house, transitional housing, individual and therapeutic group counseling for adults and children (including clinicians certified in Trauma Focused Cognitive Behavioral Therapy, Prolonged Exposure and Play Therapy) psychoeducational and mentoring groups, legal advocacy and SPEAK teen and community education. Services are available in Spanish. TTY is available on the 24-hour hotline.

**Transportation:** Emergency transportation is available to confidential emergency safe house. Limited public transportation to outreach office. Somerville satellite office is accessible via public transportation.

**Fee:** No fee to clients.

**ST. PETER'S UNIVERSITY HOSPITAL:  
FAMILY HEALTH CENTER**

**(DOROTHY B. HERSH CHILD PROTECTION CENTER / RDTCT)**

123 How Lane  
New Brunswick, NJ 08901

**Telephone:** (732) 448-1000

**Fax:** (732) 745-2344

**Website:** [www.saintpetershcs.com](http://www.saintpetershcs.com)

**Hours:** 8:30 a.m. - 5:00 p.m. (Monday - Friday)

**Language:** English and Spanish

**Referral Process:** DBH CPC receives referrals from DCP&P, local prosecutor's office, hospital emergency rooms and community pediatricians.

**Services Provided:** Child abuse and maltreatment medical exams, medical records reviews, mental health evaluations of and trauma informed therapy to children and adults impacted by child maltreatment.

**Specialized Services:** Trauma informed medical and mental health services.

**Languages Spoken:** English and Spanish

**Transportation:** Medicaid service for those eligible in Middlesex County only, schools and parents may provide transport for those not eligible.

**Fee:** DBH CPC does not accept private pay, medical insurance, or other third-party payors.

**ST. PETER'S UNIVERSITY HOSPITAL:  
FOR KEEPS BEHAVIORAL HEALTH**

(KIDS EMBRACED AND EMPOWERED THROUGH PSYCHOLOGICAL SERVICES)

St. Peter's Family Health Center  
123 How Lane  
New Brunswick, NJ 08901

**Telephone:** (732) 565-5494

**Fax:** (732) 846-5478

**Website:** [www.saintpetersuh.com](http://www.saintpetersuh.com)

**Hours:** 9:00 a.m. - 3:00 p.m. (Monday - Friday)

**Language:** English and Spanish

**Referral Process:** Anyone may refer a child including parents and teachers, regardless of school's preference or child's psychiatric history. A screening is completed to determine eligibility to the program.

**Services Provided:** For KEEPS provides an 8 – 12 week program daily Monday to Friday for children between the ages of 5 thru 17, state-of-the-art individual therapy, groups, family sessions, medication management, meals, and academic instruction. For KEEPS also offers a full multi-disciplinary mental health team of doctors, nurses, therapists, counselors, and academic teachers

**Languages Spoken:** English and Spanish

**Transportation:** Medicaid service for those eligible in Middlesex County only, schools and parents may provide transport for those not eligible.

**Fee:** Medicaid only.

## **SAMARITAN HOMELESS INTERIM PROGRAM (SHIP)**

Safe Harbor & Port of Refuge  
87 East High Street  
Somerville, NJ 08876

**Telephone:** (908) 393-9545

**Fax:** (908) 393-9542

**Email:** SafeHarbor@SHIP908.com

**Website:** [www.ship908.com](http://www.ship908.com)

**Hours:** 8:30 a.m. - 2:00 p.m. (Monday - Friday)

**Language:** English

**Referral Process:** Anyone can refer.

**Services Provided:** Emergency Housing (Overnight Motel-when funding permits), Anti-Hunger Program, Coffee Room (Bill's Place), Free Eye Clinic and Medical Clinic, HIV/Aids Education and Testing Referral, Alcohol/Substance Abuse Referral.

**Transportation:** None.

**Fee:** None.

**SEABROOK HOUSE, INC.**

133 Polk Lane  
Seabrook, NJ 08302-5905

**Mailing Address:**

P.O. Box 5055  
Seabrook, NJ 08302-0655

**Telephone:** (856) 455-7575  
(800) 761-7575

**Fax:** (856) 453-1022

**Website:** [www.seabrook.org](http://www.seabrook.org)

**Hours:** 24 hours per day

**Language:** English

**Referral Process:** Seabrook House treats adult men and women (18+) suffering from the disease of addiction. The facility primarily serves residents of the Northeastern United States. To refer a patient, one must call the admission telephone number for a ten-minute intake and benefits check (if necessary). Following that, an appointment is made for an assessment and potentially an admission to one of the programs based on level of care determined.

**Services Provided:** The program provides inpatient detox, residential rehabilitation, extended care for men and women, partial hospitalization, and intensive outpatient at the main campus in Bridgeton, NJ. Partial hospitalization is available and intensive outpatient levels of care at the other sites in Cherry Hill, Northfield, Morristown, and Shrewsbury New Jersey as well. The newest outpatient location is in Paoli, PA. Family services are provided at all locations.

**Transportation:** Seabrook House provides transportation for patients in need within the NJ, PA, NY, and DE region.

**Fee:** Private insurance accepted both in and out of network. Self-pay, payment plans, and credit cards are also accepted. Some scholarship programs are available.

## **SOCIAL SECURITY ADMINISTRATION**

245 Highway 22, Suite 207  
Bridgewater, NJ 08807

**Telephone:** (800) 772-1213  
Number available daily from 7:00 a.m. - 7:00 p.m.  
General Inquiry Line: (866) 446-6198

**TTY:** (800) 325-0778

**Fax:** (908) 595-0286 or (905) 595-0189

**Website:** [www.socialsecurity.gov](http://www.socialsecurity.gov)

**Hours:** 9:00 a.m. - 4:00 p.m.  
(Monday - Friday, except Wednesday)  
9:00 a.m. - 12:00 p.m. (Wednesday)

**Language:** English

**Referral Process:** Employers, funeral directors, welfare agencies, support agencies, and self-referents are the usual sources of referrals. Applications are taken for monthly benefits for survivors or dependents of deceased. In addition, applications are processed for retirement and disability benefits. Clients come to the office and make an appointment to apply.

**Services Provided:** The agency provides financial aid to all that qualify. No social services are provided. Appointments can be made to take claims in the office or over the phone. No direct payments are made to those under 18 except in very extreme circumstances. Processing time for survivor benefits is 30 days; for retirement benefits, 30 days; for disability benefits, 90 days. No benefits are payable under Social Security for the first five full months after onset of disability. There is no such non-payment period for Supplemental Security Income.

**Transportation:** None.

**Fee:** None.

## SOMERSET CHILDREN'S CENTER

377 Union Avenue  
Bridgewater, NJ 08807

**Telephone:** (908) 725-2366

**Fax:** (908) 725-3945

**Email:** [sccinfo@somersetchildrenscenter.org](mailto:sccinfo@somersetchildrenscenter.org)

**Website:** [www.somersetchildrenscenter.org](http://www.somersetchildrenscenter.org)

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)

**Language:** English

**Referral Process:** Doctors, health agencies, schools, parents, and Elk's Lodges are the usual sources of referrals. The Treatment Center provides services for some school districts. Contact the facility directly about the specific therapy needed.

**Services Provided:** Services provided are physical, occupational, and speech therapy to children from birth to age 21. Therapy is typically provided in half-hour sessions.

**Transportation:** None.

**Fee:** Contact agency for fees. Insurance accepted. Family may receive sponsorship from Elk's Lodge where the child resides after Lodge approval.

## **SOMERSET CHILDREN'S CENTER**

### **SOMERSET COUNTY SPECIAL CHILD HEALTH SERVICES CASE MANAGEMENT UNIT**

**Email:** casemanagement@cmsch.com

**Website:** [www.somersetchildrenscenter.org](http://www.somersetchildrenscenter.org)

**Hours:** 9:00 a.m. - 4:00 p.m. (Monday - Friday)

**Language:** English

**Referral Process:** Referrals can be made by families, doctors, schools or other agencies.

**Services Provided:** Special Child Health Services Case Management Unit works with families to help meet the needs of children from birth through 21 years of age who are medically involved or developmentally disabled regardless of financial status.

The Case Manager is either a nurse or a social worker who will work with the family to identify the child's needs and develop an Individual Service Plan based on those needs. The Case Manger will also help to identify sources of assistance, financial and other, and help the family in obtaining the services that are needed. There is no cost to families for Case Management .

**Transportation:** None.

**Fee:** Free of charge.

**SOMERSET COMMUNITY ACTION PROGRAM, INC.**

155 Pierce St, Suite F  
Somerset, NJ 08873-4168

**Contact:** Mark Harris, Executive Director

**Telephone:** (732) 846-8888

**Language:** English

**Referral Process:** Any Somerset County low-income resident with a pre-school age child may apply for the childcare program by coming to the office or requesting an application via telephone. Referrals are not necessary to access any services offered by SCAP.

SCAP does serve as a point of contact for residents in need of assistance. If the assistance sought is not a direct service that is provided, SCAP will work to link those in need with available services/assistance within the County/State.

**Services Provided:**Childcare

Comprehensive, high quality pre-school education/school readiness program. The program is available to any Somerset County child including children with disabilities, ages 6 weeks to 5, whose family's total gross household income is at or below the federal poverty index. It is a free full-day program that includes nutritionally sound meals and snacks.

- Summer Camp for children ages 6-12
- Other community services to assist low-income families achieve and maintain family self-sufficiency

**Transportation:** None.

**Fees:** None.

## **SOMERSET COUNTY BOARD OF SOCIAL SERVICES**

73 East High Street  
P.O. Box 936  
Somerville, NJ 08876-0936

**Telephone:** (908) 526-8800

**Fax:** (908) 707-1941

### **Other Locations:**

630 Franklin Boulevard, Suite 110  
Somerset, NJ 08873-1144  
(732) 846-6499

391-D Somerset Street  
North Plainfield, NJ 07060  
(908) 561-9400

**Hours: Somerville Office**  
8:15 a.m. - 6:00 p.m. (Monday - Friday)

**North Plainfield and Somerset Offices**  
8:30 a.m. - 4:30 p.m. (Monday - Friday)

**Language:** English

**Referral Process:** No referral or appointment is necessary to apply for any of the services offered. Applicants must be residents of Somerset County. Eligibility for various programs is dependent upon the income and resource level of the applicant.

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## SOMERSET COUNTY BOARD OF SOCIAL SERVICES (CONTINUED)

**Services Provided:** Cash assistance is available to families with minor children under Temporary Assistance to Needy Families Program. NJ SNAP benefits are available to families and single adults who meet the program's eligibility requirements. In addition, the Board administers the Work First General Assistance Program for indigent single adults and couples to 19 of the 21 municipalities in the county. Medical assistance is available under various Medicaid programs. (This includes medical coverage for families with minor children, pregnant women and the elderly and disabled.) The Board of Social Services provides counseling, emergency housing and utility shut-offs for temporary assistance to needy families, as well as limited housing and utility assistance for working poor county residents, information and referral to other service organizations, protective services for vulnerable adults, family day care, and homemaker services as well as outreach services provided to residents of rooming and boarding homes.

**Transportation:** Not provided to the offices. Clients may be visited at home if required. Medical transportation for Medicaid eligible residents is arranged through Logisticare.

**Fee:** None.

## **SOMERSET COUNTY CHILD ADVOCACY CENTER**

40 North Bridge Street  
Somerville, NJ 08876

**Telephone:** (908) 575-7601

**Fax:** (908) 526-0626

**Email:** [cac@somersetcountynj.gov](mailto:cac@somersetcountynj.gov)

**Hours:** 8:30 a.m. – 4:30 p.m.

**Language:** English and other

**Referral Process:** A referral of Child Abuse or Neglect can be made to the Department of Children and Families through their 24-hour hotline (1-877-652-2873), to a local police department, or to the Sex Crimes/Child Abuse Unit at the Somerset County Prosecutor's Office.

**Services Provided:** The Somerset County Child Advocacy Center is a physically and psychologically safe place for a child to be forensically interviewed regarding any concern of abuse or neglect. The Child Advocacy Center also will work with the family to provide referrals for medical, mental health and other community resources. This is to ensure all child victims and their family members have access to the services they need to ensure safety and healing.

**Transportation:** The Borough of Somerville is centrally located and easily accessible by the residents of the county through major highways such as Route 22, Route 287, and Route 28 and through public transportation. Somerville has a train station located about three blocks from the Child Advocacy Center, as well as a bus line. There is a parking lot located directly across the street from the building for those who have their own means of transportation.

**Fee:** N/A

## **SOMERSET ACADEMY**

991 Route 22 West, Ste. 301  
Bridgewater, NJ 08807

**Telephone:** (908) 707-0070

**Fax:** (908) 429-3947

**Hours:** 8:00 a.m. - 4:00 p.m. (Monday - Friday/school year)

**Language:** English

**Referral Process:** Child Study Teams from local school districts refer students to the Academy. Students ages 5 to 21, who are eligible for alternative academic and special education and related services are served.

**Services Provided:** Each student receives a full academic program based on the NJ Core Curriculum Standards and the individual student's IEP. The school-wide Behavior Evaluation Program is an integral part of the student's plan. A full-time psychologist, social worker/SAC, consulting psychiatrist, and work with fully certified teachers to round out the programs. Referrals to outside agencies and administration of state-mandated tests are also provided.

**Transportation:** Sending school district provides transportation.

**Fee:** Tuition paid by local school district.

## **SOMERSET COUNTY FAMILY DIVISION**

County Court House  
20 North Bridge Street, 2nd Floor  
Somerville, NJ 08876

### **Mailing Address:**

Court House  
P.O. Box 3000  
Somerville, NJ 08876

**Telephone:** (908) 332-7700 ext. 13730

**Website:** [www.njcourts.gov](http://www.njcourts.gov)

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)

**Language:** English

**Referral Process:** Once the local police has filed a Youth complaint, it is reviewed by the Somerset County Prosecutor's office for authorization then it is screened by Family Division. The Family Crisis Intervention Unit refers Youth/ Family Crisis Petitions and Out-of-Home Placement Petitions to Family Division for screening and referral to Family Court. The Family Court and Family Division have jurisdiction over all Youth residents of Somerset County.

**Services Provided:** Somerset County Family Division screens all matters regarding Youth Delinquency, Crisis Petitions, Detention, Out-of-Home Placement, Child Placement Review, Abuse/Neglect, Termination of Parental Rights, Custody, Support, Paternity, Dissolution, and Domestic Violence to be considered and referred to the Family Court for further legal action if necessary. The Family Court will, under certain circumstances, remand Youths to out-of-home placements (correctional and residential placements).

**Transportation:** None.

**Fee:** None.

**SOMERSET COUNTY INTER-AGENCY  
COORDINATING COUNCIL (CIACC)**

27 Warren Street  
Somerville, NJ 08876

**Mailing Address:**

P.O. Box 3000  
Somerville, NJ 08876

**Telephone:** (908) 704-6356

**Fax:** (908) 253-0180

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)

**Language:** English

**Population Served:** The CIACC serves Somerset County youth from birth to age 21, who receive behavioral health related services for significant emotional and or behavioral disturbances or who have intellectual or developmental disabilities (I/DD).

**Services Provided:** The Somerset County Children's Inter-Agency Coordinating Council (CIACC) is an advisory body that develops and maintains a responsive, accessible and integrated system of care for children with behavioral health issues, developmental or intellectual disabilities and adolescents with substance abuse issues through the involvement of parents, consumers, youth and child serving agencies as partners. The CIACC is an advisory body to the Children's System of Care (CSOC) and County government, thus making recommendations on youth and families who are being served by the CSOC system. The CIACC provides a forum where the system of services for children with behavioral health issues or who have I/DD, can be developed, reviewed, revised and/or redirected through a collaborative decision-making process with the Children's System of Care (CSOC).

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## SOMERSET COUNTY INTER-AGENCY COORDINATING COUNCIL (CONTINUED)

Membership of the CIACC represents all child-serving systems, to include behavioral health, child welfare, education, youth justice, substance abuse providers, and developmental disabilities and advocates. Membership also reflects natural family supports of community-based organizations, and family members. The activities of the CIACC are: coordinate and integrate planning efforts for youth with State and County planning bodies; review programs developed for children and youth using the protocol developed for this purpose and make appropriate recommendations to the Children's System of Care (CSOC) during contract renewals; provide local systems review to raise appropriate issues to the Children's System of Care (CSOC); establish a priority setting process to guide resource and service development through data secured from CSOC partners and provided by other State and County planning groups; review data received by the CSOC system partners to identify resources, service gaps or barriers to report to the State; provide CSOC with an annual county assessment of identified needs for Somerset County for State planning purposes and monitor funding.

**Transportation:** None.

**Fee:** None.

**SOMERSET COUNTY YOUTH JUSTICE  
MULTI-DISCIPLINARY TEAM (YJMDT)**

Somerset County Youth Services Commission  
27 Warren Street  
Somerville, NJ 08876

**Mailing Address:**

YJMDT - Somerset County Youth Services  
Commission  
P.O. Box 3000  
Somerville, NJ 08876

**Telephone:** (908) 704-6352

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)

**Language:** English

**Referral Process:** Referrals can be made by the Somerset County Family Case Management Office, Somerset County Probation Department, Office of Youth Justice, and the Youth Justice Commission, to the YJMDT Coordinator. The target population for the YJMDT is Somerset County (1) youths referred through the youth justice system who have been charged with an offense and are at risk of placement in secure detention at the time of disposition on pending charges which could include violation of probation, and (2) Youth Justice Commission youth who need aftercare planning, using existing community resources and additional resources as they become available and (3) youths that are currently in secure detention.

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**SOMERSET COUNTY YOUTH JUSTICE  
MULTI-DISCIPLINARY TEAM (JJMDT)  
(CONTINUED)**

**Services Provided:** The YJMDT consists of representatives from the Somerset County Family Case Management Office, Somerset County Family Crisis Intervention Unit, Somerset County Office of Youth Justice, Somerset County Probation Department, Division of Child Protection & Permanency, Home Detention Program, Care Management Organization, Middle Earth, Catholic Charities and the New Jersey Youth Justice Commission. The YJMDT may be expanded to include the youth, family representative(s), and representatives of agencies, including schools, involved with providing services to the youth/family being reviewed. The YJMDT will develop and ensure individualized case plans for adjudicated youth through a coordinated team effort. Plans developed for youth and their families will build on family strengths and community resources.

**Transportation:** None.

**Fee:** None.

**SOMERSET COUNTY PARK COMMISSION**

HEADQUARTERS  
355 Milltown Road  
Bridgewater, New Jersey 08807

**Telephone:** (908) 722-1200

**Fax:** (908) 722-6592

**Website:** [www.somersetcountyparks.org](http://www.somersetcountyparks.org)

**Hours:** 9:00 am - 5:00 pm - 7 days a week (Building)  
Building is closed Saturdays in the summer.  
Trails open Dawn - Dusk 7 days a week.

**Services Provided:** Open to people all ages from infants to senior citizens. Visit the website for a complete list of programs offered. Naturalist programs include nature walks, children's programs, story hour, crafts, gardening, bird watching, and camps. There are day and overnight excursions for family and friends as well as many special events and exhibits at the Environmental Education Center. Canoeing, kayaking, and cross-country skiing are also available. An interactive exhibit highlighting geographic, historic, and ecological information of the area is open 9 a.m. - 4:30 p.m. daily.

**Transportation:** None.

**Fee:** Based upon program offered or special event established.

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## **SOMERSET COUNTY PROSECUTOR'S OFFICE**

Office of Victim-Witness Advocacy  
40 North Bridge Street  
P.O. Box 3000  
Somerville, NJ 08876

**Telephone:** (908) 575-3359

**Fax:** (908) 575-3962

**Website:** [www.scpo.net](http://www.scpo.net)

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)

**Email:** [somersetvw@somersetcountynj.gov](mailto:somersetvw@somersetcountynj.gov)

**Language:** English and Spanish speaking secretary

**Referral Process:** Referrals are primarily a result of a criminal investigation, but may also be made directly to the Office of Victim-Witness Advocacy.

**Services Provided:** Criminal justice orientation, case status notification, court room orientation, court accompaniment, crisis counseling and support services, information on financial entitlements, information regarding victim impact statement and parole input, assistance with property return, case advocacy, referrals to county agencies. Advocacy services available in municipal court to victims of domestic violence.

**Transportation:** May be provided to victims when needed for a court appearance.

**Fee:** None

## SOMERSET COUNTY VETERANS SERVICES

27 Warren Street  
P.O. Box 3000  
Somerville, NJ 08876

**Telephone:** (908) 704-6329

**Fax:** (908) 575-3910

**Email:** [veterans@somersetcountynj.gov](mailto:veterans@somersetcountynj.gov)

**Website:** <https://www.SomersetCountyNJ.gov/government/human-services/veterans-services>

**Language:** English

**Referral Process:** Veterans and their dependents can call the agency which serves residents from Somerset County.

**Services Provided:** Services provided to county veterans include counsel, information, and referral. Assists with the application process for benefits from the Veterans Administration and other federal and state agencies. Orchestrates the issuance of internment memorial markers and grave flags. Maintains a close relationship with county veterans' organizations.

**Transportation:** For veteran transportation to the New Jersey VA Health Care System call (908) 704-6329.

**Fee:** None.

## **SOMERSET COUNTY VICINAGE 13 PROBATION**

Superior Courthouse  
20 North Bridge Street  
Somerville, NJ 08876

**Mailing Address:**

P.O. Box 3000  
Somerville, NJ 08876

**Telephone:** (908) 332-7000 ext. 13760

**Fax:** (908) 332-7703

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)  
Evening hours by appointment.

**Language:** English and Spanish

**Referral Process:** Youths are placed under the supervision of probation by Superior Court - Family Part. Serves ages 8 - 18.

**Services Provided:** Enforcement of court orders by case monitoring and supervision of Youth probationers in the community. This includes community service placement, urine monitoring, field visits, school contacts, written sanctions, and collection of fines and restitution. Makes referrals to the appropriate agencies in order to reintegrate the Youth into society and to deter further delinquent activity, promoting public safety. Acts as a liaison between court, social service agencies, law enforcement, Youth Justice Commission, and the educational system.

**Transportation:** Not provided, but public transportation is available.

**Fee:** None.

## SOMERSET COUNTY VOCATIONAL AND TECHNICAL HIGH SCHOOL

14 Vogt Drive  
Bridgewater, NJ 08807

**Mailing Address:**

P.O. Box 6350  
Bridgewater, NJ 08807

**Telephone:** (908) 526-8900

**Fax:** (908) 704-0784

**Website:** [www.scvths.org](http://www.scvths.org)

**Hours:** 7:45 a.m. - 2:15 p.m.

**Office:** 7:30 a.m. - 4:00 p.m. (Monday - Friday)  
(school calendar)

**Language:** English

**Referral Process:** Students are referred by their sending high school district. The school serves regular and classified students ages 14 to 20, who reside in Somerset County. Students must meet certain eligibility requirements to be accepted into the school.

**Services Provided:** The program provides academic and vocational courses leading to high school diploma and a skill certificate, supportive services including social and adjustment counseling, career counseling and information, and Cooperative Education (CE). Secondary age students who are interested in learning vocational and technical skills benefit most. Students may attend full-time or share time. Share time means they only attend Vo-tech for approximately two hours per day for vocational training while they spend the remainder of their day at their district high school in academic instruction.

**Transportation:** Provided by sending school district.

**Fee:** Tuition paid by sending district.

## **SOMERSET COUNTY YOUTH SERVICES COMMISSION**

27 Warren Street  
Somerville, NJ 08876

### **Mailing Address:**

P. O. Box 3000  
Somerville, NJ 08876

**Phone:** (908) 704-6331

**Fax:** (908) 253-0180

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Language:** English

**Referral Process:** Anyone may call the Commission office to gain information about sanctions and services that serve Somerset County youth and their families. The population served are Somerset County youth ages 5 to 19, who are at risk of or currently involved in the Youth Justice System.

**Services Provided:** The Commission is a legislatively-mandated body that plans, implements, monitors, and evaluates the Youth justice service system. It develops and submits triennially, to the Board of County Commissioners and the State Youth Justice Commission, a comprehensive plan of sanctions and services for Youths adjudicated or charged as delinquent and delinquency prevention programs. Its members are appointed by the Board of County Commissioners and are representative of all the systems that impact youth.

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## SOMERSET COUNTY YOUTH SERVICES COMMISSION (CONTINUED)

The mandated duties and responsibilities are carried out through a committee process. These duties include assessing and prioritizing the needs of delinquent and at-risk youth, coordinating and integrating services for these youth, determining the distribution of funding for services and monitoring same, coordinating efforts of municipal youth services commissions, the Youth Justice Multi-Disciplinary Team, and planning education and training opportunities for Somerset County professionals from all the systems that work with youth. For additional information on the Somerset County Youth Services Commission, or other statewide Youth Services Commissions and events, please visit <http://www.njacysca.org/>.

**Transportation:** None.

**Fee:** None.

## **SOMERSET PSYCHOLOGICAL GROUP, PA**

(SOMERVILLE)

### **Mailing Address:**

134 West End Avenue, First Floor  
Somerville, NJ 08876

**Telephone:** Main number (908) 333-4646  
New Patient Line (908) 333-4646 ext. 120

**Fax:** (908) 722-5060

**Email:** [info@somersetpsych.com](mailto:info@somersetpsych.com)

**Website:** [www.somersetpsych.com](http://www.somersetpsych.com)

**Hours:** Each doctor schedules his or her own appointments, so please contact the doctor directly. If you are a new patient and are unsure of which doctor to see, please leave a voicemail message at extension 120. While each doctor's schedule varies, morning, afternoon, and evening appointments are generally available Monday-Saturday.

**Languages:** English, Spanish

**Referral Process:** We accept referrals from individuals, families, schools, physicians, attorneys, clergy, and social service agencies. Please contact us directly via telephone to schedule an appointment.

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## SOMERSET PSYCHOLOGICAL GROUP, PA (CONTINUED)

**Services Provided:** Somerset Psychological Group provides a variety of services for the full spectrum of the population, including children, adolescents, and adults. Staff have been specially trained in the assessment and treatment of a vast array of challenges, including: anxiety, mood problems, low self-esteem, stress management, work and school difficulties, grief and loss, trauma, sexual difficulties, parenting concerns, and behavioral problems. In addition to individual therapy, our staff has been trained in family therapy, couples therapy, and group therapy. We also offer a variety of specialized forensic services, including: court testimony, civil and criminal evaluations, evaluations in child abuse cases, and fitness for duty evaluations and IMEs. Some members of our staff are fluent in Spanish.

**Transportation:** None

**Fee:** Fees for our services fall within the usual, reasonable, and customary charges for mental health providers in central New Jersey. Our fees vary depending upon the type of service that is being provided. We do not participate in any of the insurance networks, however, except for our forensic work, our services would be covered by out of network benefits. We encourage you to speak directly to our doctors regarding fees.

## **SOMERSET TREATMENT SERVICES**

118 West End Avenue  
Somerville, NJ 08876

**Telephone:** (908) 722-1232

**Fax:** (908) 429-7523

**Email:** [info@stscares.org](mailto:info@stscares.org)

**Website:** [www.stscares.org](http://www.stscares.org)

**Hours:           Counseling Center**

9:00 a.m. - 8:00 p.m. (Tuesday - Thursday)

9:00 a.m. - 4:30 p.m. (Monday and Friday)

**Opiate Treatment Program Clinic**

6:30 a.m. - 9:30 a.m. (Monday - Friday)

7:00 a.m. - 9:00 a.m. (Saturday)

**Language:** English

**Referral Process:** Voluntary, social services agencies, schools, clergy, the Division of Child Protection and Permanency and the criminal justice system are a few of the common sources of referrals. Clients eligible for services would be those presenting with a drug and/or alcohol problem or HIV related problem. Clients should call the main office number to complete a phone screening and arrange an intake appointment.

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## SOMERSET TREATMENT SERVICES (CONTINUED)

**Services Provided:** The program provides outpatient substance abuse counseling for adolescents and adults, which includes individual, group, and family participation, as well as Intensive Outpatient Program services. Also available at the agency are drug and alcohol evaluations and laboratory drug screening. Separate, hospital-based medical services are provided to opiate-addicted individuals, utilizing methadone and Buprenorphine/Suboxone. The agency also has HIV-specific substance abuse counseling which provides various services to Persons Living with AIDS. Case management services and HIV Support Groups are provided to any Somerset or Hunterdon County resident as well. Psychiatric services are available to all clients. Anger Management Services- a 16 week Anger Management Group is available, as needed.

The Agency also has free, Specialized Prevention Services for at-risk families and youth. First is the S-BIRT Program (Screening, Brief Intervention and Referral to Treatment) offering screening and follow-up intervention to high-risk youth. Strengthening Families offers a 10-week course for parents and children aged 5-12, with dinners, separate age-specific groups and family groups. Naloxone training is offered to anyone in Somerset or Hunterdon counties and includes provision of a Naloxone kit to help prevent opioid overdose deaths.

**Transportation:** Local train and bus lines run close to the clinic near Somerville.

**Fee:** Medicaid accepted for all services; Medicare accepted for opioid treatment services. State Fee for Service and county funding also assists clients over the Medicaid threshold. Sliding scale fee available for self-pay clients. Call for current rates.

## SUMMIT OAKS HOSPITAL

19 Prospect Street  
Summit, NJ 07091

**Telephone:** (800) 753-5223  
(908) 522-7071 (Admissions)

**Fax:** (908) 522-7007

**Website:** [www.summitoakshospital.com](http://www.summitoakshospital.com)

**Hours** 24 Hours a day / 7 days a week

**Language:** English, Spanish, and language line available

**Referral Process:** Summit Oaks Hospital accepts referrals from Hospitals, Outpatient Providers, Physicians, Psychiatrists, Psychologists, Social Service Agencies, Courts, Police, Military, School Personnel, Parents, Family, Guardians, as well as Self-referrals. Patients are also able to walk-in to our facility for an assessment.

### **Services Provided:**

**Inpatient:** Summit Oaks Hospital provides Acute Psychiatric and Substance Use treatment for Adults, Adolescents and Children. The **Child and Adolescent Program** serves ages 5 to 17, who are in crisis and need 24-hour clinical supervision. The **Adult Psychiatric Program** serves individuals 18+ who are experiencing acute mental health problems and are in crisis. The **Drug and Alcohol Withdrawal Program** serves individuals 18+ who need withdrawal medically managed, followed by evidence-based therapies. The **Rehabilitation Program** services individuals 18+ who've gone through the Withdrawal process and acquire additional skills to manage recovery. The **Dual Diagnosis Program** serves individuals 18+ who struggle with acute behavioral health issues and substance use disorder.

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## SUMMIT OAKS HOSPITAL (CONTINUED)

**Outpatient:** Summit Oaks Hospital provides Adult (18+) **Partial Hospitalization Programs (PHP)** and **Traditional Therapy (one to one)** for Mental Health and Co-Occurring Disorders. Programs based on assessment to suit individual needs.

**Transportation:** Transportation is provided for the Outpatient Programs within a 25-mile radius of the Hospital.

**Fee:** Most Major Insurances accepted including, Horizon Blue Cross Blue Shield, Aetna, Cigna, Oxford UBH, Qualcare, TRICARE®, Medicare and Medicaid and Managed Medicare/Medicaid. Private Pay is also accepted.

## **TECHNICAL OCCUPATIONAL PREPARATION FOR SUCCESS (TOPS)**

Somerset County Vocational and Technical High School  
14 Vogt Drive  
Bridgewater, NJ 08807

**Mailing Address:**

P.O. Box 6350  
Bridgewater, NJ 08807

**Telephone:** (908) 526-8900 ext. 7269 or 7123

**Fax:** (908) 203-0391

**Hours:** 7:45 a.m. - 2:15 p.m. (Monday - Friday)  
during the school year.

**Language:** English

**Referral Process:** Somerset County residents of high school age are referred to the TOPS Program by counselors or Child Study Team members in their local school districts. Candidates for admission must have an interest in vocational training and a desire to succeed academically. Students eligible for the TOPS Program are at risk of failing their regular high school program. A parent or guardian must give written consent.

**Services Provided:** TOPS serves as a surrogate high school program for students with ability who are not successful in their regular schools. It is an enrichment program with an individual emphasis supported by individualized plans for each student with the ability to receive full high school credit for all schoolwork completed. Students select vocational training from a variety of CTE programs available. Intensive academic classes include special projects, community service activities, demonstrations, outside speakers, and field trips all of which are designed to enrich the traditional education process, allowing students the opportunity to learn and succeed in an innovative and unconventional program.

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## TECHNICAL OCCUPATIONAL PREPARATION FOR SUCCESS (TOPS) (CONTINUED)

Academic and personal counseling are also provided. The goal is to steer capable students back on the right track to graduation, a career, and success as an individual and a member of their community. At the end of the school year, each student is given the opportunity to remain in the TOPS program, or return to their sending district.

Students are also given assistance for continuing their education and/or finding employment.

**Transportation:** When needed, it is provided by the student's home district.

**Fee:** None for students. Subsidized by sending school district.

## THE ARC OF SOMERSET COUNTY

### CAMP JOTONI

51 Old Stirling Road  
Warren, NJ 07059

**Telephone:** (908) 725-8544  
(908) 753-4244 when camp is in session

**Fax:** (908) 753-7868

**Website:** [campjotoni.org](http://campjotoni.org)

**Hours:** 9:00 a.m. - 3:00 p.m. during day camp  
24/7 hours per day during residential camp  
AM/PM extended care offered for an additional fee.

**Languages:** English

**Referral Process:** Parents, schools, DCP&P, DCF (Perform care), DDD can refer. CAMP JOTONI serves individuals with developmental disabilities ages 5 to adult. Call office for information. All applications are now online at [CampJotoni.org](http://CampJotoni.org). New campers must be interviewed on site prior to acceptance in the program. Residential runs for 6 weeks in July and August. Sessions can be 5, 7, or 13 nights. Day camp runs 9 weeks from late June through late August with last 2 weeks ages 21 and under only.

**Services Provided:** Services provided at the day and residential camp include arts and crafts, games, nature, physical education, music, dance/movement and swimming. Field trips and special events each session. All meals and snacks provided. Nurse on site.

**Transportation:** Provided within Somerset County only weeks 1, 8, and 9 with various bus stops located throughout the county for a fee. Out-of-county residents can meet the bus in these areas or provide own transportation.

**Fee:** Please visit website for rates.

## **THE ARC OF SOMERSET COUNTY**

### **PARENTS AND CHILDREN TOGETHER (PACT) PROGRAM**

41 South Main Street  
Manville, NJ 08835

**Telephone:** (908) 725-8544

**Fax:** (908) 704-0850

**Website:** [www.thearcofsomerset.org](http://www.thearcofsomerset.org)

**Hours:** 8:30 a.m. - 5:00 p.m. (Monday and Friday)

**Languages:** English

**Referral Process:** PACT is a parenting education program for families headed by individuals with intellectual and developmental disabilities. Parents, school districts, social service agencies, NJ Division of Developmental Disabilities and/or medical providers may call the office for referral information.

**Services Provided:** PACT's goal is to help children and families participate in school and community agencies, seek, obtain and use the services they need to keep their children socially and emotionally healthy, and educationally on track to finish their education. PACT will help youth obtain skills leading to employment or continuing education, so the youth are prepared for the world of work. PACT helps families locate, navigate, and participate in the service array so their children achieve more in school and have workplace readiness skills to sustain him/herself in the labor force.

**PACT received an extension to serve individuals and/or families that are affected by a disability.**

**Transportation:** Provided for all services noted.

**Fee:** Parenting Education Services are free of charge. Developmental Day Care has a sliding scale fee.

## **THE ARC OF SOMERSET COUNTY**

### **JERRY DAVIS CENTER FOR CHILDREN AND FAMILIES**

41 South Main Street  
Manville, NJ 08835

**Telephone:** (908) 725-2266

**Fax:** (908) 704-0729

**Website:** [www.thearcofsomerset.org](http://www.thearcofsomerset.org)

**Hours:** 7:30 a.m. - 6:00 p.m. (Monday and Friday)

**Languages:** English

**Referral Process:** Parents, school districts, Special Child Health Services, Division of Developmental Disabilities, and Division of Child Protection & Permanency, physicians, families may call the office for enrollment applications and information.

**Services Provided:** Early intervention services are provided for infants and toddlers deemed eligible through the State EI program inquiry. Developmental Day Care and Preschool classes are available for children with and without disabilities. Volunteer opportunities are available for individuals and groups.

**Specialized Services:** Individual and group therapy for children is possible for children enrolled in JDCCF.

**Transportation:** None.

**Fee:** There is a sliding scale fee for the Developmental Daycare Program and Early Intervention. We accept contracts with Community Child Care Solutions and other subsidies programs, in addition to our own STAP support for those who qualify.

## THE CENTER FOR GREAT EXPECTATIONS

19B Dellwood Lane  
Somerset, NJ 08873

**Telephone:** (732) 247-7003

**Fax:** (732) 247-7043

**Email:** [info@cge-nj.org](mailto:info@cge-nj.org)

**Website:** [www.cge-nj.org](http://www.cge-nj.org)

**Hours:** 24 hours a day / 7 days a week

**Languages:** English

**Referral Process:** Referrals come from a variety of sources, including DCP&P, Work First New Jersey Substance Abuse Initiative, County Boards of Social Services, Probation, PerformCare, CMOs, hospitals, methadone clinics, churches, pregnancy centers, as well as family, friends, and self-referrals.

**Services Provided:** The Center for Great Expectations (CGE) provides a Continuum of Care that includes: Residential Treatment services for homeless pregnant/parenting adolescents (12 beds) and homeless pregnant/parenting adult women in substance abuse recovery (8 beds); On-site Child Development Center, Katy's Place, for children of residential clients (licensed for up to 36 children); Supportive Housing Program (27 units) for at-risk women & children; and Roots to Recovery Outpatient Services (North Brunswick location serving 340 women & men annually – with and without insurance accepted). The S.T.A.R.T. Program offers in-home substance use disorder and early-relational health counseling and treatment as well as case management and doula services to pregnant and newly parenting women with substance use disorder across seven counties (Somerset, Hunterdon, Morris, Essex, West Hudson, Union, and Middlesex). CGE is a CARF-accredited organization and a member of the National Child Traumatic Stress Network (NCTSN)

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**THE CENTER FOR GREAT EXPECTATIONS  
(CONTINUED)**

**Prevention Programming:** The Institute of CGE offers trauma-attuned resiliency training, professional development, and workforce optimization in clinical/community settings, school environments, and businesses. Please email Ellen Purtell at [epurtell@cge-nj.org](mailto:epurtell@cge-nj.org) to learn more. This program is fee based.

**Residential services for adolescents are provided as a RTC (Residential Treatment Center) IOS (Intensity of Service).** While at CGE, adolescents have the opportunity to build critical self-esteem, coping, parenting and educational skills needed to support a future of health and opportunities for themselves and their children.

**Transportation:** Provided for clients.

**Fee:** None.

## **THE CENTER SCHOOL**

2 Riverview Drive  
Somerset, NJ 08873

**Telephone:** (908) 253-3870

**Fax:** (732) 764-8605

**Website:** [www.thecenterschool.com](http://www.thecenterschool.com)

**Hours:** 8:35 a.m. - 2:35 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Parents or child study teams send student records to Center School for review. If child is appropriate, child and parents are invited to visit. This program serves central NJ and/or areas in New Jersey within the radius of an hour's drive.

**Services Provided:** The Center School is a DOE approved, K – age 21 private non-profit school for students with learning differences and/or social, emotional challenges. The program provides a day school with a strong academic program that has resources for individual behavior goals, counseling, after school programs, individual language therapy, occupational therapy, and clinical services. At any one time, 150 students can be served. School year Sept-June. Summer program July.

**Transportation:** Provided by sending school districts.

**Fee:** Limits set by NJ Department of Education. Exact fee determined yearly by Center School Board of Trustees and paid by sending school district.

## THE CHILDREN'S HOME SOCIETY OF NEW JERSEY

635 South Clinton Avenue  
Trenton, NJ 08611-1831

**Telephone:** (609) 695-6274

**Fax:** (609) 394-5769

**Website:** [www.chsofnj.org](http://www.chsofnj.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)  
24/7 Pregnancy Helpline 1-800-247-6365

**Languages:** English, Spanish, Polski, Creole

**Referral Process:** Non-sectarian, statewide agency accepts self-referents as well as referrals from social service agencies, doctors, attorneys, schools, ministers, friends, etc.

**Services Provided:** Our services include free and confidential Birth Parent Counseling for birth mothers and birth fathers, short-term foster care for infants while permanent plans are being made for the child, and adoption counseling. Home study, child placement services, identified adoption services, and post placement supervision services are available for domestic adoptions. Post-adoption Background and Search services are also available.

**Transportation:** None. Special arrangements can be made, if necessary, in emergency situations. In-home services are provided in Somerset County.

**Fee:** Birth Parent Counseling is free to birth parents. Birth parent counseling with a Social Worker or Licensed Professional Counselor and infant foster care in the private foster homes is provided to birth parents at no cost to the birth parents working with the CHS full services adoption program. Adoption placement fees are on a sliding scale based on income. Please check website for fee scale for other adoption services or call for more information. Some free post adoption counseling is available through a DCP&P contract.

## **THE EATING DISORDERS PROGRAM**

**ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL SOMERSET**

110 Rehill Avenue  
Somerville, NJ 08876-3578

**Telephone:** (800) 300-0628

**Hours:** Inpatient - 24 hours a day  
8:30 a.m. - 4:00 p.m. - Partial Hospitalization Program  
8:30 a.m. - 1:30 p.m. - Intensive Outpatient  
Program (Monday - Friday)

**Languages:** English

**Referral Process:** Evaluation for admission to the program is available 24 hours a day, 7 days a week by calling the Access Center at (800) 300-0628. When a call is made, staff will inquire about the nature of the individual's symptoms and behavior, and request information such as name, address, and insurance information. An evaluation will then be scheduled by a psychiatrist to determine the individual course of treatment. Inquiries and admissions are strictly confidential. Private physicians, schools, and therapists may also make referrals.

**Services Provided:** The Eating Disorders Program offers individualized treatment planning which may include inpatient or outpatient services. Individual, group, and family therapy are provided by a multi-disciplinary treatment team from a bio psychosocial perspective. The team includes board-certified therapist specializing in eating disorders, psychiatrists, a psychologist, social workers, nurses, registered dietitians, art and occupational therapists, and a teacher. Most patients start with inpatient treatment to provide prompt medical, nutritional, and psychological stabilization. The cornerstone of the program is daily individual psychotherapy, group therapy, and psychiatric evaluation, in addition to individualized nutritional counseling.

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## THE EATING DISORDERS PROGRAM (CONTINUED)

Most patients then transition to the Partial Hospitalization Program (PHP), which runs from 8:30 a.m. (9:30 a.m. for non-students) to 4:00 p.m., five days a week. Patients then step down into the Intensive Outpatient Program (IOP), which is 8:30 a.m. (9:30 a.m. for non-students), to 1:30 p.m., three days a week. This allows the patient to return to school or work. After IOP, patients are then referred back to the initial referring therapist, nutritionist, and psychiatrist, or given referrals. Also offered is a Support Group for patients, and one for family and friends (Tuesdays 7:30 a.m. – 9:00 p.m.) free of charge, open to the community.

**Transportation:** None.

**Fee:** Fee varies with service. Insurance, Medicare, and Medicaid accepted.

## **THE LEARNING GATE**

816 Old York Road  
Raritan, NJ 08869

**Telephone:** (908) 722-6789

**Fax:** (862) 348-2452

**Website:** [www.thelearninggate.com](http://www.thelearninggate.com)

**Hours:** 7:30 a.m. - 5:30 p.m.

**Languages:** English

**Referral Process:** Application.

**Services Provided:** All day, year-round early childhood education and care for children ages 6 weeks through 6 years.

**Transportation:** None.

**Fee:** Subsidies from Community Child Care Solutions are accepted, and a Scholarship Program is offered through a grant from Somerset County to assist families with the cost of tuition.

## **THE LEUKEMIA AND LYMPHOMA SOCIETY**

3 International Drive  
Ste. 200  
Rye Brook, NY 0573

**Telephone:** (888) 557-7177

**Website:** [www.leukemia-lymphoma.org](http://www.leukemia-lymphoma.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Usual sources of referrals are telephone calls from physicians, hospitals, social services departments, and the general population.

**Services Provided:** Literature on leukemia and related cancers is disseminated. Financial assistance is given by the Society to outpatients being treated for leukemia, the lymphomas, Hodgkin's disease, multiple myeloma, and specific myelodysplastic syndromes. The program covers reimbursement of specific drugs, blood transfusions, transportation, and x-ray therapy as determined by the National Patient Aid Committee.

**Transportation:** None.

**Fee:** None.

## **THE MIDLAND SCHOOL**

94 Readington Road  
North Branch, NJ 08876

**Mailing Address:**

P.O. Box 5026  
North Branch, NJ 08876

**Telephone:** (908) 722-8222

**Fax:** (908) 722-4542 (Main Office)

**Email:** [info@midlandnj.org](mailto:info@midlandnj.org)

**Website:** [www.midlandnj.org](http://www.midlandnj.org)

**Hours:** 8:45 a.m. - 3:00 p.m.

**Languages:** English

**Referral Process:** The public-school child study team refers children, who are eligible for full time special education services, ages 3 to 21, who are disabled with cognitive impairments, communication impairments and other disabilities. The school serves students from across New Jersey and certain Pennsylvania areas.

**Services Provided:** A day school provides comprehensive special education services in reading, mathematics, language arts, science, social studies, music, art, health, independent living, speech, occupational and physical therapies, counseling, career education, job placement, and school-to-work transition services upon graduation. Current enrollment is approximately 100 students. A post-school program is available for Midland graduates including job training, placement, employment, day habilitation and social/recreational activities and events.

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## MIDLAND (CONTINUED)

**Mission:** Midland promotes personal achievement and fosters independence for children and adults with intellectual and developmental disabilities by providing a range of innovative programs.

The Midland School is a New Jersey Department of Education approved private special education school dedicated to the individual, academic, social, emotional and career education needs of children, adolescents and young adults, ages 3 through 21, with intellectual and developmental disabilities. Partnering with an array of businesses and corporations, Midland's extensive career education, and school-to-work transition program places a high percentage of Midland students in competitive jobs and day programs prior to graduation.

**Transportation:** Provided by the local Board of Education.

**Fee:** All tuition is paid by the local Board of Education.

**TRI-COUNTY CARE MANAGEMENT ORGANIZATION (CMO)**  
(SOMERSET, HUNTERDON, WARREN)

**Locations:** 3040 Route 22 West, Suite 210  
Branchburg, NJ 08876  
315 West Washington Avenue, Suite 1  
Washington, NJ 07882

**Contact:** Director of Community Resources

**Telephone:** (908) 526-3900

**Information:** Info Line (908) 526-3900 Option 8

**Fax:** (908) 526-5278 (Branchburg)  
(908) 223-1631 (Washington)

**Email:** info@tricitycmo.org

**Website:** www.tricitycmo.org

**Tri County Resource Net:**

www.tricityresourcenet.org

**Social Media:** <https://linktr.ee/tricitycmo>

**Hours:** 9:00 a.m. - 4:30 p.m. (Monday - Friday)  
On-call care manager available 24/7  
(for emergencies to enrolled children and families only)

**Languages:** English

**Referral Process:** All referrals are received from the Contracted System Administrator (PerformCare) for the NJ Children's System of Care. Parents, family members, school staff, mental health providers and other professionals helping children and families can contact PerformCare (**877-652-7624**) on behalf of a youth in need of a referral. Note: the parent or legal guardian of the child must give consent for services. PerformCare will then compile clinical information on the child to assess CMO level of care.

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## TRI-COUNTY CARE MANAGEMENT ORGANIZATION (CMO) (CONTINUED)

**Services Provided:** Under contract with the NJ Children's System of Care, Tri County CMO provides intensive care coordination of wraparound services for children aged 5–21 who demonstrate complex behavioral, developmental or addiction challenges. Each child is evaluated using the statewide Strengths and Needs Assessment and participates in a Child and Family Team Meeting to determine the Family Vision, Strengths, Needs, Strategies, and Services/Informal Supports necessary to achieve and maintain stability. Care Managers ensure that services are coordinated across system partners (e.g., DCP&P, MRSS, FSO, Probation, etc).

**Transportation:** Some transportation is provided directly to enrolled children and families, as well as linkage with sustainable public transportation or Medicaid transport as applicable.

**Fee:** None.



**UMDNJ - NEW JERSEY'S UNIVERSITY OF HEALTH SCIENCES/UNIVERSITY BEHAVIORAL HEALTHCARE AT PISCATAWAY**

667 Hoes Lane  
Piscataway, NJ 08855

**Telephone:** (800) 969-5300

**Fax:** (732) 235-5867

**Hours:** 24 hours a day / 7 days a week

**Languages:** English

**Referral Process:** Agencies, families, and professionals may call the UMDNJ/CMHC main number for assistance in contacting any programs listed below.

**Services Provided:** UBHC offers a wide range of services for youth under age 18. Specific programs include therapeutic day schools for children ages 3 to 18, inpatient and day hospital services for both children and adolescents, specialized services for youth with problems with addiction, outpatient services including individual, group and family therapy, crisis services, school based mental health services, and in home and community based intervention and prevention programs.

**Transportation:** Varies with program. School districts provide transportation to therapeutic day schools, and agency provides transportation to some partial hospital programs.

**Fee:** Sliding scale, based on ability to pay. Accepts a broad range of insurance coverage, including HMO, Medicaid, and Medicare. School districts support some programming. Call for specific information.

## **UNITED FAMILY AND CHILDREN'S SOCIETY**

305 West Seventh Street  
Plainfield, NJ 07060-1511

**Telephone:** (908) 755-4848

**Fax:** (908) 360-4998

**Email:** [info@unitedfamily.org](mailto:info@unitedfamily.org)

**Website:** [www.unitedfamily.org](http://www.unitedfamily.org)

**Hours:** 9:00 a.m. - 5:00 p.m. (Monday, Thursday & Friday)  
9:00 a.m. - 9:00 p.m. (Tuesday & Wednesday)  
9:00 a.m. - 2:00 p.m. (Saturday)

**Languages:** English

**Referral Process:** For a counseling appointment or information, please call the agency. Usual sources of referrals include schools, clergy, community agencies, local crisis services, hospitals, physicians, DCP&P, United Way, 2-1-1, Youth Services Commissions, municipal courts and former clients.

**Services Provided:** United Family and Children's Society provides high-quality, licensed, professional and affordable counseling and adoption services. United Family serves Somerset, Middlesex, and Union Counties along with various other communities around the State of NJ. Individual, family & couple therapy in office and via Telehealth for children, adolescents and adults, play therapy, and anger management services are available. Problem areas include anxiety, stress, depression, parenting concerns, ADHD, separation and divorce, bereavement and loss, child abuse/neglect, sexual abuse, foster care issues, family conflict, domestic violence and adjustment to illness. Counseling and anger management services are available in Spanish and English. Medication services are not offered.

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## UNITED FAMILY AND CHILDREN'S SOCIETY (CONTINUED)

Adoption services include home studies and post-adoption supervision for prospective couples in Central New Jersey. Contact Jeanne Polasky, LCSW, the Director of Adoption.

United Family and Children's Society is a NJ licensed outpatient mental health facility and a NJ licensed adoption agency. UFCS is certified by Somerset County United Way and the United Way of Greater Union County. United Family is a non-profit 501(c)(3) organization.

**Transportation:** Public transportation is easily accessible.

**Fee:** NJ Medicaid is accepted and a limited sliding scale fee based on family income is available for counseling services. The Anger Management Program is a pre-paid fee service not under Medicaid.

## **UNITED WAY OF NORTHERN NEW JERSEY VOLUNTEER CENTER**

United Way of Northern New Jersey  
55 North Gaston Avenue  
Somerville, NJ 08876

### **Mailing Address:**

P.O. Box 6835  
Bridgewater, NJ 08807

**Telephone:** (908) 253-6503

**Hours:** 8:30 a.m. - 4:30 p.m. (Monday - Friday)

**Languages:** English

**Referral Process:** Usually self-referral. Information is available at [unitedwaynj.galaxydigital.com](http://unitedwaynj.galaxydigital.com), posted in local newspapers or may be obtained by calling **(908) 253-6503** for current youth volunteer opportunities.

**Services Provided:** In addition to maintaining a listing of current youth volunteer opportunities, United Way of Northern New Jersey sponsors special youth events and projects: Day of Action in June, Tools for School in August, Gift of Warmth, a winter coat drive designed for school and youth group participation, occurs in November and December, Gifts of the Season, a holiday gift drive and program in December and Martin Luther King Day of Service in January. United Way of Northern New Jersey also sponsors a Varsity Letter in Volunteer Service program, which is open to high school students whose high school is willing to participate in this program. Finally, the United Way's Volunteer Center can help direct a school or youth group to appropriate community volunteer opportunities.

**Transportation:** None.

**Fee:** None.

## **VISIONS AND PATHWAYS**

### **BRAHMA HOUSE**

49 Brahma Avenue  
Bridgewater, NJ 08807

#### **Mailing**

**Address:** Visions and Pathways  
P. O. Box 6871  
Bridgewater, NJ 08807-0871

**Telephone:** (908) 526-6605 ext. 301  
(908) 526-6605 ext. 304

**Fax:** (908) 526-4433 or (908) 526-6999

**Email:** [mail@visionsandpathways.org](mailto:mail@visionsandpathways.org)

**Website:** [www.visionsandpathways.org](http://www.visionsandpathways.org)

**Hours:** 24 hours a day / 7 days a week

**Languages:** English and Spanish

**Referral Process:** Referrals are made through the Division of Child Protection & Permanency & Children's System of Care, Family Court, any youth serving agency throughout New Jersey, or self-referrals (walk-ins). Any agency or individual who wants to refer a youth to the program should call and ask for a case manager. Brahma House primarily serves Somerset County youth; however, youth from other counties are accepted on an emergency basis. Admission is based on the individual needs of the youth and availability of bed space. Youth who are considered severely emotionally disturbed, pregnant past first trimester, severely handicapped, or physically aggressive, or have a history of fire setting will not be considered.

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## BRAHMA HOUSE (CONTINUED)

**Services Provided:** Brahma House serves 8 boys and 8 girls, ages 13 to 17, and provides shelter, food, individual counseling, family therapy, referral to other services, and advocacy. The director and case management staff monitors treatment plans for residents, and a certified teacher provides basic skills education in the in-house school program called the Transitional Learning Center (TLC). The youth counselor staff provides direct supervision and support to youth, implementing numerous programs and daily activities. Street Outreach staff is also available to work with adolescents in Somerset County who are living on the street or in other unsafe environments.

**Transportation:** Transportation can be arranged.

**Fee:** Paid by the Division of Child Protection & Permanency & Children's System of Care, Somerset County Board of Commissioners, and the U.S. Department of Human Services.



## **VISIONS AND PATHWAYS**

### **PASSAGES**

16 Fourth Avenue  
Bridgewater, NJ 08807-6871

#### **Mailing Address:**

Visions & Pathways  
P.O. Box 6871  
Bridgewater, NJ 08807-6871

**Telephone:** (908) 526-6605 ext. 301

**Fax:** (908) 526-6999 or (908) 526-4433

**Website:** [www.visionsandpathways.org](http://www.visionsandpathways.org)

**Hours:** 24 hours a day / 7 days a week

**Language:** English and Spanish

**Referral Process:** Passages serves 6 young men and 6 young women ages 16 to 21. Ten (10) of the residents are selected from Perform Care Youth Link and there are two (2) shelter beds for walk-ins. Any youth-serving agency throughout New Jersey can make a referral and may contact the program director to discuss the admission process.

**Services Provided:** Passages is a residential transitional living program that provides intensive independent living skills education. Residents are required to attend school, work part-time, and learn financial literacy and other skills to prepare them for independence. After a stay of up to 18 months, graduates continue to receive services to enable them to make a smooth transition into adulthood.

**Transportation:** Limited transportation provided.

**Fee:** Paid for by Medicaid and the Division of Child Protection & Permanency, Chafee funding, and the U.S. Department of Health and Human Services

**VISIONS AND PATHWAYS**  
**STREET SMART OUTREACH PROGRAM**

16 Fourth Avenue  
Bridgewater, NJ 08807

**Mailing Address:**

Street Smart  
P.O. Box 6871  
Bridgewater, NJ 08807-0871

**Telephone:** (973) 644-4666  
(908) 307-7829

**Fax:** (973) 644-4885

**Website:** [www.visionsandpathways.org](http://www.visionsandpathways.org)

**Hours:** 24 hours a day / 7 days a week

**Languages:** English and Spanish

**Referral Process:** Any individual or organization may refer a young person in Somerset County, ages 13 to 24, or a young person may also seek services himself/herself.

**Services Provided:** Street Smart is a street outreach program to help keep youth, ages 13 to 24, off the street, prevent exploitation of high-risk youth, and combat human trafficking. Services include food and clothing, job and educational counseling, HIV/AIDS information, and access to a crisis-intervention or transitional living program. Street Smart also provides referrals and advocacy.

**Transportation:** Transportation can be arranged.

**Fee:** None.



## **VOCATIONAL REHABILITATION & EMPLOYMENT SERVICES**

### **VETERANS ADMINISTRATION REGIONAL OFFICE**

20 Washington Place  
Newark, NJ 07102-3174

**Telephone:** (800) 827-1000 General Information  
(973) 297-3200

**Fax:** (973) 297-3210

**Website:** [www.vba.va.gov](http://www.vba.va.gov)

**Referral Process:** Must be 20% or more service-connected disabled veteran. Benefit good for 12 years after service.

**Services Provided:** Vocational Rehabilitation and Employment Service provides vocational-educational counseling to veterans and certain dependents. Eligibility for this service is based on having eligibility for a VA Education program such as: Chapter 30 (Montgomery GI Bill); Chapter 32 (Veterans Education Assistance Program - VEAP); Chapter 35 (Dependents Education Assistance Program) for certain spouses and dependent children; Chapter 18 (Spina Bifida Program) for certain dependent children; Chapter 1606 (Reservists Education Program); Public Law 102-16 (for Transitioning Service members).

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## VOCATIONAL REHABILITATION & EMPLOYMENT SERVICES (CONTINUED)

VR&E can provide a wide range of vocational and educational counseling services to service members still on active duty, as well as veterans and dependents who are eligible for one of VA's educational benefit programs. These services are designed to help an individual choose a vocational direction and determine the course needed to achieve the chosen goal.

Assistance may include interest and aptitude testing; occupational exploration; setting occupational goals; locating the right type of training program and exploring educational or training facilities which might be utilized to achieve an occupational goal.

**Transportation:** None.

**Fee:** Counseling services are provided to eligible persons at no charge.

## **YOUTH JUSTICE COMMISSION INSTITUTIONS / PROGRAMS**

1001 Spruce Street, Suite 202  
Trenton, NJ 08638

**Mailing Address:**

YJC Court Liaison  
1001 Spruce Street, Suite 202  
Trenton, NJ 08638

**Telephone:** (609) 203-6284

**Website:** [www.njyjc.gov](http://www.njyjc.gov)

**Hours:** 24 hours a day / 7 days a week

**Languages:** English

**Referral Process:** This information is on the website for each institution. Visit [www.njyjc.gov](http://www.njyjc.gov)

**Services Provided:** This information is on the website for each institution. Visit [www.njyjc.gov](http://www.njyjc.gov)

**Primary Services:** This information is on the website for each institution. Visit [www.njyjc.gov](http://www.njyjc.gov)

**Transportation:** No transportation provided.

**Fee:** None.

## **YOUTH JUSTICE INTENSIVE CASE MANAGEMENT PROGRAM**

### **OFFICE OF YOUTH JUSTICE**

27 Warren Street  
Somerville, NJ 08876

### **Mailing Address:**

Office of Youth Justice  
P.O. Box 3000  
Somerville, NJ 08876-1262

**Telephone:** (908) 704-6323

**Fax:** (908) 231-0180

**Email:** [youthjustice@somersetcountynj.gov](mailto:youthjustice@somersetcountynj.gov)

**Hours:** 8:30 a.m. - 4:30 p.m.  
On-call coverage 24 hours a day, 7 days a week.

**Languages:** English

**Referral Process:** Somerset County youth between the ages of 10 to 18, who are involved in a court diversion program or youth who have pending complaints in the youth court, youth are at risk of violation of probation, youth who are currently in detention, and youth who are returning to the community from secure confinement are eligible for this program. Referrals can be made by Probation, Detention, Superior Court Family Division, the Youth Justice Multi-Disciplinary Team, or Youth Justice Commission.

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## YOUTH JUSTICE INTENSIVE CASE MANAGEMENT PROGRAM (CONTINUED)

**Services Provided:** The Youth Case Manager (YCM) provides intensive case management services for the youth and his or her family. Services can include assistance with school-related problems, counseling, substance abuse treatment and employment. The YCM creates an individualized Case Plan that identifies goals and possible barriers and develops a concrete plan for overcoming these barriers so that the youth may remain successful in the community. Once the Case Plan is created, the YCM works intensively with the youth and the family to achieve all of the identified goals. Length of program participation is determined on a case-by-case basis, as each youth and family has its own level of service need.

**Transportation:** Transportation is not provided. However, the YCM will meet with the youth and family in their home and at other local sites so that this service can be provided. The YCM also works closely with families without transportation to assist them in finding ways to get to all scheduled appointments and meetings.

**Fee:** None.

## **ZUFALL HEALTH CENTER - SOMERVILLE OFFICE**

**PRIMARY MEDICAL CARE FOR BABIES, CHILDREN, ADOLESCENTS, AND ADULTS**

71 Fourth Street  
Somerville, NJ 08876

**Telephone:** (973) 328-9100 x 120

**Fax:** (908) 725-7274

**Website:** [www.zufallhealth.org](http://www.zufallhealth.org)

**Hours: Medical**

7:30 a.m. – 5:00 p.m. (Monday – Friday)  
Open most Saturdays (call beforehand)

**Dental**

8:00 a.m. – 4:00 p.m. (Tuesday – Thursday)

**Languages:** English, Spanish, and have translator line available.

**Referral Process:** Please call our main number to book a medical or dental appointment (908) 526-2335.

**Services Provided:**

- Adult Medical
- Women’s Health
- Pediatrics
- Behavioral Health
- COVID Vaccines and Testing
- Dental

**Specialized Services:** NJCEED Program to those without insurance.

**Transportation:** No transportation is available we refer patients to Modivcare if applicable.

**Fee:** We accept anyone with or without medical insurance, we work with NJ Family Care, Medicaid, and most private medical insurances. We use a sliding scale for anyone uninsured.

**ZUFALL HEALTH CENTER - BRIDGEWATER OFFICE**

500 N Bridge Street  
Bridgewater, NJ 08807

**Telephone:** (973) 328-9100 x 120

**Fax:** (908) 725-7274

**Website:** [www.zufallhealth.org](http://www.zufallhealth.org)

**Hours: Medical**

8:00 a.m. – 5:00 p.m.

(Monday, Wednesday-Thursday)

8:00 a.m. – 12:00 p.m. (Tuesday)

8:00 a.m. – 4:00 p.m. (Friday)

**Dental**

8:00 a.m. – 4:00 p.m. (Monday & Friday)

8:00 a.m. – 5:00 p.m. (Tuesday – Thursday)

**Languages:** English, Spanish, and have translator line available.

**Referral Process:** Please call our main number to book a medical or dental appointment (908) 252-4410.

**Medical Services Provided:**

- Adult Medicine
- Women's Health
- Pediatrics
- COVID Vaccines and Testing

**Dental Services Provided:**

- Preventive Care for Children and Adults
- Exams
- Fillings
- Crowns
- Dentures
- Extractions

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## CASE MANAGEMENT PROGRAM (CONTINUED)

**Specialized Services:** Partnership with Richard Hall Community Health and Wellness Center.

**Transportation:** No transportation is available we refer patients to Modivcare if applicable.

**Fee:** We accept anyone with or without medical insurance, we work with NJ Family Care, Medicaid, and most private medical insurances. We use a sliding scale for anyone uninsured.

## **ZUFALL HEALTH CENTER - FRANKLIN TOWNSHIP SCHOOL BASED HEALTH CENTER**

415 Francis Street  
Bridgewater, NJ 08807

**Telephone:** (973) 328-9100 x 120

**Fax:** (908) 725-7274

**Website:** [www.zufallhealth.org](http://www.zufallhealth.org)

**Hours: Medical**  
10:00 a.m. – 6:00 p.m. (Tuesday)  
8:00 a.m. – 4:00 p.m. (Thursday)

**Languages:** English, Spanish, and have translator line available.

**Referral Process:** Please call our main number to book a medical appointment (908) 526-9040 .

### **Medical Services Provided:**

- Preventive Health Screenings
- Physicals
- Immunizations
- Treatment of Minor Illness
- Follow-up Medical Care
- Health & Nutritional Counseling
- Available only to children in the Franklin Township School District
- Please call ahead to make an appointment
- COVID vaccines and testing NOT available at this location

**Transportation:** No transportation is available; we refer patients to Modivcare if applicable.

**Fee:** We accept anyone with or without medical insurance, we work with NJ Family Care, Medicaid, and most private medical insurances. We use a sliding scale for anyone uninsured.



